

2024 FRANKFURT RIGHTS GUIDE

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FICTION



Bronwasser, Sacha; translated by David Colmer

LISTEN

Fiction | **Penguin Books Trade Paperback** | October 2025 | **UK Rights**

Agent: c/o Ambo Anthos Uitgevers | **Editor: Laura Tisdell**

Status: manuscript available in January 2025



In 1989, twenty-year-old Marie leaves the Netherlands in a hurry. She starts working as an au pair in Paris. The city, the language, the complicated French family—by all accounts it's a hard reset. When her upbringing and her past—involving a former teacher she thought was her mentor—is stirred up by the 2015 attacks in Paris, Marie unties the mysterious knot that is her own history. **LISTEN** takes us to the city of Paris of the 80s and of today in a delusional search for identity, friendship and guilt. In a translation from David Colmer, this Dutch novel is an irresistible slow burn with a quirky, twisty, satisfying narrative.

Sacha Bronwasser is a writer, speaker, art historian and curator. She made her debut in October 2019 with the much praised *All They Say is True* (Ambo|Anthos, 2019).



Fishbach, Stephen

ESCAPE!

Thriller | **Dutton Hardcover** | February 2026 | **UK Rights**

Agent: Kent Wolf @ Neon Literary | **Editor: Maya Ziv**

Status: unedited manuscript currently available; edited manuscript available in February 2025



DUTTON

From NYU MFA grad and two-time *Survivor* contestant, comes a fresh debut novel in which a has-been reality TV show star and a disgraced reality TV show producer get one last chance to make it on a show set on a remote island where the set-up seems simple enough—survive the wild, find a buried treasure—but everyone has a story they want to tell, and as the lines between winning and losing blur the stakes become deadly.

Stephen Fishbach is a Pushcart Prize-winning writer and former television executive. A two-time *Survivor* contestant (voted onto the show the second time by over 10 million fans), he's worked on the network side as a Vice President at MTV and freelanced for a reality producers' trade group. While he's yet to hoist a camera, he has interviewed the producers, audio techs, and contestants from dozens of reality shows. He's also amassed a significant social media following and cohosts a weekly *Survivor* podcast that has 90,000 listeners. Stephen graduated with honors from Yale and received an MFA in Fiction from NYU. In 2012, he wrote nine speeches on world peace that Stevie Wonder delivered at the United Nations. And his short story "To Sharks"—an excerpt from **ESCAPE!**—was published by *One Story*, which garnered Stephen a Pushcart Prize. He lives in Washington DC with his wife and two daughters.



Mott, Jason

THE OTHER CONTINENT (t)

Fiction | **Dutton Hardcover** | April 2026 | **UK & Translation Rights**

Agent: Michelle Brower @ Trellis | **Editor: John Parsley**

Status: manuscript available in January 2025



A new novel, again featuring the beloved characters from *Hell of a Book*—Soot and The Author (who has just won the National Book Award and is on a European book tour as well as a personal journey to see where, if anywhere, he belongs).

[Jason Mott](#) has published four novels. His first novel, *The Returned* (MIRA, 2013), was a *New York Times* bestseller and was turned into a TV series that ran for two seasons. He has a BFA in Fiction and an MFA in Poetry, both from the University of North Carolina at Wilmington. His poetry and fiction have appeared in various literary journals, and his most recent novel, *Hell of a Book* (Dutton, 2021), was the winner of the National Book Award for Fiction, 2021.

Publishers of *Hell of a Book* (Dutton, 2021):

UK & Commonwealth – Orion

Arabic – Al Dar Al-Ahlia

French – Autrement

Greek – Dioptra

Italian – NN Editore

Portuguese (in Brazil) – Editora Record

Romanian – Curtea Veche

Turkish – Zenon Yayincilik Egitim



Varela, Alejandro

MIDDLE SPOON: A Novel

Fiction | **Viking Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Robert Guinsler @ Sterling Lord Literistic | **Editor: Ibrahim Ahmad**

Status: manuscript available in October 2024



A whipsmart, blazingly funny novel about heartbreak, unconventional love, and the way society could be, from National Book Award finalist Alejandro Varela. The narrator of **MIDDLE SPOON** is seemingly living the dream, with a doting husband, two precocious children, a fulfilling career, and all the trappings of a quiet, cushy, bourgeois life. But when his boyfriend abruptly dumps him, he spirals into the crushing depths of heartbreak for the first time—and must face a world that still can't quite wrap its head around polyamorous relationships. At once the story of a warmhearted but anxiety-ridden middle-aged man's journey through rejection, **MIDDLE SPOON** is also a daring reimagining of what relationships, marriage, and family life could look like. Varela audaciously probes at the corners of society in desperate need of change—from taboos around intimacy to the shortcomings of Oscar season, gluten-free food, and pop culture—revealing the internal, interpersonal, and institutional forces that shape us. Equal parts tear-jerking and laugh-out-loud hilarious, **MIDDLE SPOON** is a book for anyone who has longed, nursed a broken heart, or grappled with love at its messiest.

[Alejandro Varela](#) (he/him) is a writer based in New York. His debut novel, *The Town of Babylon* (Astra House, 2022), was a finalist for the National Book Award. His work has appeared in *The Point Magazine*, *Georgia Review*, *Boston Review*, *Harper's*, and *The Offing*, among other outlets. Varela is an editor-at-large of *Apogee Journal*. He has a master's degree in public health.

Publishers of *The Town of Babylon* (Astra House, 2022):

Italian – NN Editore

NONFICTION

HISTORY, CURRENT AFFAIRS, SCIENCE



Adams, Char

BLACK-OWNED: The Revolutionary Life of the Black Bookstore

History/Business | **Tiny Reparations Books Hardcover** | November 2025 | **UK &**

Translation Rights

Agent: Justin Brouckaert @ Aevitas | **Editor: Emi Ikkanda**

Status: manuscript available in February 2025



NBC News reporter Char Adams offers a deeply compelling and rigorously reported history of Black political movements as told through the lens of the Black-owned bookstore, which have been centers for organizing movements from abolition to Civil Rights to Black Lives Matter. **BLACK-OWNED** celebrates the history of Black bookstores and their role as centerpieces of resistance and liberation. Drawn from the author's in-depth research and reporting, **BLACK-OWNED** is a story of activism, espionage, violence, and perseverance, spanning nearly 200 years. Populated by vibrant characters, and written with cinematic flair, **BLACK-OWNED** will be an enlightening story of community, resistance, and joy.

[Char Adams](#) is a reporter for NBC News, and former reporter for *People*, and her writing on race and identity has appeared in the *New York Times*, *The New Republic*, *Oprah Daily*, *Vice*, *Teen Vogue*, and *Bustle*. She hosted [COVID University New York](#), one of the first podcasts to chronicle the Covid-19 pandemic in New York City. She is a proud Philadelphia native and now lives in the Dallas-Fort Worth area.



Fieseler, Robert

AMERICAN SCARE (t): A Cold War in the Sunshine State

History | **Dutton Hardcover** | July 2025 | **UK & Translation Rights**

Agent: Peter Steinberg @ Foundry Media | **Editor: Grace Layer**

Status: manuscript available in November 2024



DUTTON

A vital story for both our history and our present day, **AMERICAN SCARE** is a riveting exposé of how the Florida government became determined to destroy the lives of Black and queer citizens in the 1950s. In this fast-paced true crime story, Fieseler places readers in the center of the action, illustrating the shocking techniques the Florida government used to intimidate and break those who they saw as a threat to Florida's white, conservative identity. For almost a decade, the Florida Legislature founded, funded, and supported the Johns Committee—an organization using the cover of communism to viciously attack members of the NAACP and queer professors and students. A propulsive, human-centered drama, with fascinating insight into Florida politics, **AMERICAN SCARE** is a page-turning reckoning of our racist and homophobic past—and its chilling parallels to today.

[Robert Fieseler](#) is a journalist specializing in marginalized groups and forgotten histories, with stories published in *Slate*, *The Daily Beast*, and *Huffington Post*, among others. He is a National Lesbian and Gay Journalists Association Journalist of the Year, a recipient of the Pulitzer Traveling Fellowship, and winner of Columbia Journalism School's First Decade Award. His first book, *Tinderbox* (Liveright, 2018), received seven awards.



Hankir, Zahra

LET IT BE A TALE

Literary Collection | **Penguin Books Trade Paperback** | October 2026 | **UK & Translation Rights**

Agent: Jessica Papin @ Dystel Goderich & Bourret | **Editor: Allie Merola**

Status: proposal available; manuscript available in Fall 2025



LET IT BE A TALE will be a collection of essays by 13 Palestinian journalists living and working in Palestine (mainly Gaza), who have risked everything to document the deadliest war for reporters on record. This stunning, necessary collection of essays will offer readers a nuanced understanding of life in besieged Gaza and occupied Palestine, and it will celebrate the courage and determination of its contributors with in-depth and intimate accounts of what has unraveled on the ground during one of the most devastating assaults in Middle Eastern history. The anthology will address themes like motherhood, hunger, grief, guilt, and escape, and feature contributions from reporters of diverse generations and backgrounds. Prospective contributors include Motaz Azaiza, Bisan Owda, Hind Khodary, and Plestia Al-Aqqad, with a foreword by the poet Mosab Abu Toha.

Zahra Hankir, a Lebanese British journalist, author of *Eyelinor* (Penguin Books, 2023), and the editor of *Our Women on the Ground* (Penguin Books, 2019), writes about the intersection of politics, culture, and society, particularly in the broader Middle East. Her work has appeared in publications including *Condé Nast Traveler*, *The Observer Magazine*, *The Times Literary Supplement*, *BBC News*, *Al Jazeera English*, *Bloomberg Businessweek*, the *Los Angeles Times*, and *The Rumpus*. She was awarded a Jack R. Howard Fellowship in International Journalism to attend the Columbia Journalism School and holds degrees in politics and Middle Eastern Studies.

Publishers of *Eyelinor* (Penguin Books, 2023):

UK & Commonwealth – Harvill Secker

Complex Chinese – Commercial Press

Publishers of *Our Women on the Ground* (Penguin Books, 2019):

UK & Commonwealth – Harvill Secker

Arabic – Al Jazeera Media



Karl, Jonathan

UNTITLED

Political Science | **Dutton Hardcover** | November 2025 | **UK Rights**

Agent: David Larabell @ CAA | **Editor: John Parsley**

Status: manuscript available in March 2025



DUTTON

Jonathan Karl's extraordinary new book, following the bestselling *Tired of Winning*, *Betrayal*, and *Front Row at the Trump Show*.

[Jonathan Karl](#) is the chief Washington correspondent for ABC News and co-anchor of *This Week* with George Stephanopoulos. Karl has covered every major beat in Washington, D.C., including the White House, Capitol Hill, the Pentagon, and the State Department. He has reported from the White House under four presidents and fourteen press secretaries. He is a former president of the White House Correspondents' Association. Jon Karl is the author of *Front Row at the Trump Show* (Dutton, 2020), which was an instant *New York Times* bestseller, *Betrayal* (Dutton, 2021), and *Tired of Winning* (Dutton, 2023).



Lembke, Dr., Anna

RADICAL SURRENDER

Science/MBS | **Dutton Hardcover** | August 2026 | **UK & Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Jill Schwartzman**

Status: manuscript available in late 2025



Professor of psychiatry at Stanford University School of Medicine, chief of the Stanford Addiction Medicine Dual Diagnosis Clinic, and bestselling author of DOPAMINE NATION Anna Lembke's **RADICAL SURRENDER** is both a science-based and intimate exploration of the transformational power of opening up to the sacred in a secular world and transcending self-focus in what the author calls "the golden age of narcissism".

[Dr. Anna Lembke](#) is the medical director of Stanford Addiction Medicine, program director for the Stanford Addiction Medicine Fellowship, and chief of [the Stanford Addiction Medicine Dual Diagnosis Clinic](#). She is the recipient of numerous awards for outstanding research in mental illness, for excellence in teaching, and for clinical innovation in treatment. A clinician scholar, she has published more than a hundred peer-reviewed papers, book chapters, and commentaries in prestigious outlets such as *The New England Journal of Medicine* and *JAMA*. She sits on the board of several state and national addiction-focused organizations, has testified before various committees in the United States House of Representatives and Senate, keeps an active speaking calendar, and maintains a thriving clinical practice.

Rights sold to:

UK & Commonwealth – Headline

Italian – ROI

Korean – Next Wave Media

Portuguese (in Brazil) – Bestseller

Publishers of *The Official Dopamine Nation Workbook* (Dutton, 2024):

UK & Commonwealth – Headline

Bengali – Jibon Kothon

Complex Chinese – EcoTrend

Czech – Triton

German – Narayana

Italian – ROI

Korean – Next Wave Media

Latvian – Apgads

Polish – Zysk

Portuguese (in Brazil) – Autentica

Simplified Chinese – New Star Press

Publishers of *Dopamine Nation* (Dutton, 2021):

UK & Commonwealth – Headline

Arabic – Madarek

Bengali – Jibon Kothon

Bulgarian – Iztok Zapad

Complex Chinese – EcoTrend

Croatian – Stilus Knjiga

Czech – Triton

Dutch – AnkhHermes

Estonian – Rahva Raamat

French – Eyrolles

German – Narayana

Greek – S. Patakis

Hindi – Manjul

Hungarian – Libri

Icelandic – Forlagid

Italian – ROI

Japanese – Shinchosha

Kazakh – Foliant

Korean – Next Wave Media

Latvian – Apgads

Lithuanian – UAB

Malayalam – Manjul

Marathi – Manjul

Polish – Zysk

Portuguese – PRHGE

Portuguese (in Brazil) – Autentica

Romanian – Globo

Russian – Phoenix

Simplified Chinese – New Star Press

Slovene – Zalozba

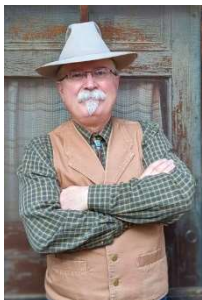
Spanish – Urano

Thai – B2S

Turkish – Terapikitap

Ukrainian – Laboratory

Vietnamese – Saigon Books



Lee Gardner, Mark

BROTHERS OF THE GUN: Wyatt Earp, Doc Holliday, and a Reckoning in Tombstone

History | **Dutton Hardcover** | November 2025 | **UK & Translation Rights**

Agent: Jim Donovan @ Jim Donovan Literary | **Editor: David Howe**

Status: manuscript available



An illuminating account of the most storied friendship of the American West: the bond between Wyatt Earp and Doc Holliday. In **BROTHERS OF THE GUN**, Mark Lee Gardner shows that there is far more to unearth about this famous friendship. Researched through firsthand observations at historic sites and countless contemporary letters and newspaper reports, **BROTHERS OF THE GUN** is the definitive book on Wyatt Earp, Doc Holliday, and

their fascinating bond.

[Mark Lee Gardner](#) is the author of *The Earth is All That Lasts* (Mariner Books, 2022), *Rough Riders* (Mariner Books, 2016), *To Hell on a Fast Horse* (Mariner Books, 2010), and *Shot All to Hell* (Mariner Books, 2013), which received multiple awards, including a Spur Award from Western Writers of America. An authority on the American West, Gardner has appeared on PBS's American Experience, as well as on the History Channel, the Travel Channel, and on NPR. He has written for the *Los Angeles Times*, *True West*, *Wild West*, *American Cowboy*, and *New Mexico Magazine*.



McGrath, Tim

THREE ROADS TO GETTYSBURG: Meade, Lee, Lincoln, the Battle That Changed the War, and the Speech That Changed the Nation

History | **Dutton Caliber Hardcover** | October 2025 | **UK & Translation Rights**

Agent: Jim Donovan @ Jim Donovan Literary | **Editor: David Howe**

Status: manuscript available in December 2024



An epic account of the Battle of Gettysburg, where George Meade, Lincoln's unexpected choice to lead the Union army, defeated Robert E. Lee, and changed the course of the Civil War. This briskly paced narrative covers the three days of combat at Gettysburg, portraying how Meade and Lee made crucial decisions and guided their armies in this epic clash. At last, McGrath brings light to the story of Meade, one of the most significant yet overlooked generals in American history.

Tim McGrath is a two-time winner of the Commodore John Barry Book Award, as well as the author of the critically acclaimed biographies *James Monroe: A Life* (Dutton, 2020) and *John Barry: An American Hero in the Age of Sail* (Westholme Publishing, 2010).



Moore, Stephen L.

FIGHTING FIFTEEN: David McCampbell and the Hellcat Aces of the Navy's Top Carrier Fighter Squadron (t)

History | **Dutton Caliber Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Jeff Kleinman @ Folio | **Editor: Grace Layer**

Status: manuscript available in February 2025



The inspiring, action-packed tale of VF-15, an aviation unit of the United States Navy that would ultimately destroy more enemy planes than any other Pacific War squadron. When Fighter Squadron 15 was established in 1943, most of its men were completely new to aerial combat. Only one pilot was a bona fide ace. And the group was assigned to a carrier commanded by Miles Browning, a man known for his harsh mannerisms, snarling orders, and disrespectful temperament. It was a shaky start for Air Group 15, with a string of deadly training crashes and an uncertain future. Cut loose from Browning's carrier, VF-15 retreated to train in Hawaii, becoming as close knit as family. When the squadron formally entered World War II with a series of pulse-pounding strikes on Marcus Island, they were ready. Nicknamed "Satan's Playmates," during six critical months of combat, the squadron destroyed a record-setting 660 enemy planes across air and ground. Twenty-six of the men—some barely out of their teenage years—would eventually become aces, ascending to an elite group of pilots and stamping their names in the history books. **FIGHTING FIFTEEN** places readers in the heart of the action, waiting with bated breath as pilots attempt to narrowly escape the clutches of the Japanese. With dizzying stakes, McCampbell and his men would at last help bring an end to the Pacific War.

[Stephen L. Moore](#), a sixth-generation Texan, expert military historian, and the author of multiple books on World War II and Texas history.



Sheftall, M.G.

NAGASAKI: The Last Witnesses (t)

History | **Dutton Hardcover** | October 2025 | **UK & Translation Rights**

Agent: Doug Grad @ Doug Grad Literary | **Editor: Cassidy Sachs**

Status: manuscript available in December 2024



On August 6, 1945, with a single bomb, the US destroyed the city of Hiroshima, brutally killing 140,000 men, women, and children in an instant. In the following days, months, and years, countless others would perish, suffering the horrors of nuclear poisoning. Then, just three days later, when Japan showed no sign of surrender, the US took aim at Nagasaki. Rendered in harrowing detail, this historical narrative is the second and final volume in M.G. Sheftall's series, *Embers*. Sheftall has spent years personally interviewing *hibakusha*—the Japanese word for atomic bomb survivors. These last living witnesses are the only people who can still provide us with reliable and detailed testimony about life in their cities before the use of nuclear weaponry. Sheftall stands out among historians due to his fluency in spoken and written Japanese, and his longtime immersion in Japanese society that has allowed him, a white American, the unheard-of access to these atomic bomb survivors. The result is an intimate, first-hand account of life in Nagasaki, and story of incomprehensible devastation and resilience in the aftermath of the second atomic bomb drop. This blow-by-blow account takes us from the city streets, as word of the attack on Hiroshima reaches civilians, to the cockpit of Bockscar, when Charles Sweeney dropped "Fat Man", to the interminable six days while the world waited to see if Japan would surrender to the Allies, or if more bombs would fall.

M.G. Sheftall has lived in Japan since 1987. He has a PhD in international relations/modern Japanese history awarded by Waseda University in Tokyo. Since 2001, he has been a professor of modern Japanese cultural history and communication at the Faculty of Informatics of Shizuoka University, which is an institution in the Japanese national university system. Sheftall is married, with two adult sons, and makes his home in Hamamatsu, Japan.

Publisher of Hiroshima (Dutton, 2024):

UK & Commonwealth – Headline



Weiss, Michael

TROUBLE WITH THE NEIGHBORS: Inside Russia's Most Secretive Spy Agency

History | **Viking Hardcover** | April 2026 | **UK & Translation Rights**

Agent: David Vigliano @ Vigliano Associates | **Editor: Emily Wunderlich**

Status: proposal w/ author's note available; manuscript available in Summer 2025



A history of Russia's ultra-secretive military intelligence agency GRU, from its creation a century ago up through its active campaigns today, which include election interference and cyber-attacks, coups and assassinations, revealing the full story of Russia's decades-long clandestine war on the West.

Michael Weiss is a columnist for Foreign Policy, The Daily Beast, and NOW Lebanon. He is also a fellow at the Institute of Modern Russia where he is the editor-in-chief of *The Interpreter*, an online news and translation journal covering Russian foreign policy and the ongoing war in Ukraine. Weiss is the author of *ISIS: Inside the Army of Terror* (Regan Arts, 2015).

COOKING, PARENTING, SELF-HELP, JOURNALS



Andrew, Mari

HOW TO BE A LIVING THING: Meditations on Intuitive Oysters, Honest Horses, and Being Human in the World

Nature/Self-Help | **Penguin Life Hardcover** | August 2025 | **UK Rights**

Agent: Cindy Uh @ CAA | **Editor: Meg Leder**

Status: manuscript available in February 2025



A collection of essays exploring what we can learn from animal behavior for better connection and well-being. In **HOW TO BE A LIVING THING**, Mari Andrews looks at the ways animals reflect and deepen our experiences as living creatures in the world. Through personal anecdotes and deep dives into the inner world of animals, Mari examines both the positive and negative aspects of what it means to be a living thing. Whether it's grieving doves and hibernating bears or erratic cats and self-preserving donkeys, humans and animals are more alike than we think. Heartwarming, funny, and insightful, **HOW TO BE A LIVING THING** reminds us that we are perfectly imperfect beings, capable of overcoming our differences to understand one another better and capable of appreciating and communing with the vast and diverse natural world that surrounds us.

Mari Andrew is a writer, artist, and speaker based in New York City. She is the author of *Am I There Yet?* (Clarkson Potter, 2018) and *My Inner Sky* (Penguin Books, 2021). Mari posts her writing and illustrations on Instagram at [@bymariandrew](https://www.instagram.com/bymariandrew).

Publisher of *My Inner Sky* (Penguin Books, 2021):

UK & C – Allen & Unwin



Baum, Jessica, LMHC

SAFE: An Attachment-Informed Guide to Building Stronger, More Intimate Relationships

Love & Romance/Self-Help | **TarcherPerigee Hardcover** | October 2025 | **UK & Translation**

Rights

Agent: Kathy Schneider @ Jane Rotrosen Agency | **Editor: Marian Lizzi**

Status: manuscript available in March 2025



The topic of attachment theory has never been hotter, but going beyond simple types to uncover *why* you relate to others the way you do is where the deepest insights can be revealed. In this empathic and practical guide, therapist Jessica Baum sheds light on the unprocessed attachment wounds that cause us to live in survival mode—and offers a roadmap for more secure, confident, and joyful relationships. Discover what secure love feels like and learn how to get to a place of trust, fulfillment, and true closeness with the people you care about most with **SAFE**.

[Jessica Baum, LMHC](#), is the founder of [Be Self-full®](#), supporting individuals and couples to form healthy, long-term relationships with online coaching and transformational courses worldwide. As a couples therapist for over a decade, Baum utilizes her unique approach to healing, the Self-full® Method. With a foundation in interpersonal neurobiology, this modality continues to help thousands of clients heal trauma.

Publishers of *Anxiously Attached* (TarcherPerigee, 2022):

UK & C – Cornerstone

Arabic – All Prints

Complex Chinese – Global Group Holdings

Dutch – Uitgeverij Mens!

French – Thierry Souccar

Hungarian – Central Kiadoi Csoport

Korean – Bookie

Polish – Anna Rogala

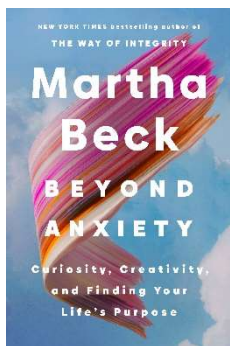
Port. in Brazil – Sextante

Romanian – Curtea Veche

Russian – Alpina

Simplified Chinese – People's Literature

Spanish – Planeta



Beck, Martha

BEYOND ANXIETY: Curiosity, Creativity, and Finding Your Life's Purpose

Self-Help | **The Open Field Hardcover** | January 2025 | **Translation Rights**

Agent: Linda Loewenthal @ The Loewenthal Company | **Editors: Pamela Dorman & Nina Rodriguez-Marty**

Status: manuscript available



From bestselling author Martha Beck, a new path to overcoming anxiety by awakening the creativity within. We live in an epidemic of anxiety. Most of us assume that the key to overcoming it is to think our way out. And for a while it works. But there is always something that sends us back into the anxious spiral we've been trying to escape. In **BEYOND ANXIETY**, Martha Beck explains why anxiety is skyrocketing around you, and likely within you. She also tells you how to not only reduce your anxiety but use it to propel you into a life filled with peace, meaning, and joy. Using a combination of the latest neuroscience as well as her background in sociology and coaching, Beck explains how our brains tend to get stuck in an "anxiety spiral," a feedback system that can increase anxiety indefinitely. To climb out, we must engage different parts of our nervous system—the parts involved in creativity. Beck provides instructions for engaging the "creativity spiral," in a process that not only shuts down anxiety but leads to innovative problem solving, a sense of meaning and purpose, and joyful, intimate connection with others—and with the world. The opposite of anxiety, it turns out, is a wonderful new way of life—one that can calm and inspire us as individuals and help us become a source of healing for everything around us.

[Martha Beck](#) is a bestselling author, life coach, and speaker who specializes in helping individuals and groups achieve greater levels of personal and professional success. She is the author of nine nonfiction books, including the *New York Times* bestseller *The Way of Integrity* (The Open Field, 2021), and has been a longtime contributor to *O, The Oprah Magazine*. She holds a PhD in sociology from Harvard.

Rights sold to:

UK & C – Piatkus
Arabic – Jarir

Complex Chinese – Commonwealth
Korean – RH Korea

Simplified Chinese – Beijing Lanzhi Culture Media

Publishers of *The Way of Integrity* (The Open Field, 2021):

UK & C – Piatkus
Arabic – Dar Altanweer
Bulgarian – Grant Cardone CEE
Dutch – Kosmos
French – Ariane
Hebrew – Armchair Publishers

Hungarian – Edesviz Kiado
Korean – Gilbut
Lithuanian – Tyto Alba
Polish – JK Wydawnictwo
Portuguese in Brazil – Companhia
Romanian – SC Editura Tikaboo

Russian – AST
Serbian – Finesa
Slovene – Zalozba Primus
Spanish – Urano
Turkish – Serenad
Vietnamese – First News



Burtka, David and Neil Patrick Harris

MIXED: Paired Cocktails and Mocktails That Invite Everyone to the Party (t)

Cooking/Cocktails | **Plume Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Laura Nolan @ Aevitas | **Editor: Jill Schwartzman**

Status: manuscript available in December 2024



From Neil Patrick Harris and David Burtka, an innovative cocktail book that caters to a growing trend—mocktails for non-drinkers that are just as delicious and fun as the cocktails that inspired them—in a joyful combination of 70 elevated, perfectly paired alcoholic and non-alcoholic recipes that bring the party home in the best possible way.

[David Burtka](#) is an award-winning and sought-after host, chef, caterer, and actor and author of the bestselling *Life is a Party: Deliciously Doable Recipes to Make Every Day a Celebration* (Grand Central, 2019). His Food Network special, *Life's A Party with David Burtka*, aired in 2016 and was awarded a Telly Award and 1st Prize at the New York Film and TV Awards. Among David's various producing credits, he can next be seen in the new series *Drag Me to Dinner* streaming on Hulu. [Neil Patrick Harris](#) is a Tony and Emmy Award-winning stage and screen performer, famous for his roles as Barney Stinson in the popular CBS sitcom *How I Met Your Mother* and as the iconic and beloved Doogie Howser, MD. He's been in many movies, hosted the Tonys, the Emmys, and the Oscars, performed in several Broadway shows, and enjoys the Twitter (follow him at [@actuallyNPH](#)). Oh, and he is an accomplished amateur magician on the side. And the father of twins. And he's Dr. Horrible.



Button, Diane

WHAT THE DYING TEACH US ABOUT LIVING (t)

Self-Help/Death, Grief | **The Open Field Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Meg Leder & Isabelle Alexander**

Status: manuscript available in January 2025



WHAT THE DYING TEACH US ABOUT LIVING is an insightful and thoughtful curation of the lessons on living and pursuing a meaningful life that death doula, Diane Button, has gleaned from her clients. Each chapter is based on a client—or as Diane calls them, “wisdom keepers”—who show readers the key elements to living a full life. Readers will encounter and learn from people like Floyd, whose weekly doctor visits show how small acts of kindness can have a lasting impact, or Rosie, a six-year-old who chose to make every day a special occasion. With a bonus chapter that includes the eight questions Diane uses in her practice to help clients reflect, readers will receive practical tools to apply the lessons to their own lives. **WHAT THE DYING TEACH US ABOUT LIVING** is a heartwarming, clear, and honest look at how dying well starts with living well.

[Diane Button](#) is a founding partner of the Bay Area End of Life Doula Alliance in Northern California and an instructor for the University of Vermont Larner College of Medicine End-of-Life Doula Professional Certificate Program. She holds a master's degree in counseling psychology, is INELDA certified, and served as a board member of the National End-of-Life Doula Alliance. Diane is the author of several books and trainings. Her work has been featured on *Connecting Point*, *Hour of Power*, and numerous other TV and radio programs, inspiring others with a meaningful way to leave a legacy for loved ones.



Dagleish, Tracy

YOU, YOUR HUSBAND, AND HIS MOTHER: Create a Healthy Relationship with Your Mother-in-Law – and Your Spouse – in Five Simple Steps

Family/Marriage | **TarcherPerigee Hardcover** | November 2025 | **UK & Translation Rights**

Agent: Cece Lyra @ P.S. Literary Agency | **Editor: Lauren O’Neal**

Status: manuscript available in January 2025



You don’t just marry your spouse, you marry their family—and dealing with your in-laws isn’t always easy. Women, in particular, often find themselves trapped in a toxic cycle with their mothers-in-law, doomed to feel like either a victim or a villain no matter what they do. In this indispensable resource, clinical psychologist and couple’s therapist Dr. Tracy Dagleish helps women step outside the victim/villain binary and forge a healthy relationship with their mothers-in-law that aligns with and prioritizes their marriage. Using Dr. Tracy’s tried-and-true, five-step VAULT method, readers will kick old habits, help develop mutual respect for boundaries, and most of all, feel like they’re on the same team, as a couple and as part of the larger family. Reclaim your power, strengthen your relationship, and solve your in-law problems once and for all with **YOU, YOUR HUSBAND, AND HIS MOTHER**.

[Tracy Dagleish](#) is a psychologist and couples’ therapist. She is the author of *I Didn’t Sign Up for This* (PESI, 2023) and the host of the parenting podcast, *I’m Not Your Shrink*. In addition to sharing her expertise with over 400,000 subscribers across social media platforms, she offers e-learning to couples all over the world.



Danger, Laura

NO MORE MEDIOCRE

Social Science/Marriage & Family | **Plume Trade Paperback** | December 2025 | **UK & Translation Rights**

Agent: Joanna Mackenzie @ Nelson Literary Agency | **Editor: Maya Ziv**

Status: manuscript available in December 2024



From educator and TikTok phenom Laura Danger, a practical guide on how to battle inequity in domestic labor that will teach you how to recognize unproductive dynamics at home, transform your relationships, find your community—and break free from a life of mediocrity. Organized in eight bite-sized chapters covering topics like harmful stereotypes and communication models, **NO MORE MEDIOCRE** offers a roadmap to dismantling systems that no longer serve us. Alongside the critiques of what is currently normalized in relationships, illustrated through case studies and real-life examples, Danger explores damaging dynamic—from the nag paradox, where one partner always needs to direct action, to weaponized incompetence, where one uses inadequacy to avoid accountability—that have cemented traditional gender roles in our society. To disrupt the corrupted status quo, Danger provides actionable steps you can take to restructure your household and fight against the boundaries of our overworked capitalist lives through better communication and systems.

[Laura Danger](#) is a [Fair Play Facilitator](#), and life coach. Danger has been interviewed in *HuffPo*, *InStyle*, *Business Insider*, *In the Know*, and *Bored Panda* as an expert on weaponized incompetence and inequity within partnerships. You can find her on TikTok ([@thatdarnchat](#), 618.1K followers) and Instagram ([@thatdarnchat](#), 175.4k followers).



Gillihan, Dr. Seth

YOUR DAILY RESET: 366 Practical Exercises to Reduce Anxiety and Manage Stress Using Cognitive Behavioral Therapy

Self-Help/Psychology | **TarcherPerigee Trade Paperback** | October 2025 | **UK & Translation**

Agent: Giles Anderson @ The Anderson Literary Agency | **Editor: Lauren Appleton**

Status: manuscript available in January 2025



In **YOUR DAILY RESET**, you will learn to rewire and reverse your negative thought patterns with a new exercise every day based in the principles of Cognitive Behavioral Therapy. Designed to be picked up at any time of year and with room to write and reflect on your progress, this guide offers daily advice to help you through tough moments and set you up for success for the future. Prepare for a happier, healthier year with this easy-to-use guide that will become a daily habit you can rely on.

[Seth Gillihan, PhD](#), is a licensed psychologist who specializes in mindful cognitive behavioral therapy. He focuses on common challenges such as anxiety, depression, sleep issues, and stress, with the goal of making psychological insights both accessible and practical for a wide audience. His previous books include *Retrain Your Brain* (Callisto, 2016), *Cognitive Behavioral Therapy Made Simple* (Callisto, 2018), and *Mindful Cognitive Behavioral Therapy* (HarperOne, 2022).



Hamby, Eleanor & Dr. Sandra Hazelip

THIS WAY UP: Two Grandmas, One Big Friendship, an Around the World Tour, and the Wisdom to Live Fearlessly at Every Age

MBS/Inspiration | **Viking Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Laurie Bernstein @ Side by Side Literary Productions | **Editor: Laura Tisdell**

Status: manuscript available in December 2024



Two best friends who have become TikTok viral sensations known as the traveling grannies ([@aroundtheworldat80](#)) share their world adventures and the wisdom and lessons that allow them to live fearlessly at any age. Eleanor Hamby and Dr. Sandra Hazelip, the two irresistible women who have become known as the TikTok travelling grannies, deliver a book of life lessons drawn from their late-in-life friendship, and the daring and transformational adventures they've undertaken with each other. Together, they have traveled to twenty countries since they turned 80. Life on the road at their age has given them essential wisdom, and they have written this reflection with the goal of sharing their affirming and joyous insights with the world. The photographer and doctor duo immerse themselves in the communities they visit, always learning more about themselves and the world around them. Boldly and independently traveling without a guide or staying at resorts, the fullness of Eleanor and Sandra's lives makes for a book you can always return to in the face of loss, uncertainty, and to inspire new beginnings.

Eleanor Hamby lives in Abilene, Texas and is an international documentary photographer. She has traveled to 107 countries and all seven continents "always with my camera at my side." Hamby maintains a home in Namwianga, Zambia and continues to return there several times each year to direct the Zambia Medical Mission, which includes schools, a hospital, a radio station, and several orphanages. She has three children who have blessed her with grandchildren. **Dr. Sandra Hazelip** now limits her practice to patients who are residents in long term care facilities and hospice care. She has served in the past as president of the Texas Geriatric Society. She currently serves as the Medical Director for Windcrest Health and Rehab, and she is one of the physicians for Hospice of the Big Country. She is a mother, a grandmother, and a great-grandmother.



Krug, Cassidy

RESURFACE: A Guide to Navigating Life's Biggest Transitions

Self-Help/Personal Development | **Penguin Life Hardcover** | June 2025 | **UK & Translation Rights**

Agent: Aemilia Phillips @ Stuart Krichevsky | **Editor: Amy Sun**

Status: manuscript available



Life is nothing other than a series of transitions. Whether you're graduating from college and trying to decide what's next, coping with divorce, putting the pieces back together after a death or a diagnosis, moving to a new city, or thinking about leaving one career path for another, these transitions—planned or unplanned—are an inevitable part of life. But as inevitable as transitions are, they can still be intimidating. No one knows this better than Krug, who in 2012 was an Olympic diver with a shot at the bronze medal. A mistake on her last dive landed her in seventh place, and her lifelong athletic career came to an unremarkable end. After dedicating her life to a single passion and pursuit—diving—Krug had to figure out what to do next. In **RESURFACE**, she connects with dozens of others who have experienced major life transitions, discovering fascinating common ground between a Buddhist monk and a queer sex therapist; a recent divorcee and a quadriplegic skydiver; a record-setting marathoner and a salon-owner navigating menopause. Weaving together her own story with research and interviews with transitioners from all walks of life, Krug offers a blueprint for anyone who is going through or considering a major life change.

Cassidy Krug is a former [Olympic](#) diver, a writer, and a brand and innovation strategist based in Los Angeles.



Malhotra, Ruchika T.

UNCOMPETE: Dismantling a Competition Mindset to Unlock Liberation, Opportunity, and Peace

Self-Help/Business | **Viking Hardcover** | October 2025 | **UK & Translation Rights**

Agent: Maile Beal @ Arc Literary Management | **Editor: Emily Wunderlich**

Status: manuscript available in February 2025



The need to compete is deeply ingrained in every aspect of our lives and work. It's often viewed as a positive: we are told it motivates us to do our best, to work hard, that it drives innovation and excellence. But what if that's a lie? What if, in reality, competition causes more harm than good: exhaustion, anxiety, burnout, and an isolating lack of community. It encourages a scarcity mindset and keeps us from reaching our true potential. Drawing on Malhotra's own experiences working with corporations as a sought-after inclusion strategist, as well as interviews from business and community leaders and the latest research data, **UNCOMPETE** offers a new framework for building a culture of collaboration, solidarity, and mutuality. It's a framework that yields not only a happier workplace, but a far more successful one, and it can transform our work *and* our lives. From showing us how to tap into our benign envy, to investigating our cultural norms, and rewriting the rules to lift everyone up, **UNCOMPETE** is a radical reset of our minds that helps us cultivate abundance, find genuine joy in others' victories, and embody the belief that there is room for *all* of us to succeed.

[Ruchika T. Malhotra](#) is a highly sought-after author and public speaker, and is the founder of [Candour](#), a global inclusion strategy firm that has worked with The Bill and Melinda Gates Foundation, Pixar, and Microsoft. She is the author of *Inclusion on Purpose* (MIT Press, 2022), MIT Press' top selling book of 2022. Malhotra is a regular contributor to Harvard Business Review and was a founding editor of *The Establishment*, a women-funded-and-led media website, has written for *The New York Times*, *Forbes.com*, *TIME*, *Bloomberg*, *The Wall Street Journal*, *Quartz*, *The Seattle Times*, and more. She is an active investor in various women-founded ventures, including Armoire, Graham & Walker VC and Backstage Capital. She has been an adjunct faculty in Communications at University of Washington and Seattle University. A global citizen and Singaporean foodie, Ruchika currently calls Seattle home.



Offerman, Nick

LITTLE WOODCHUCKS: Offerman Woodshop's Guide to Hijinks and Tomfoolery (t)

Crafts & Hobbies | **Dutton Hardcover** | October 2025 | **UK & Translation Rights**

Agent: Jason Richman @ UTA | **Editor: Jill Schwartzman**

Status: manuscript available in January 2025



In *Good Clean Fun* (Dutton, 2016), Nick Offerman brought us into his woodshop with personal reflections on woodworking alongside instructions to recreate some of his favorite projects. Now, in **LITTLE WOODCHUCKS**, the [Offerman Woodshop](#) is opening its doors to woodworkers of all ages with twelve brand new, family-friendly projects perfect for kids. Combining his signature wry humor with clear written and illustrated project instructions, **LITTLE WOODCHUCKS** is the perfect way to introduce young woodworkers-to-be to the joys and satisfaction of hands-on crafting.

[Nick Offerman](#) is the *New York Times* bestselling author of *Paddle Your Own Canoe: One Man's Fundamentals for Delicious Living* (Dutton, 2013), *Gumption: Relighting the Torch of Freedom with America's Gutsiest Troublemakers* (Dutton, 2015), and *Good Clean Fun: Misadventures in Sawdust at Offerman Woodshop* (Dutton, 2016), as well as co-author of *The Greatest Love Story Ever Told* (Dutton, 2018), with his wife, Megan Mullally. Offerman is the narrator for the audiobook of Wendell Berry's latest, *The Need to Be Whole*, and co-stars in Episode 3 of *The Last of Us*. Nick and Megan live in Los Angeles, California, with their pups and a fairly decent collection of assorted wood clamps.



Patel, Meera Lee

LEARN TO LET GO: A Journal for New Beginnings

Self-Help/Journal | **TarcherPerigee Trade Paperback** | October 2025 | **UK & Translation Rights**

Agent: Laurie Abkemeier @ DeFiore | **Editor: Marian Lizzi**

Status: manuscript available in September 2024



Wherever we are in life, change is always around the corner – and we often find ourselves clinging to what's familiar, safe, and no longer serving us rather than summoning the courage to simply let go. In this beautifully illustrated journal, artist and author Meera Lee Patel pairs inspiring quotes and thought-provoking prompts to help you face the moment, leave your comfort zone, and move forward. Whether you're facing a change in love, friendship, family, school or work, or the world around you, with **LEARN TO LET GO**, you'll find space to process your feelings, gain clarity, and take a leap into what comes next.

[Meera Lee Patel](#) is a self-taught artist, writer, and internationally recognized bestselling author. She writes books that help people connect with themselves, each other, and the world around them. Her books and journals have sold well over a million copies and have been translated into more than a dozen languages worldwide.

Publishers of *Go Your Own Way* (TarcherPerigee, 2023):

UK & C – Penguin UK

Arabic – Jarir

French – Le Livre De Poche

Complex Chinese – Yuan-Liou

Dutch – Unieboek



Pearlman, Oz

READ YOUR OWN MIND: Success Habits You Can Use Every Day from the World's Greatest Mind Reader

Self-Help | **Viking Hardcover** | November 2025 | **UK & Translation Rights**

Agent: James Levine @ Levine Greenberg | **Editor: Laura Tisdel**

Status: manuscript available in January 2025



One of the most sought-after entertainers in the world today, Oz “the Mentalist” Pearlman doesn’t read minds—he reads people! Mentalism isn’t magic—it’s the ability to reverse engineer the human mind. In **READ YOUR OWN MIND**, shares easy to learn skills that he has honed over twenty-five years, which can be applied to your everyday life to help you achieve tremendous success. A mentalist, performer, and long-distance runner, Pearlman will teach you skills that you’ll be using today, tomorrow, and 10 years from now, such as how to read people more effectively; how to make others look good (which in turn makes you look good); and how to make your fear of rejection magically disappear. This book lays out the secret sauce to Pearlman’s success in a series of easy to master tips, tricks and habits, along with stories from his astonishing career, which will give you a massive advantage over the masses.

[Oz Pearlman](#) (Oz rhymes with “knows”) is a world-class entertainer and one of the most accomplished mentalists in the world. He has dazzled audiences with his unique mind-reading ability for nearly three decades. He performs under the name “Oz the Mentalist” and won third place on *America’s Got Talent*, season 10. Pearlman has a degree in electrical engineering from the University of Michigan. He began his career on Wall Street, practicing magic as a hobby until pursuing his passion for magic professionally. Pearlman won an Emmy in 2018 for his NBC travel show *Oz Knows*, which he performed at various tourist venues. In August 2023, he appeared on HBO’s *Hard Knocks*, performing for the New York Jets. Stories about this appearance were featured in *Sports Illustrated*, *Esquire*, *USA Today*, *GQ*, *ESPN*, *Bleacher Report*, *New York Post*, *Deadspin*, and other publications. Pearlman currently performs several times a week and receives countless media opportunities. His client list reads like a who’s who of celebrities—politicians, professional athletes, Hollywood actors, and *Fortune 500* companies. Pearlman’s unique blend of mentalism and mind reading create an interactive experience that is redefining the very nature of a magic show.



Phillips, Lacy

HOW TO MANIFEST

MBS/Self-Help | **Penguin Life Hardcover** | October 2025 | **Translation Rights**

Agent: Meg Thompson @ The Thompson Literary Agency | **Editor: Amy Sun**

Status: manuscript available in March 2025



While popular manifestation techniques like the law of attraction and vision boards appear helpful on the surface, they often have a fake it until you make it approach and do not take into consideration the full scope of who you are, leaving you no closer to your dreams. This is why manifestation expert Lacy Phillips created the neural manifestation process. Now Lacy is ready to share how you too can manifest the life that you desire. **HOW TO MANIFEST** is a warm, inspiring, no-nonsense guide to manifesting the life of your dreams. Weaving together stories from Lacy's own journey, stories from her clients, and offering clear, practical, step-by-step guidance, **HOW TO MANIFEST** will challenge, guide, and empower you to get the life that you want.

[Lacy Phillips](#) is a global manifestation expert and speaker who specializes in unblocking beliefs of unworthiness and expanding into alignment. She teaches her manifestation practice through her company, [To Be Magnetic™](#). The company has been featured by *goop*, *The Cut*, *Harper's Bazaar*, *Vogue*, *The Wall Street Journal*, *Forbes*, *Well+Good*, and many other major publications. Lacy also has a wildly popular podcast, [EXPANDED](#), which has been downloaded over 16.2 million times.

Rights sold to:

UK & Commonwealth – Ebury
Dutch – A.W. Bruna

German – Arkana/PRH Germany
Korean – Seosamdok

Portuguese – PRH Grupo Unipessoal
Spanish – Grijalbo/PRH Grupo Editorial



Rabbitt, Meghan

THE NEW RULES OF WOMEN'S HEALTH: Your Guide to Thriving at Every Stage, from Puberty to Menopause and Beyond

Health | **The Open Field Trade Paperback** | November 2025 | **UK & Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Nina Rodriguez-Marty**

Status: manuscript available



For too long, the medical field has ignored women's unique health needs, assuming our bodies are the same as men's—which couldn't be further from the truth. **THE NEW RULES OF WOMEN'S HEALTH** is the comprehensive, accurate, and empowering guide you need to take charge of your wellbeing. Based on the latest women-centered research and insights from the world's top female health experts, this book covers what every woman should know to make the best decisions for her wellbeing. Deeply informative and accessible, **THE NEW RULES OF WOMEN'S HEALTH** is a resource for life.

[Meghan Rabbitt](#) is an award-winning journalist covering health, nutrition, and psychology. She's currently an editor at Maria Shriver's *The Sunday Paper* and has written for *Prevention*, *Health*, *Women's Health* and more. She's previously worked at *Parenting*, *Alternative Medicine*, *Natural Health*, and *Yoga Journal* magazines.



Robinett, Rachelle

NATURALLY: The Herbalist's Guide to Health and Transformation

Self-Help/Health | **Penguin Life Hardcover** | July 2025 | **UK & Translation Rights**

Agent: Lauren Hall @ Folio Literary Management | **Editor: Nina Rodriguez-Marty**

Status: manuscript available in late October 2024



When it comes to our health and wellbeing, modern treatments can only take us so far. What we're missing is a holistic, individualized, and natural approach that addresses the actual root of our discomfort with lifechanging results. In other words, we need herbalism: the ancient science and art of plants as medicine. Introducing herbalism as a vital layer of our wellbeing, clinical herbalist Rachelle Robinett ([@rachellerobinett](https://www.instagram.com/rachellerobinett) on Instagram) reveals the natural remedies and rituals that can transform our health and boost our happiness. Did you know that cloves and turmeric have analgesic properties that relieve pain? That if you struggle with indigestion, adding bitters to your diet can rapidly improve gut health? If you're failing to stay motivated, nootropics like lavender and rosemary support dopamine levels, and for those of us with anxiety, nervines such as lemon balm help quiet recursive thoughts. Walking readers through the key herbal categories and their functions, **NATURALLY** shows how herbalism can be applied to all aspects of our life—from reducing stress and depression, relieving pain and helping us sleep, to stimulating sexual desire, improving liver function, and enhancing cognition—and offers simple recipes and formulas for herbal remedies.

[Rachelle Robinett, AHG](#), is a clinical herbalist, writer, educator, and life-long naturalist. She is the founder and CEO of [Pharmakon Supernatural](#), a multidisciplinary brand dedicated to the art and science of natural health. Combining traditional medicine and current health insights with an understanding of individual behavior modification, Robinett offers accessible plant-based healing through private coaching, teaching, and consulting. She's based in New York City.



Sage, Dr. Kim

THE HIGHLY VIGILANT PERSON: Growing Up Alert, Anxious, and Afraid and How to End the Trauma Cycle and Reclaim Your Life (t)

Psychology/Self-Help | **TarcherPerigee Hardcover** | Fall 2026 (t) | **UK & Translation Rights**

Agent: Sydney Rogers @ Rogers & Weil Literary | **Editor: Lauren O'Neal**

Status: manuscript available in Fall 2025 (t)



The result of prolonged relational stress stemming from a childhood with an unpredictable, boundaryless, or dismissive parent, hypervigilance is a day-to-day struggle which can often feel so “baked into” a person’s identity that the patterns—over-thinking, over-observing, and over-anticipating—present as exhausting personality traits rather than what they are – a coping mechanism and a trauma response. Hypervigilance co-opts a person’s entire internal wiring. It clouds our decision making – we become stuck in bad jobs, stuck in wounding relationships, stuck in cycles of anxiety and worry, and stuck recreating the lonely yet high stakes environment we were desperate to escape as children. In **THE HIGHLY VIGILANT PERSON**, Dr. Kim Sage uses her own personal story and reveals the latest research into complex PTSD and nervous system regulation to present a groundbreaking alternative to chronic vigilance and a plan for confronting the past to finally heal.

[Dr. Kim Sage](#) is an expert with advanced training in attachment styles, high masking autism, childhood trauma, and emotional monitoring. Dr. Sage has amassed an engaged audience of nearly 1 million dedicated followers across [YouTube](#) and [TikTok](#), as well as tens of thousands of sign-ups and purchases for her online coursework.



Shearer, Clea

CANCER IS COMPLICATED

Memoir/Self-Help | **The Open Field Hardcover** | October 2025 | **UK Rights**

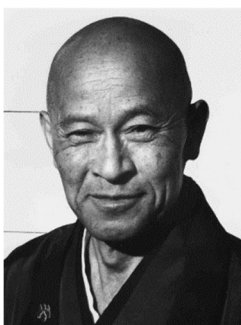
Agent: Lindsay Edgecombe @ Levine Greenberg Rostan | **Editor: Amy Sun**

Status: manuscript available in March 2025



Shearer has built an incredibly successful career on empowering and helping people navigate the overwhelm of their homes. Now she's applying her organizational skills, wisdom, and talent to one of the most overwhelming and frightening experiences any human being ever has to face: cancer and illness. **CANCER IS COMPLICATED** is an inspiring guide on living with cancer. Shearer offers her unique voice to provide a different perspective, sharing the book she wishes she had when she was first diagnosed. She blends together personal stories with comforting, empowering, and practical wisdom and advice about being your biggest advocate, knowing who in your circle to share your diagnoses with, understanding and dealing with the emotional side of cancer, and so much more. Warm, funny, honest, and straightforward in its approach, **CANCER IS COMPLICATED** is for anyone with a cancer diagnosis, or anyone who loves someone with a cancer diagnosis. It is a reminder to care for ourselves and one another and is here to help readers feel less alone and more prepared for the journey ahead.

[Clea Shearer](#) is one half of [The Home Edit](#), a successful business that teaches people how to organize and design their homes. She has always loved to organize and has a keen eye for design which led her to NYC where she studied at Parsons School of Design. Prior to starting The Home Edit, Clea worked in social media and PR with an emphasis on fashion and entertainment.



Suzuki, Shunryu; Edited by Jiryu Rutschman-Byler

BECOMING YOURSELF: Teachings on the Zen Way of Life

Philosophy/MBS | **TarcherPerigee Hardcover** | July 2025 | **UK & Translation Rights**

Agent: Lindsay Edgecombe @ Levine Greenberg Rostan Literary Agency | **Editor: Jacob Surpin**

Status: manuscript available



In this long-overdue book from one of the most influential spiritual teachers of the last century, Shunryu Suzuki explains that through Zen practice, you simply become yourself. In his own inimitable style, filled with humor and unexpected insight, **BECOMING YOURSELF** speaks directly to the newest beginners while also serving as a touchstone and continual source of inspiration for even the most advanced practitioners and

Zen teachers.

Shunryu Suzuki (1904-1971) was one of the most influential spiritual teachers of the twentieth century and is truly a founding father of Zen in America. A Japanese priest of the Soto lineage, he taught in the United States from 1959 until his death. He was the founder of the [San Francisco Zen Center](#) and the [Tassajara Zen Mountain Center](#).



Wolkin, Dr. Jennifer

LOVING YOUR ADHD BRAIN: Surviving and Thriving with Adult ADHD

Psychology/Self-Help | **TarcherPerigee Hardcover** | December 2025 | **UK & Translation Rights**

Agent: Alexander Field @ The Bindery | **Editor: Marian Lizzi**

Status: manuscript available in March 2025



Awareness of adult ADHD continues to rise—along with new questions about the many ways it shows up, how to manage symptoms, and processing the internalized shame and emotional struggles that often go along with the diagnosis. Dr. Jen Wolkin, a licensed neuropsychologist who was diagnosed with ADHD as a graduate student, is here to help! In this practical and empathic guide that spans work, life, and emotional well-being, she brings together research-based strategies and her own lived experience to help anyone who's on a journey to more deeply understand their neurodivergent brain—and themselves.

[Dr. Jennifer Wolkin](#) is a licensed neuropsychologist and mental health advocate. She runs an active private therapy practice, drawing from an extensive clinical toolbox using CBT, DBT, Internal Family Systems, mindfulness-based techniques, creative/expressive arts, and biofeedback. Wolkin is a regular contributor to [Mindful.org](#) and has regularly consulted as a mental health expert for outlets such as *The Healthy, Better by Today*, *Popsugar*, *Bustle*, and elsewhere.



Wolynn, Mark

THE OFFICIAL IT DIDN'T START WITH YOU WORKBOOK

Self-Help/Psychology | **Penguin Life Trade Paperback** | February 2026 | **Translation Rights**

Agent: Bonnie Solow @ Solow Literary Enterprises | **Editor: Amy Sun**

Status: manuscript available in January 2025



An accessible, interactive workbook filled with explanations, exercises, questions, writing prompts, and more, based on the wisdom, insights, and guidance in *It Didn't Start With You* (Penguin Life, 2016).

Mark Wolynn is a leading expert on inherited family trauma. As the director of [The Family Constellation Institute](#) in San Francisco, he has trained thousands of clinicians and treated thousands more patients struggling with depression, anxiety, panic disorder, obsessive thoughts, self-injury, chronic pain, and illness. A sought-after lecturer, he leads workshops at hospitals, clinics, conferences, and teaching centers around the world. He has taught at the University of Pittsburgh, the Western Psychiatric Institute, Kripalu, The Omega Institute, The New York Open Center, and The California Institute of Integral Studies. His articles have appeared in *Elephant Journal* and *Psych Central*, and his poetry has been published in *The New Yorker*.

Rights sold to:

UK & Commonwealth – Ebury

Publishers of *It Didn't Start With You* (Penguin Life, 2016):

UK & Commonwealth – Ebury

Albanian – Living

Azerbaijani – Qanun

Bulgarian – Iztok Zapad

Complex Chinese – Business Weekly

Croatian – Petrine Knjige

Czech – Triton

Danish – Wibolts

Dutch – Hermes

Estonian – Bunga

French – Guy Tredaniel

German – PRH Germany

Greek – Iviskos

Hungarian – Edesviz

Indonesian – Grasindo

Italian – Macro

Japanese – Kawade Shobo Shinsha

Korean – Prunsoop

Kurdish – Warvin Abdullah Muhammed

Macedonian – Bata

Polish – Czarna Owca

Portuguese (in Brazil) – Starlin Alta

Portuguese – Porto

Romanian – Trei

Russian – Eksmo

Serbian – Irena Orlovic

Simplified Chinese – China Machine Press

Slovak – Eastone

Slovene – Založba Primus

Spanish – Alfaomega

Thai – Arrow

Turkish – Sola Kocluk

Ukrainian – Vivat

Vietnamese – First News

GIFT, POETRY, POP CULTURE, COLORING BOOKS



Basford, Johanna

WONDERFUL WILDFLOWERS: A Coloring Book and Floral Quest

Coloring Books | **Penguin Life Trade Paperback** | November 2025 | **Translation Rights**

Agent: Cathryn Summerhayes @ Curtis Bown | **Editor: Meg Leder**

Status: art available in April 2025; final files available in July 2025



Let's go on a floral quest! Color your way through these inky pages bursting to life with wildflowers both real and imagined. Alongside familiar lush bluebells, tangles of honeysuckle and cornflower meadows, you'll find some new and rather curious species: fluffy pompom flowers, speckled poppies and miniature buttercups—all awaiting your colors. As you adventure through these wild pages peppered with bees, birds, and berries, keep an eye out for the twelve magical wildflowers featured in the Plant Hunter's list. Can you find them all and complete the floral quest?

[Johanna Basford](#) is an illustrator and ink evangelist who prefers pens and pencils to pixels. Her intricate, hand-drawn illustrations are loved the world over by those who have colored in (sometimes more than once) her bestselling books, *Magical Worlds* (Penguin Life, 2024), *Small Victories* (Penguin Life, 2023), *Rooms of Wonder* (Penguin Life, 2022), *Worlds of Wonder* (Penguin Life, 2021), *How to Draw Inky Wonderlands* (Penguin Life, 2019), *World of Flowers* (Penguin Life, 2018), *Ivy and the Inky Butterfly* (Penguin Life, 2017), *Johanna's Christmas* (Penguin Life, 2016), *Magical Jungle* (Penguin Life, 2016), *Lost Ocean* (Penguin Life, 2015), *Enchanted Forest* (Laurence King, 2015), and *Secret Garden* (Laurence King, 2013). Johanna is a graduate of Duncan of Jordanstone College of Art & Design in Dundee. She likes sugar mice, floral teacups, peonies, and bumblebees.

Publishers of *Magical Worlds* (Penguin Life, 2024)

Dutch – BBNC

French – Livre

German – Munchner

Korean – KL Publishing

Portuguese (in Brazil) – GMT Editores

Hungarian – Mano Konyvek

Japanese – Graphic-Sha



Cullins, Ashley

YOUR FAVORITE SCARY MOVIE: How the *Scream* Films Rewrote the Rules of Horror

Film/Pop Culture | **Plume Trade Paperback** | August 2025 | **UK & Translation Rights**

Agent: Jon Michael Darga @ Aevitas | **Editor: Charlotte Peters**

Status: manuscript available in November 2024



In **YOUR FAVORITE SCARY MOVIE**, journalist Ashley Cullins examines the history and making of the *Scream* films with behind-the-scenes insight from the movies' cast and creators (including gleeful descriptions of the backstage summer camp-like atmosphere, and producers threatening to pull the film's funding because early footage wasn't scary.... *at all*) and sharp analysis on how the movies' special blend of gruesome violence and humorous self-awareness completely rewrote the horror movie playbook. Perfect for fans of *Scream*, horror movies, and general film buffs, this is the story of how a little movie about a ghost-faced killer terrorizing highschoolers overcame countless obstacles to become a historic success that still has audiences screaming over twenty-five years later.

[Ashley Cullins](#) is a multi-faceted journalist with more than a decade of experience. After graduating with a master's degree in Journalism from Northwestern University's prestigious Medill School, Cullins began her career in broadcast news before making the jump to print. Over the years, she has covered everything from high-stakes litigation and emerging business trends to human interest features.



DiPirro, Dani

THE STORY OF YOU

Self-Help/Coloring Book | **TarcherPerigee Trade Paperback** | September 2025 | **UK &**

Translation Rights

Agent: Monika Verma @ Levine Greenberg Rostan Lit. Agency | **Editor: Lauren Appleton**

Status: manuscript available in January 2025



Sometimes, life can be overwhelming. We can all use a safe space to write out our feelings. Whether you're searching for your Romeo, trying to be more Fearless, or feel a bit like a Tortured Poet, **THE STORY OF YOU** has a page and a space for every era of your life. With prompts that every Swiftie will recognize and hidden secrets for the most ardent fans, you can color, journal, and create your way through this book and write your truth in your own words. Let the games begin.

[Dani DiPirro](#) is the creator of the popular Instagram account [@positivelypresent](#). She has been featured on *ELLE*, *Forbes*, *Glamour*, and *The Washington Post Express*. She is the author of *Grow Through It* (TarcherPerigee, 2020) *Out of Your Mind* (TarcherPerigee, 2022), and *Into the Moment* (TarcherPerigee, 2024).

Publishers of *Grow Through It* (TarcherPerigee, 2020):

UK & C – Michael O'Mara Books



Ghostshrimp

HOLLOW EARTH: A Coloring Book

Coloring Book | **TarcherPerigee Trade Paperback** | September 2025 | **UK & Translation**

Agent: c/o TarcherPerigee | **Editor: Lauren Appleton**

Status: manuscript available in March 2025



Expand your mind and your creativity with this wildly imaginative adult coloring book. Explore the maze of caverns, ancient insectoid temples, spooky reptilian swamps, juicy alien jungles, and forgotten cryptid cities that exist beneath our feet. You will bring these alien worlds to life as you color them in, with the pages progressing deeper underground as you go. If you're not careful, you may not find your way out again.

[Ghostshrimp](#) is an illustrator most known for his work on *Adventure Time* for Cartoon Network, *The Midnight Gospel* on Netflix, and more.



Hanson, Whitney

CLIMATE

Poetry | **Penguin Life Trade Paperback** | July 2025 | **Translation Rights**

Agent: Laura Lee Mattingly @ Present Perfect | **Editor: Meg Leder**

Status: manuscript available



From [TikTok phenomenon Whitney Hanson](#), a revised edition of her bestselling **CLIMATE**, now with a new introduction and more than a dozen new poems. Honest, poignant, and relatable, **CLIMATE** is a journey in embracing change both internally and externally. It guides us through all the weather we may face, from the stormy heartbreak to the foggy mental space, to the sunny other side. **CLIMATE** reminds us to embrace it all.

The only constant in life is change and that is a beautiful thing.

[Whitney Hanson](#) is the author of *Home* (Penguin Life, 2023), *Harmony* (Penguin Life, 2023), and **CLIMATE**. Through Hanson's vulnerability and authenticity, she has connected with thousands of readers and adamantly believes that poetry is not a dead language; rather it is the key to unlocking true vulnerability which leads to deeper connection with one another. Hanson grew up in rural Montana and now lives in Montana.

Rights sold to:

UK & Commonwealth – Quercus

Publishers of *Home* (Penguin Life, 2023):

UK & Commonwealth – Quercus

French – Robert Laffont

Publishers of *Harmony* (Penguin Life, 2023):

UK & Commonwealth – Quercus



Kelly, Sam

HUMAN HISTORY ON DRUGS: An Utterly Scandalous but Entirely Truthful Look at History Under the Influence

History/Pop Culture | **Plume Trade Paperback** | July 2025 | **UK & Translation Rights**

Agent: Jeff Kleinman @ Folio | **Editor: Jill Schwartzman**

Status: manuscript available



A lively and hilarious look at the druggie side of history's most famous figures, including Shakespeare, Queen Victoria, and The Beatles, from debut author and viral historical TikToker, Sam Kelly. In **HUMAN HISTORY ON DRUGS**, Kelly introduces us to the history we weren't taught in school, offering up irreverent and hysterical commentary as he sheds light on some truly shocking aspects of the historical characters we only thought we knew. With chapters spanning from Ancient Greece ("The Oracle of Delphi Was Huffing Fumes"), the Victorian Era ("Vincent Van Gogh Ate Yellow Paint"), to Hollywood's Golden Age ("Judy Garland was Drugged By Grown-Ups") and modern times ("Carl Sagan Was Astronomically High"), Kelly's research spans all manner of times, places, and, of course, drugs. History is rife with drug use and drug users, and **HUMAN HISTORY ON DRUGS** takes us through those highs (pun intended) and lows on a wittily entertaining ride that uncovers their seriously unexpected impact on our history.

[Sam Kelly](#), a history grad from Stanford, is on the autism spectrum, and his interest and passion for history has become an almost physical compulsion. A deep believer that history can be as exciting as any Marvel movie, Kelly's aim – whether on TikTok (where he has nearly 100K followers) or through a book – is to make history both engaging and accessible to all. **HUMAN HISTORY ON DRUGS** is his first book.



Malkoff, Mark and David Ritz

LOVE JOHNNY CARSON: One Obsessive Fan's Journey to Find the Genius Behind the Laughs and the Legend (t)

Pop Culture | **Dutton Hardcover** | November 2025 | **UK & Translation Rights**

Agent: David Vigliano @ Vigliano Associates | **Editor: Jill Schwartzman**

Status: manuscript available in February 2025



The definitive book on TV icon Johnny Carson, setting the record straight on Carson's legacy and shining light on the personality behind the legendary comedian and talk show host. Over the course of his 30-year career, Johnny Carson appeared on some 4500 broadcasts, interviewed over 25,000 guests, and solidified himself as a warm, witty, comforting presence to US audiences during turbulent times. Carson aficionado Mark Malkoff has amassed more Carson stories from original sources than anyone in entertainment history, and now, in **LOVE JOHNNY CARSON**, he aims to set the record straight in this comprehensive portrait of Carson's life, career, legacy, and character. In the end, **LOVE JOHNNY CARSON** serves not only as a biography, but also as a love letter; a love letter to show business, to personalities, and to the singular show business personality of Johnny Carson.

[Mark Malkoff](#) is a comedian and filmmaker. He has been featured on the "Today Show", "Good Morning America", CNN, Fox News, MSNBC, Mashable, NPR's "Weekend Edition", BBC, and "The Tonight Show with Jay Leno", and is the host of the popular podcast "The Carson Podcast". [David Ritz](#) has collaborated on books with everyone from Ray Charles to Aretha Franklin.



O'Sullivan, Sinead

GOOD IDEAS AND POWER MOVES

Pop Culture/Business | **Viking Hardcover** | September 2025 | **Translation Rights**

Agent: Mel Flashman @ Janklow & Nesbit | **Editor: Emily Wunderlich**

Status: manuscript available in November 2024



Taylor Swift's genius is not limited to her singing and songcraft: as the founder of her own multi-billion dollar enterprise she has higher returns than 99.9% of hedge funds, and has built a stronger global corporation than nearly every other American conglomerate CEO. She is the only person that the US Federal Reserve and European Central Bank trace with precision. She has a larger impact on the economy than most economists that have ever lived, and she has done more for US antitrust law than any sitting member of Congress. There is a lot to learn from Taylor Swift. Global investment fund manager and former head of Strategy at Harvard Business School (and Swiftie!), Sinead O'Sullivan taps into the same genius that sells out stadiums and shuts down the internet to give Taylor—the CEO, the strategist—the respect she deserves.

[Sinead O'Sullivan](#) has an MBA from Harvard Business School where she formerly served as the head of the HBS Institute for Strategy working with top business economists, global CEOs, Prime Ministers and Financiers. She has also worked at MIT Sloan and has served as a professor at the Stuart School of Business. She has served as an aerospace engineer and a human spaceflight designer at NASA and the Jet Propulsion Laboratory. Her writing has appearing in the [Financial Times](#), *FT Alphaville*, *Vogue*, *British Vogue*, and *The Currency*. She is the co-founder of a global investment fund and is in the top 0.01% of Taylor Swift fans worldwide, as ranked on Spotify. She splits her time between Ireland and Boston.

Rights sold to:

UK & C – Ebury

MBS, RELIGION



Cooke, Matt

BEYOND WANTING: The Art of True Manifestation

MBS/Mindfulness | **TarcherPerigee Hardcover** | November 2025 | **UK & Translation Rights**

Agent: Steve Harris @ CSG Literary | **Editor: Batya Rosenblum**

Status: manuscript available in February 2025



No matter what we have, we always want more. It may be a promotion at work, buying a home, or starting a family; success is different for everyone. This book helps you bridge the gap between what you have and what you want through the science of manifestation. To find true success, you must change your mindset. A practical, no-nonsense guide, **BEYOND WANTING** challenges you to take control of your future through techniques such as metacognition and meditation. Whether you're working toward a specific goal or are seeking general happiness and fulfillment, you have the power to succeed. With personal anecdotes, scientific theory, and practical toolkits, this book allows you to achieve your dreams.

[Matt Cooke](#) is a leading manifestation coach with a modern approach to spirituality, bringing a unique blend of wisdom, science, and practical insight to his work. After a decade in real estate, he took a transformative leap to launch a successful digital marketing business. Committed to helping people increase their well-being and bring about lasting change, Cooke shares accessible, simple advice on [social media](#). He offers guided meditations, online courses, and one-on-one coaching sessions on the art of manifestation.



Recker, Brian

HELLBENT: How the Fear of Hell Holds Christians Back from a Spirituality of Love

Religion | **TarcherPerigee Hardcover** | October 2025 | **UK & Translation Rights**

Agent: David Morris @ Hyponymous Consulting LLC | **Editor: Lauren O'Neal**

Status: manuscript available



In this taboo-shattering book, former evangelical pastor Brian Recker takes an honest look at scripture and reveals what has been true all along: Hell isn't real, and God's universal love is radically inclusive, in this life and the next. We can let go of our anxiety about hell and start delighting in the heart of true spirituality as Jesus taught it: loving God and loving our neighbors as ourselves. Whether you're Christian, exvangelical, or anywhere along a deconstruction journey, **HELLBENT** is the perfect resource to help you replace fear and church hurt with healing and peace.

[Brian Recker](#) was an evangelical pastor for more than eight years before stepping away and deconstructing his faith. Now he offers pastoral wisdom to people in their journeys of evolving spirituality via his podcast, [Sacred Counsel](#), and his Instagram, [@berecker](#), which has 165,000 followers. Recker has a Master of Arts in Ministry from Lancaster Bible College and has four children.

MEMOIR



Buchdahl, Angela

HEART OF A STRANGER: How an Unlikely Rabbi Found Belonging

Memoir | **Pamela Dorman Books Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Brettne Bloom @ The Literary LLC | **Editor: Pamela Dorman & Marie Michels**

Status: manuscript available in February 2025



From the first Asian American to be ordained as a rabbi, a stirring account of one woman's journey from feeling like an outsider to becoming one of the most admired religious leaders in the world. Angela Buchdahl was born in Korea and grew up in Tacoma, Washington, the daughter of a Korean Buddhist mother and a Jewish American father. Profoundly spiritual from a young age, she spoke to God at age five and felt the first stirrings to become a rabbi at age sixteen. Despite the naysayers and periods of self-doubt—would a mixed-race woman ever be seen as authentically Jewish and entitled to lead a congregation—she stayed the course, which took her first to Yale, then to rabbinical school, cantorial school, and finally to the pulpit of one of the most influential congregations in the world. Today, Buchdahl is beloved by Jews and non-Jews alike for her belief in the power of faith, gratitude, and responsibility for each other, regardless of religion. She does not shy away from challenging topics, from racism within the Jewish community to the sexism she confronted when she aspired to the top job. Buchdahl's constant message is that it is up to us to work towards a world of more humanity, especially in today's upsetting times. Buchdahl has gone from outsider to officiant, from feeling estranged to feeling understood and included—and has emerged with a deep feeling of being bound to a larger whole. Here, she has written a book that is both a memoir, and a spiritual guide for living that is exactly what so many of us hunger for right now.

[Angela Buchdahl](#), or Rabbi Buchdahl, serves as the Senior Rabbi of Central Synagogue in New York City. She was ordained as a rabbi in 2001 by the Hebrew Union College-Jewish Institute of Religion where she was a Wexner Graduate fellow. She earned a B.A. in Religious Studies from Yale University in 1994. Rabbi Buchdahl is the first Asian American to be ordained as cantor or rabbi in North America. In 2014, President Barack Obama invited her to share blessings and light the menorah for the White House Hanukah Party. Rabbi Buchdahl has been featured in dozens of news outlets including the Today Show, NPR, Wall Street Journal, PBS, and *Newsweek*.



Mamet, Zosia

AT LEAST IT MAKES FOR A GOOD STORY

Memoir | **Viking Hardcover** | September 2025 | **UK & Translation Rights**

Agent: Mel Flashman @ Janklow & Nesbit Associates | **Editor: Meg Leder**

Status: manuscript available in March 2025



From the singular mind of *Girls*' star Zosia Mamet, a collection of frequently hilarious and always heartfelt essays that explore what it means to grow up a nepo baby and find your own place in the world. You may know Mamet from her singular role as Shoshanna on *Girls*, or for being one of Hollywood's original nepo babies (or as she calls it, "a B-minus nepo baby, a nepito baby if you will"). What you might not know is that as a toddler she visited theaters where her mom was rehearsing, crawling around on the floor and scrunching herself between seats; that she earnestly believed in Santa Claus for way too long as a way to escape relentless childhood bullying; that she spent years navigating grueling body image issues in hopes of succeeding in Hollywood; and that she was so overwhelmed and overjoyed when finally meeting her idol David Sedaris, that she hid in the bathroom and melted into a "puddle of glitter". By turns charmingly witty and achingly vulnerable, the essays in **AT LEAST IT MAKES FOR A GOOD STORY** introduce us to Mamet in all her glory—from her early days growing up in literary and dramatic circles, to her years as a young adult pining for acceptance and love, to her early attempts to make it as an actor, to where she, and Shosh, are now.

[Zosia Mamet](#) is perhaps best known for her starring role in the Emmy-and Golden Globe Award-winning HBO series *Girls*, and her role in the Emmy-nominated HBO Max series *The Flight Attendant*. When she isn't on screen you can find her at the barn riding her horse, or at home with her husband and snuggling their dog.

Publisher of *My First Popsicle* (Penguin Books, 2022):

UK & Commonwealth – Icon Books

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