

The background of the entire page is a deep blue color. It is decorated with various botanical illustrations in a golden-brown or copper color. These include several types of ferns, some with long, feathery fronds and others with more compact, rounded shapes. There are also clusters of small, round berries or seeds, and a single butterfly with detailed wing patterns. The illustrations are scattered across the page, creating a rich, textured effect.

BLOOMSBURY Rights Guide

London Book Fair 2022

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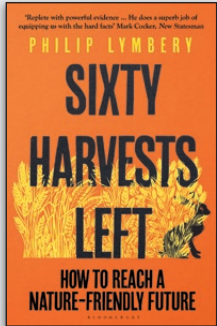
HIGHLIGHTS



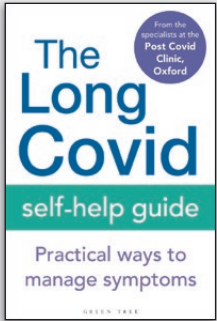
Hotel 21
Senta Rich
PAGE 5



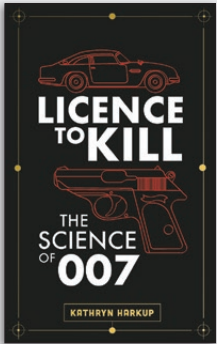
Lady MacBethad
Isabelle Schuler
PAGE 2



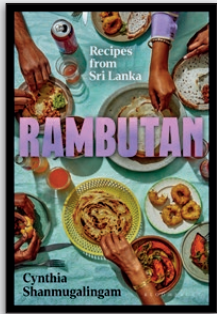
Sixty Harvests Left
Philip Lymbery
PAGE 11



The Long Covid Self-Help Guide
PAGE 29



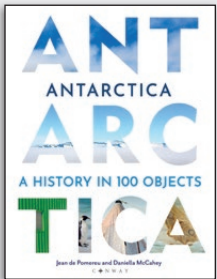
License to Kill
Kathryn Harkup
PAGE 25



Rambutan
Cynthia Shanmugalingam
PAGE 55



How To Win the World Cup
Chris Evans
PAGE 39



Antarctica
Jean de Pomereu & Daniella McCahey
PAGE 50



The Core of an Onion
Mark Kurlansky
PAGE 14

CONTENTS

RAVEN BOOKS	1
FICTION	4
NON-FICTION	9
SIGMA	23
GREEN TREE	28
SPORT	34
ILLUSTRATED	45
COOKERY	52
NATURAL HISTORY	69
NAUTICAL & OUTDOORS	90
MENSCH PUBLISHING	108

RAVEN BOOKS



Lady MacBethad

Isabelle Schuler

352pp
234 x 153mm
Hardback
£14.99
March 2023

Material Available: Manuscript
Rights Sold: World Rights Available

Lady MacBethad is a sweeping, suspenseful historical novel, exploring female ambition, power and passion against the atmospheric backdrop of early medieval Scotland.

The most intoxicating debut of 2023, for readers of *The Song of Achilles*, *Ariadne* and *Outlander*.

The daughter of an ousted king, Gruoch is told by her grandmother that she is destined to one day be Queen of Alba, reclaiming the lands of her Pictish kin. When, many years later, she is betrothed to Duncan, the heir-elect, this confirms for Gruoch her grandmother's prophecy to be true. Determined never to be as powerless as her parents, Gruoch leaves behind her home, her family and her friend MacBethad, and travels to the royal seat at Scone to seal her fate.

But when a deadly turn of events forces Gruoch to flee Duncan and the capital, her grandmother's words become the empty ramblings of an ancient woman, and Gruoch finds herself at the mercy of an old enemy. Her hope of becoming Queen all but lost, Gruoch does what she must to survive, until she is given a choice: live a long, peaceful life but fall into obscurity, or seize her chance for vengeance and a path back to the throne.

Isabelle Schuler is a Swiss Hawaiian-American actress, writer and former bookseller. Her latest self-penned short film, *I Am A Unicorn*, is currently playing at festivals in the UK, US and Europe. She has a BA in journalism and her screenplay *Queen Hereafter* was longlisted by the Thousand Films Screenwriting Competition in 2019. In 2020, Schuler adapted *Queen Hereafter* into her debut novel, *Lady MacBethad*.



Home

Cailean Steed

336pp
234 x 153mm
Hardback
£14.99
January 2023

Material Available: First pass
Rights Sold: World Rights Available

A read-in-one-gulp commercial thriller about coming of age under a cult's indoctrination – and what it takes to break free.

Someone has broken into Zoe's flat. A man she thought she'd never have to see again. They call him the Hand of God.

He knows about her job in the café, her life in Dublin, her ex-girlfriend, even the knife she's hidden under the mattress.

She thought she'd left him far behind, along with the cult of the Children and their isolated compound Home – but now he's found her, and she knows she must go back to rescue the sister who helped her escape all those years before.

But returning to Home means going back to the enforced worship and strict gender roles Zoe has long since moved beyond; back to the abuse and indoctrination she's fought desperately to overcome. Going back will make her question everything she believed about her past – but could also risk her hard-won freedom.

Can she break free a second time?

One – My name is Zoe
Two – I am here to rescue my sister Amy
Three – Nothing anyone says here is true
Four –
Four –
What is my fourth true thing?

Cailean Steed is a writer, teacher and aspiring dog owner who lives in Glasgow with their husband and son. They have also resided in Aberdeen and Dublin, and hope one day to live somewhere with less rain. Cailean's work has been published by New Writing Scotland, Boudicca Press and Barren Magazine. *Home* is their first novel. Their mother would like them to write something more cheerful.



Little Nothings

Julie Mayhew

272pp
234 x 153mm
Hardback
£14.99
May 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: Italian (Garzanti), Czech (Knihy Dobrovsky)

Tensions between friends spiral towards disaster in this thrilling novel set on a luxury Greek resort, for fans of Adele Parks, Louise Candlish and Liane Moriarty.

With friends like these, who needs enemies?

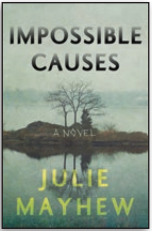
Liv Travers never knew real friendship until she met fellow mums Beth and Binnie. The three women become inseparable as they muddle through early parenthood together.

Then along comes Ange... Ambitious, wealthy and somehow able to do it all. Under Ange's guiding presence, the group finds new vigour and fresh aspirations – bigger houses, better schools, dinners at exclusive restaurants. But Liv can't keep up and is increasingly edged out.

When the four families take a three-week trip to a luxurious holiday resort, Liv seizes the opportunity to reclaim her place at the heart of the group, only to discover the true, devastating cost of a friendship with Ange. Set over the course of a single, life-changing trip to a Greek island paradise, *Little Nothings* is a sly, suspenseful novel about female bonds turned toxic, and the desperate ends one woman will go to keep her friends close – and her enemy closer.

Julie Mayhew is the author of the critically acclaimed 2019 thriller *Impossible Causes* and four Carnegie-nominated novels for young adults, including *The Big Lie*, which won the Sidewise Award for Alternate History. She has written both drama and short stories for BBC Radio 4, and now also writes and directs for the screen.

ALSO AVAILABLE





Hotel 21

Senta Rich

352pp
234 x 153mm
Hardback
£14.99
April 2023

Material Available: Manuscript
Rights Sold: Italian (Garzanti Libri)

A sharp and warm-hearted debut with an unforgettable narrator.

'I have a first-day rule. Any sign of trouble, even a whiff of a problem, and I walk.'

Noelle is an efficient and friendly hotel cleaner, a model employee. Or so she'd have you think. The trouble is that she can't help taking a little 'souvenir' as she cleans. Nothing of value, just tokens of happy, normal lives: a lipstick, a hair clip, some tweezers. And by the time the guest has noticed, she's long gone.

As she starts at her 21st hotel, she's determined to beat her record of one month in a five star hotel before suspicion falls on her. But when she meets her new colleagues, her plans are complicated. These women aren't just hands pushing carts down lonely hotel corridors: they are women with lives full of happiness and worry, pain and joy. The kind of lives Noelle has never known how to live. They make her wonder what it might be like to have real friends, people to stick around for... Will the women at Hotel 21 give her the courage to claim the life she deserves, or will her old habits come back to haunt her?

Senta Rich began her career as an advertising copywriter. During this time she also wrote radio plays and articles for magazines. As soon as she could she left advertising and moved into the world of film and TV. She currently writes for TV shows in Ireland and the UK, including drama and animation. Senta has a BA (Hons) in Philosophy from Liverpool University. She is originally from London but now lives in Dublin with her husband and son.



History's Angel

Anjum Hasan

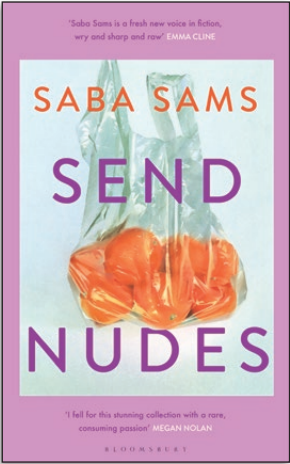
256pp
216 x 135mm
Hardback
£16.99
March 2023

Material Available: Manuscript
available in May
Rights Sold: World Rights Available

A darkly funny and shockingly moving novel about history, change and identity, set in contemporary Delhi.

Alif is a middle-aged, mild-mannered school teacher of history, living at a time in India's history when Muslims are seen either as hapless victims or a live threat. Though his profession sees him occupied with the past, the present is pressing down on him: his wife, set on a bigger house and a better car while trying to ace her MBA exams; his teenage son wanting to quit school to get rich; his ageing parents, especially his increasingly distracted father; supercilious colleagues suspicious of a Muslim teaching India's history; and his old friend Ganesh, who has just reconnected with childhood sweetheart with whom Alif was always rather enamoured himself. While Alif is leading a school trip to a glorious Mughal monument one day, a Hindu student goads him about being Muslim - and in a fit of anger, Alif twists his ear. Suddenly out of a job, Alif finds his life rapidly descending into chaos; while in the background, his home city, too, darkens under the spreading shadow of violence.

Anjum Hasan is the author of three novels and two short story collections, which have been shortlisted for the Indian Academy of Letters Prize, the Sahiya Akademi Award, the Hindu Best Fiction Award and the Crossword Fiction Award, as well as being longlisted for the Man Asia Literary Prize and the DSC Prize for South Asian Literature. She is a recipient of a Homi Bhabha Fellowship, and this year received the one-of-its-kind New India Foundation Fellowship to write her first non-fiction book, a contemporary history of the city of Shillong. She has earlier been on a Homi Bhabha Fellowship - and was recently hailed by *First Post Magazine* as a 'genius ... one of the finest Indian writers.'



Send Nudes
Saba Sams

224pp
216 x 135mm
Hardback
£14.99
January 2022

Material Available: Finished copies
Rights Sold: German (Piper)

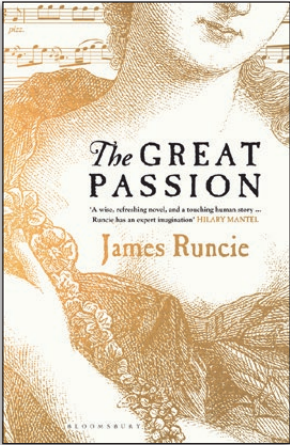
An electrifying debut collection from a striking new talent, exploring the paradoxes and ambiguity that make up girlhood, womanhood and the realms that lie in between .

In ten dazzling stories, Saba Sams dives into the world of girlhood and immerses us in its contradictions and complexities: growing up too quickly, yet not quickly enough; taking possession of what one can, while being taken possession of; succumbing to societal pressure but also orchestrating that pressure. These young women are feral yet attentive, fierce yet vulnerable, exploited yet exploitative.

Threading between clubs at closing time, pub toilets, drenched music festivals and beach holidays, these unforgettable short stories deftly chart the treacherous terrain of growing up – of intense friendships, of ambivalent mothers, of uneasily blended families, and of learning to truly live in your own body.

With striking wit, originality and tenderness, *Send Nudes* celebrates the small victories in a world that tries to claim each young woman as its own.

Saba Sams's writing has featured in *The Stinging Fly* (edited by Sally Rooney), *Litro*, *The Manchester Review*, *Arcturus* and *Forge*, and has been shortlisted for the White Review Short Story Prize. She lives in London.



The Great Passion
James Runcie

272pp
234 x 153mm
Hardback
£16.99
March 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: French (Actes Sud), Spanish (Duomo), German (Hoffman Und Campe), Dutch (KokBoekencentrum), Estonian (Tanapaev), Italian (Vallardi)

The dazzling and immersive story of the creation of one of history's greatest works of art, and an intimate portrait of a family's loss.

Love and Death. Grief and Joy. Music that lasts forever.

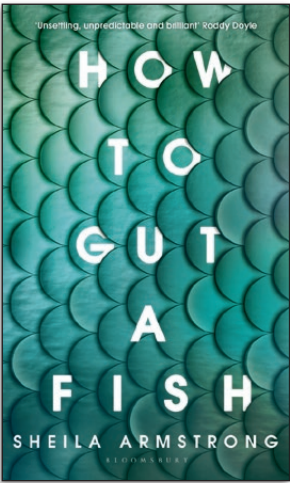
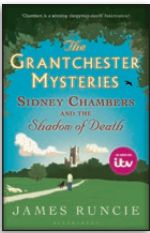
Leipzig, 1726. Eleven-year-old Stefan Silbermann, a humble organ-maker's son, has just lost his mother. Sent to Leipzig to train as a singer in the St Thomas Church choir, he struggles to stay afloat in a school where the teachers are as casually cruel as the students.

Stefan's talent draws the attention of the Cantor – Johann Sebastian Bach. Eccentric, obsessive and kind, he rescues Stefan from the miseries of school by bringing him into his home as an apprentice. Soon Stefan feels that this ferociously clever, chaotic family is his own. But when tragedy strikes, Stefan's period of sanctuary in their household comes to a close.

Something is happening, though. In the depths of his loss, the Cantor is writing a new work: the Saint Matthew Passion, to be performed for the first time on Good Friday. As Stefan watches the work rehearsed, he realises he is witness to the creation of one of the most extraordinary pieces of music that has ever been written.

James Runcie is an award-winning film-maker, playwright and literary curator. He is the author of twelve novels that have been translated into twelve languages, including the seven books in the Grantchester Mysteries series. He is a Fellow of the Royal Society of Literature. He lives in Scotland and London.

ALSO AVAILABLE



How to Gut a Fish
Sheila Armstrong

224pp
216 x 135mm
Hardback
£16.99
February 2022

Material Available: Finished copies
Rights Sold: Danish (Jensen & Dalgaard)

The debut short story collection from Sheila Armstrong, a strikingly original new voice in fiction.

On a boat offshore, a fisherman guts a mackerel as he anxiously awaits a midnight rendezvous.

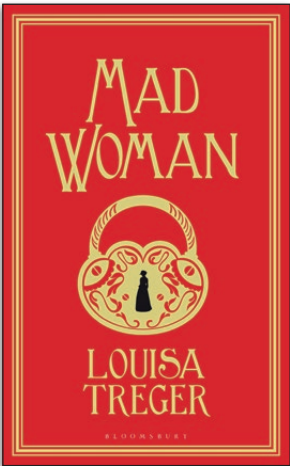
Villagers, one by one, disappear into a sinkhole beneath a yew tree.

A nameless girl is taped, bound and put on display in a countryside market.

A man returning home following the death of his mother finds something disturbing among her personal effects.

A dazzling and disquieting collection of stories, *how to gut a fish* places the bizarre beside the everyday and then elegantly and expertly blurs the lines. An exciting new Irish writer whose sharp and lyrical prose unsettles and astounds in equal measure, Sheila Armstrong's exquisitely provocative stories carve their way into your mind and take hold.

Sheila Armstrong is a writer and editor from the north-west of Ireland. Her stories have featured in *gorse*, *Best European Fiction 2019* and *Stinging Fly*. This is her first collection of fiction.



Madwoman
Louisa Treger

304pp
216 x 135mm
Hardback
£16.99
June 2022

Material Available: 1st Pass
Rights Sold: Russian (Arkadia)

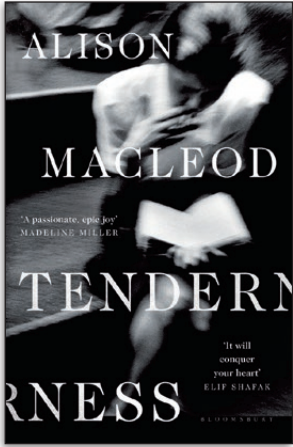
The extraordinary story of a woman's quest for the truth against all odds - and how her story changed the world.

In 1887 young Nellie Bly sets out for New York and a career in journalism, determined to make her way as a reporter, whatever that may take.

But life in the city is tougher than she imagined. Down to her last dime and desperate to prove her worth, she comes up with a dangerous plan: to fake insanity and have herself committed to the asylum that looms on Blackwell's Island. There, she will work undercover to document - and expose - the wretched conditions faced by the patients.

But when the asylum door swings shut behind her, she finds herself in a place of horrors, governed by a harshness and cruelty she could never have imagined. Cold, isolated and starving, her days of terror reawaken the traumatic events of her childhood. She entered the asylum of her own free will - but will she ever get out?An extraordinary portrait of a woman way ahead of her time, *Madwoman* is the story of a quest for the truth that changed the world.

Louisa Treger, a classical violinist, studied at the Royal College of Music and the Guildhall School of Music and worked as a freelance orchestral player and teacher. She subsequently turned to literature, earning a Ph.D. in English at University College London, where she focused on early-twentieth-century women's writing and was awarded the West Scholarship and the Rosa Morison Scholarship 'for distinguished work in the study of English Language and Literature'. She is the author of the novels *The Lodger* and *The Dragon Lady*. She lives in London with her husband, children, and dog.



Tenderness
Alison MacLeod

640pp
234 x 153mm
Hardback
£18.99
September 2021

Material Available: Finished copies
Rights Sold: Romanian (Editura RAO), US (Penguin Random House Canada), Russian (Azbooka-Atticus)

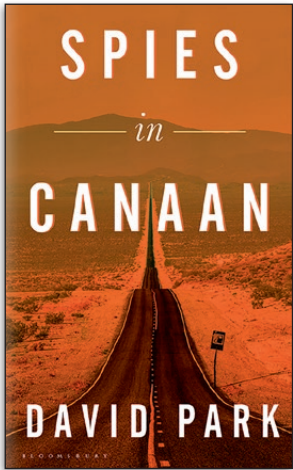
The spellbinding story of *Lady Chatterley's Lover*, and the society that put it on trial: the story of a novel and its ripple effects across half a century, and about the transformative and triumphant power of fiction itself.

'A hugely daring, intrigue-packed, decade-jumping doorstopper that teasingly blends fiction and actuality with wit and panache' – *DAILY MAIL*

'A passionate, epic joy' – **MADELINE MILLER**

D. H. Lawrence is dying. Exiled in the Mediterranean, he dreams of the past. There are the years early in his marriage during the war, where his desperation drives him to commit a terrible betrayal. And there is a woman in an Italian courtyard, her chestnut hair red with summer. Jacqueline and her husband have already been marked out for greatness. Passing through New York, she slips into a hearing where a book, not a man, is brought to trial. A young woman and a young man meet amid the restricted section of a famous library, and make love. Scattered and blown by the winds of history, their stories are bound together, and brought before the jury. On both sides of the Atlantic, society is asking, and continues to ask: is it obscenity – or is it tenderness?

Alison MacLeod is the author of three novels – *The Changeling*, *The Wave Theory of Angels* and *Unexploded*, which was longlisted for the Man Booker Prize 2013 – and two story collections. She is the joint winner of the Eccles British Library Writer's Award 2016 and was a finalist for the 2017 Governor General's Award. She was Professor of Contemporary Fiction at the University of Chichester until 2018, when she became Visiting Professor to write full-time. She lives in Brighton.



Spies in Canaan
David Park

208pp
216 x 135mm
Hardback
£16.99
May 2022

Material Available: 2nd Pass
Rights Sold: French (La Table Ronde), Danish (Jensen & Dalgaard)
Option Publishers: Russian (Polyandria), Lithuanian (Alma Littera), Macedonian (Feniks), Italian (Bollati), German (Dumont), Greek (Dardanos), Turkish (Kultur Yayinlari Is-Turk)

A bold and unsettling parable about guilt, atonement and redemption from the winner of the Kerry Group Irish Novel of the Year Award.

Michael has travelled a long way from his boyhood under the endless skies of the Midwest. His retirement is peaceful, if solitary. But one day there is a visitation: a mysterious car on the seafront, and a package delivered. From its contents, Michael understands that he has been commissioned to undertake a final journey.

As Michael makes his way deep into a distant desert – a strange and liminal landscape that lies between hell and redemption – he undertakes another journey, into long-suppressed memories: of Vietnam and the dying days of war, and to face a final accounting for what was done.

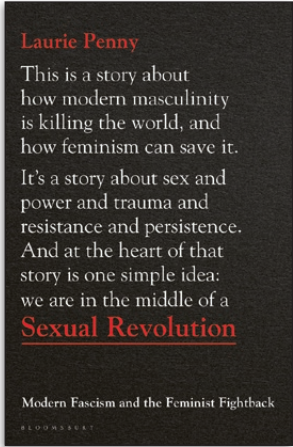
Taut, atmospheric and moving, *Spies in Canaan* is a powerful elegy to the pain of love, the guilt of old age, and the grace of atonement.

David Park has written nine novels and two collections of short stories. His novel *Travelling in a Strange Land* won the Kerry Group Irish Novel of the Year. His other books include *The Light of Amsterdam*, which was shortlisted for the 2014 International IMPAC Prize and *The Poets' Wives*, which was selected as Belfast's Choice for One City One Book 2014. He has won the Authors' Club First Novel Award, the Bass Ireland Arts Award for Literature, the Ewart-Biggs Memorial Prize and the American Ireland Fund Literary Award. He has received a Major Individual Artist Award from the Arts Council of Northern Ireland and been shortlisted for the Irish Novel of the Year Award four times. In 2014 he was longlisted for the *Sunday Times* EFG Short Story Award. He lives in County Down, Northern Ireland.

ALSO AVAILABLE



NON-FICTION



Sexual Revolution
Modern Fascism and the Feminist Fightback

Laurie Penny

320pp
234 x 153mm
Hardback
£25.00
March 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: German (Nautilus), Portuguese Brazilian (Pensamento), Swedish (Ordfront), Estonian (Rahva Raamat)

ALSO AVAILABLE



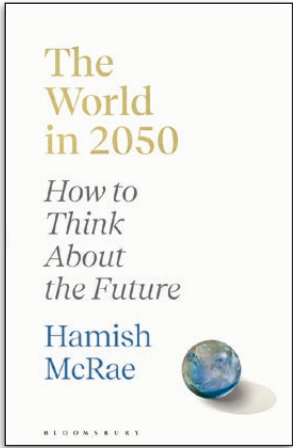
An urgent, hopeful, and unapologetically radical new book about consent, democracy, desire and the future of sexual politics.

Sex and gender are changing, and the world is changing with them. In this time of crisis, we are also witnessing a productive transformation: a revolutionary change in how we define gender, sex, consent and whose bodies matter.

This sexual revolution is a threat to the social and economic order. It undermines the existing power structures and weakens the authority of institutions from the waged workplace to the nuclear family. No wonder the far right is fighting back so hard.

Told with Laurie Penny's trademark urgency and candour, *Sexual Revolution* is a hand-grenade of a book: both a manifesto for social change and a story of how feminism can save us.

Laurie Penny is an author, journalist and screenwriter from London. They are a culture writer for Wired magazine and have written for the *Guardian*, *New Statesman*, *New York Times*, *Longreads*, *Time Magazine* and many more. They are a graduate of the Nieman Foundation Fellows' programme at Harvard University and the Clarion West Writer's Workshop.



The World in 2050
How to Think About the Future

Hamish McRae

384pp
234 x 153mm
Hardback
£25.00
May 2022

Material Available: 2nd Pass
Rights Sold: Japanese (Nikkei BP)

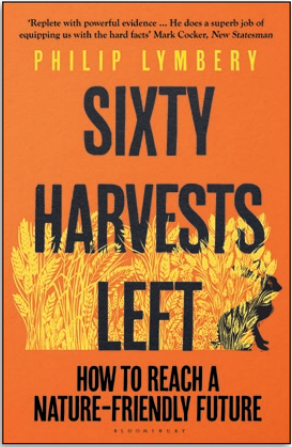
A bold and illuminating vision of the future, from one of Europe's foremost speakers on global trends in economics, business and society.

What will the world look like in 2050? How will complex forces of change – demography, the environment, finance, technology and ideas about governance – affect our global society? And how, with so many unknowns, should we think about the future?

One of Europe's foremost voices on global trends in economics, business and society, Hamish McRae takes us on an exhilarating journey through the next thirty years. Drawing on decades of research, and combining economic judgement with historical perspective, Hamish weighs up the opportunities and dangers we face, analysing the economic tectonic plates of the past and present in order to help us chart a map of the future.

A bold and vital vision of our planet, *The World in 2050* is an essential guide for anyone worried about what the future holds. For if we understand how our world is changing, we will be in a better position to secure our future in the decades to come.

Hamish McRae is an economic commentator for the *Independent* and writes weekly columns on economics and finance in the *Mail on Sunday* and the *i* newspaper. He has been financial editor of the *Guardian* and *Independent* and has won numerous awards, including Business and Finance Journalist of the Year at the British Press Awards. He is an Orwell Fellow. His other books include *Capital City: London as a Financial Centre*, written with Frances Cairncross, and *What Works: Success in Stressful Times*.



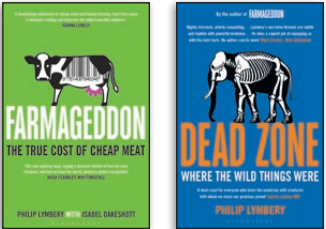
Sixty Harvests Left
How to Reach a Nature-Friendly Future

Philip Lymbery

400pp
234 x 153mm
Hardback
£25.00
August 2022

Material Available: 1st Pass
Rights Sold: Italian (Nutrimenti), Portuguese (Editora 2020)
Option Publishers: Finnish (Into), Japanese (Nikkei), Italian (Nutrimenti), Polish (Kobiece Lukasze), Chinese Simplified (Commerical Press), Chinese Complex (And)

ALSO AVAILABLE

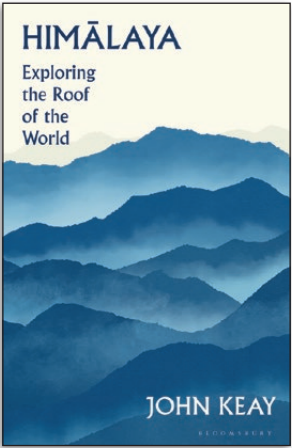


For anyone who cares about animals, the countryside and our children's future, *Sixty Harvests Left* will be an essential survival guide to the twenty-first century.

Taking its title from a chilling warning made by the United Nations that the world's soils could be gone within a lifetime, *Sixty Harvests Left* uncovers how the food industry threatens our world. Put simply, without soils there will be no food: game over. And time is running out.

A fast-paced global thriller, *Sixty Harvests Left* takes us behind closed doors and into the boardrooms of industrial agriculture, investigating the dark side of food production. It confronts 'Big Ag', whose mega-farms, chemicals and animal cages are sweeping the countryside and jeopardising the very air we breathe, the water we drink, the food we eat and the nature we treasure. It spotlights the pioneers who are battling to bring landscapes back to life, in a world where wildlife, hens, pigs and people thrive by protecting the very thing that our civilisation is built on: soil. Combining insightful analysis, storytelling and research, award-winning author Philip Lymbery demonstrates why food and future harvests matter more than ever, and shows us how we can restore our planet for a nature-friendly future.

Philip Lymbery is Chief Executive of leading international farm animal welfare organisation Compassion in World Farming, a Visiting Professor at the University of Winchester, award-winning author, ornithologist, photographer and animal advocate. His first book *Farmageddon* was listed as a Book of the Year by *The Times*, while the second book in the trilogy, *Dead Zone*, was selected as a 'Must Read' by the *Daily Mail*.



Himalaya
Exploring the Roof of the World

John Keay

464pp
234 x 153mm
Hardback
£30.00
September 2022

Material Available: 2nd Pass
Rights Sold: Russian (Azbooka-Atticus Publishing Group LLC)

A groundbreaking new exploration of Himalaya: one of the world's most extraordinary geophysical, historical, environmental and social regions.

More rugged and elevated than any other zone on earth, it embraces all of Tibet, six of the world's eight major mountain ranges and nearly all its highest peaks. It contains around 50,000 glaciers and the most extensive permafrost outside the polar regions. Over an area nearly as big as Europe, the population is scattered, often nomadic and always sparse. Many languages are spoken, some are written and few are related.

Religious and political affiliations are equally diverse. Borders are disputed, while jealous neighbours shy away from a common strategy for protecting an environment in which desert meets rainforest and temperatures can fluctuate between 30 and -30°C in the course of a single day. For centuries, Himalaya has captivated an illustrious succession of admirers, from explorers, surveyors and sportsmen, to botanists and zoologists, ethnologists and geologists, missionaries and mountaineers. Now, renowned historian John Keay introduces us to the myriad mysteries of this vast, confounding and utterly fascinating corner of the planet, and makes the case that it is one of our most essential – and endangered – wonders.

John Keay's involvement with Himalaya dates back to the 1960s when he was a foreign correspondent in Kashmir. In the 1970s he published two standard works on the exploration of the Western Himalayas and in the 1980s he wrote and presented a BBC Radio 3 documentary series on the Himalayan kingdoms. He has continued to specialise in Asian affairs and is probably the only writer in English ever to have produced 5000-year histories of both India and China. Keay is married, has four children, lives in the West Highlands and travels whenever when he can.



Untitled Andy Cato

Andy Cato

320pp
234 x 153mm
Hardback
£18.99
May 2023

Material Available: Manuscript available in September
Rights Sold: World Rights Available

Andy Cato is a mixed arable and livestock farmer and co-founder of Wildfarmed. He is the first Englishman to be awarded the Chevalier L'Order Mérite de Agricole - the equivalent of a knighthood for services to agriculture. Andy's unique Wildfarmed method brings the concept of rewilding to farming, combining the best of nature with modern technology to create thriving ecosystems and diverse, healthy soils. His original 100Ha farm in Gascony, where his farming journey began, was recognised as the most innovative farm in France when awarded the prestigious Lauréat National de l'Agro-Ecologie 2020. Now back on British soil, Andy is on a mission to take what he's learned and help other farmers adopt his Wildfarmed system so they can produce wheat that is not only more tasty and nutritious, but that eats up huge quantities of CO2 and restores biodiversity. The National Trust recently awarded Andy a rare 20 year tenure of a 295Ha organic farm in Oxfordshire which will become the home of Wildfarmed.



A Life in Light

Meditations on Impermanence

Mary Pipher

256pp
5 1/2 x 8 1/4
Hardback
\$27.00
June 2022

Material Available: Manuscript
Rights Sold: World Rights Available
Option Publishers: Arabic (Arab), Chinese Simplified (Citic), Korean (E*Publi), Czech (Grada), Russian (Piter), Brazil (Record), Dutch (Het Spectrum)

From the bestselling author of *Women Rowing North* and *Reviving Ophelia*—a memoir in essays reflecting on radiance, resilience, and the constantly changing nature of reality.

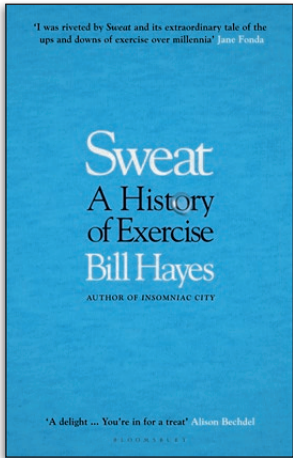
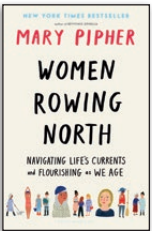
In her luminous new memoir in essays, Mary Pipher—as she did in her *New York Times* bestseller *Women Rowing North*—taps into a cultural moment, to offer wisdom, hope, and insight into loss and change. Drawing from her own experiences and expertise as a psychologist specializing in women, trauma, and the effect of our culture on our mental health, she looks inward in *A Life in Light* to what shaped her as a woman, one who has experienced darkness throughout her life but was always drawn to the light.

Her plainspoken depictions of her hard childhood and life's difficulties are dappled with moments of joy and revelation, tragedies and ordinary miseries, glimmers and shadow. As a child, she was separated from her parents for long periods. Those separations affected her deeply, but in *A Life in Light* she explores what she's learned about how to balance despair with joy, utilizing and sharing with readers every coping skill she has honed during her lifetime to remind us that there is a silver thread of resilience that flows through all of life, and that despite our despair, the light will return.

In this book, she points us toward that light.

Mary Pipher is a psychologist who has earned her the title of “cultural therapist” for her generation. She is the author of four *New York Times* bestsellers and lives in Lincoln, Nebraska.

ALSO AVAILABLE



Sweat

A History of Exercise

Bill Hayes

256pp
6 1/8 x 9 1/4
Hardback
\$28.00
January 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: Korean (Alma), Chinese Complex (PsyGarden), Greek (Ropi)

From *Insomniac City* author Bill Hayes, “who can tackle just about any subject in book form, and make you glad he did” (*SF Chronicle*)—a cultural, scientific, literary, and personal history of exercise.

Exercise is our modern obsession, and we have the fancy workout gear and fads from spin classes to hot yoga to prove it. Exercise—a form of physical activity distinct from sports, play, or athletics—was an ancient obsession, too, but as a chapter in human history, it's been largely overlooked.

In *Sweat*, Bill Hayes runs, jogs, swims, spins, walks, bikes, boxes, lifts, sweats, and downward-dogs his way through the origins of different forms of exercise, chronicling how they have evolved over time, dissecting the dynamics of human movement. Hippocrates, Plato, Galen, Susan B. Anthony, Jack LaLanne, and Jane Fonda, among many others, make appearances in *Sweat*, but chief among the historical figures is Girolamo Mercuriale, a Renaissance-era Italian physician who aimed singlehandedly to revive the ancient Greek “art of exercising” through his 1569 book *De arte gymnastica*. Though largely forgotten over the past five centuries, Mercuriale and his illustrated treatise were pioneering, and are brought back to life in the pages of *Sweat*. Hayes ties his own personal experience—and ours—to the cultural and scientific history of exercise, from ancient times to the present day, giving us a new way to understand its place in our lives in the 21st century.

Bill Hayes is a recipient of a Guggenheim Fellowship in nonfiction and is a frequent contributor to the *New York Times*. Hayes has completed the screenplay for a film adaptation of *Insomniac City*, currently in the works, and he is also a co-editor of Oliver Sacks's posthumous books. He lives in New York.



Reckoning

Writing into Existence/ Resistance

V (formerly Eve Ensler)

304pp
5 1/2 x 8 1/4
Hardback
\$28.00
January 2023

Material Available: Manuscript available in May
Rights Sold: World Rights Available
Option Publishers: Arabic (Al-Karma), Lithuanian (Alma), Polish (Swiat Ksiazki), French (Denoel), Spanish (Planeta), Portuguese (Almedina), Brazil (Pensamento), Italian (Il Saggiatore), Swedish (Ordfront), Bulgarian (Prozoretz), Korean (Prunsoop), Chinese Complex (PsyGarden), German (Ullstein)

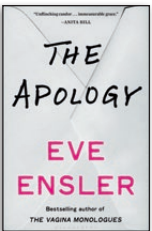
The work of a lifetime from the bestselling author of *The Vagina Monologues*—political, personal, profound, and more than forty years in the making.

The newest book from V (formerly Eve Ensler), *Reckoning* invites you to travel the journey of a writer's and activist's life and process over forty years, representing both the core of ideas that have become global movements and the methods through which V survived abuse and self-hatred. Seamlessly moving from the internal to the external, the personal to the political, *Reckoning* is a moving and inspiring work of prose, poetry, dreams, letters, and essays drawn from V's lifetime journals that takes readers from Berlin to Oklahoma to Congo, from climate disaster, homelessness, and activism to family.

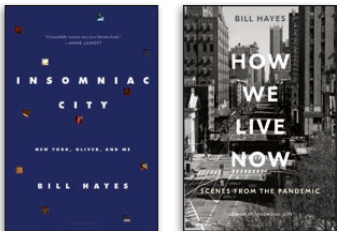
Unflinching, intimate, introspective, courageous, *Reckoning* explores ways to create an unstoppable force for change, to love and survive love, to hold people and states accountable, to reckon with demons and honor the dead, to reclaim the body, and to see oneself as connected to a greater purpose. It reimagines what seems fixed and intractable, providing a path to understand one's unique experience as deeply rooted in the world, to break through one's own boundaries, and to write oneself into freedom.

V (formerly Eve Ensler) is a Tony Award-winning playwright, author, performer, and activist. Her international phenomenon *The Vagina Monologues* has been published in 48 languages and performed in more than 140 countries. She is one of *Newsweek's* “150 Women Who Changed the World” and the *Guardian's* “100 Most Influential Women.” She lives in New York.

ALSO AVAILABLE



ALSO AVAILABLE





Transitional

Munroe Bergdorf

336pp
234 x 153mm
Hardback
£18.99
January 2023

Material Available: Sample Spreads
Rights Sold: Korean (Bookhouse Publishers)

Pre-order the wise, life-changing, ground-breaking book from writer and activist Munroe Bergdorf.

Transitioning is an alignment of the invisible and the physical. It is truth rising to the surface. It is one of the most fundamental aspects of the human condition – a part of our experience as a conscious being, no matter who we are.

As time goes on, we all develop as people. None of us ever becomes someone else entirely – regardless of how we identify – but nor do we stay the same forever. We all transition. It's what binds us, not what separates us.

In *Transitional*, activist and writer Munroe Bergdorf draws on her own experience and theory from key experts, change-makers and activists to reveal just how deeply ingrained transitioning is in human experience. This is a book to help bring us closer to a shared consciousness: a powerful guide to how our differences can be harnessed as a tool to heal, build community, and construct a better society.

Munroe Bergdorf is an activist, writer and model. She has spoken on international panels from Oxford to Princeton University and contributed to publications including the *Guardian*, *Evening Standard*, *Grazia*, *i-D*, *British Vogue*, *Elle*, *Teen Vogue* and *Paper Magazine*. In 2019, she was awarded an honorary doctorate for her contributions campaigning for transgender rights by the University of Brighton, and was recently appointed a National Advocate for UN Women UK. Her first film, 'What Makes a Woman', premiered on Channel 4 in 2018.



The Core of an Onion

Peeling the Rarest Common Food

Mark Kurlansky

256pp
5 1/2 x 8 1/4
Hardback
\$27.00
October 2022

Material Available: Manuscript due in May

Rights Sold: World Rights Available

Option Publishers: Italian (Nutrimenti), Japanese (Tsukiji Shokan), Ukrainian (Urbino), Thai (Gypsy), Japanese (Pan Rolling), Russian (Sindbad), Dutch (Het Spectrum), Korean (Wisemap)

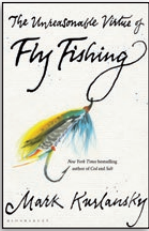
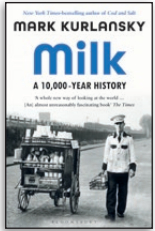
From the New York Times bestselling author of *Cod and Salt*, a delectable look at the cultural, historical, and gastronomical layers of one of the world's most beloved culinary staples.

As Julia Child once said, "It is hard to imagine a civilization without onions." Historically, she's been right—and not just in the kitchen. Uniquely flourishing in just about every climate and culture around the world, onions have provided the essential basis not only for sautés, stews, and stir fries, but for medicines, metaphors, and folklore. Abundantly commonplace yet extraordinarily indispensable, the onion is Kurlansky's newest global food fixation as he sets out to explore how and why the crop reigns over Wales to Italy and everywhere in between.

Featuring historical images and his own pen-and-ink drawings, Kurlansky begins with the science behind the only sulfuric acid-spewing plant, then digs through the twenty varieties of onion and the cultures built around them. Including twenty-five recipes from around the world, *The Core of an Onion* shares the secrets to celebrated Parisian chef Alain Senderens's onion soup eaten to cure late-night drunkenness; Hemingway's raw onion and peanut butter sandwich; and the Gibson, a debonair gin martini garnished with a pickled onion.

Mark Kurlansky is the *New York Times*-bestselling and James Beard Award-winning author of *The Unreasonable Virtue of Fly Fishing*, *Cod, Salt, Milk!*, *Havana*, *The Big Oyster*, *The Basque History of the World*, and *Salmon*, among other titles. He has received the Dayton Literary Peace Prize, Bon Appétit's Food Writer of the Year Award, and the Glenfiddich Award. He lives in New York City.

ALSO AVAILABLE



No Comment

The Reality of Becoming a Detective in the Met

Jess McDonald

320pp
234 x 153mm
Hardback
£14.99
May 2023

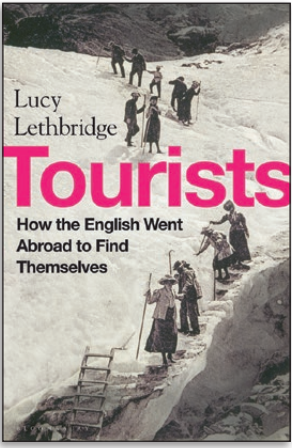
Material Available: Manuscript
Rights Sold: World Rights Available

An extraordinary, eye-opening memoir from a young woman who went from working at an advertising agency to being a fully qualified detective in just 9 months. She passed her training, but can she survive the realities of life in the Met Police?

Jess McDonald was a true crime junkie and *Line of Duty* sofa sleuth with a strong sense of injustice. Under a year later, she was a fully qualified detective in the London Metropolitan Police. The Direct Entry Scheme was a controversial new programme devised to tackle a recruitment crisis in the force. Jess was one of a hundred of the first rookies to go through an intense twenty-week training course, bypass time in uniform and fly solo as a detective investigating serious crime.

In Jess's incisive, original and eye-opening memoir she takes us from bizarre training rituals to harrowing encounters with the perpetrators and victims of violent crime against women and girls, exploring what it really means to be responsible for 'keeping London safe for everyone'. We see the immense pressure she is put under as she struggles to adapt to her extraordinary new circumstances – and weighs up whether she will survive in the force as it is.

Jess McDonald is the first-time author of *No Comment*; the story of her journey from true crime enthusiast and sofa sleuth to detective in the Met Police (it's a wild ride). Ever the optimist, Jess hopes to write many more books and dreams of making investigative documentaries. She is all about equality, justice, compassion and faith in humanity. That said, she's not telling you where she lives.



Tourists

How the British Went Abroad to Find Themselves

Lucy Lethbridge

368pp
234 x 153mm
Hardback
£20.00
July 2022

Material Available: 1st Pass

Rights Sold: World Rights Available

A brilliantly entertaining and authoritative history of British tourism, from 1750 to 1950.

'It is the paramount wish of every English heart, ever addicted to vagabondizing, to hasten to the Continent...'

In the early 1800s, a new social phenomenon was born in Britain. The exploration of Europe, previously the preserve of the wealthy and aristocratic, began to be taken up by the British middle-classes. The era of the lofty Grand Tour was over; here instead was the advent of tourism as we know it today.

In *Tourists*, Lucy Lethbridge brings the voices of ordinary British travellers vividly to life. She charts the rise of guidebooks, explores the connection between tourism and mass production and shines a light on the evolving public attitudes towards leisure. Sweeping in its scope, extensively researched and brilliantly observed, *Tourists* is an original and fascinating portrait of Brits abroad, with all their foibles and eccentricities. It spans two centuries of British experiences of travel: from the allure of Spanish seaside holidays to the alarming nature of foreign food, from the appetite for architecture and art to the tragedy of sourcing a proper cup of tea.

Lucy Lethbridge has written for a number of publications and is also the author of several children's books, one of which, *Who Was Ada Lovelace?*, won the 2002 Blue Peter Award for non-fiction. She is the author of *Spit and Polish* (2016) and *Servants*, published to critical acclaim in 2013. She lives in London.



Giacometti in Paris

A Life

Michael Peppiatt

416pp
234 x 153mm
Hardback
£30.00
March 2023

Material Available: Unedited Manuscript
Rights Sold: World Rights Available

A portrait of one of the twentieth century’s greatest sculptors from one of our greatest art historians.

In January 1966, when twenty-five-year-old Michael Peppiatt was about to move to Paris, his friend Francis Bacon wrote him a letter of introduction to Alberto Giacometti. By the time the young journalist reached France just days later, the great artist had died...

Nevertheless, Peppiatt became devoted to the sculptor’s work and to Paris itself, staying on for the next thirty years. Following such celebrated work as *Francis Bacon in Your Blood*, Peppiatt now explores Giacometti’s unusually intimate association with Paris during its intellectual revolutions before and after the Second World War, including the many outstanding writers, artists and other personalities with whom he associated there.

Not only did Giacometti find his place rapidly at the forefront of the artistic and literary ferment that set Paris apart in the 1920s and again in the 1940s, he also partly shaped the way others came to see the city. Giacometti’s images – a Surrealist object, a ‘Walking Man’, a ‘Standing Woman’, a sketch of leafless trees or a café interior – speak unmistakably of a specific Paris at a specific time. His tentative figures could not have emerged anywhere other than from the grey air and crumbling stone of the capital’s humbler areas, nor could Paris claim its full identity without those images.

From falling in and out with the Surrealists to finding his own voice and style, from his family life to friendships and relationships, *Giacometti in Paris* is an intimate portrait of an exceptional artist at an exceptional time.



I Saw Death Coming

African Americans in the War After the Civil War

Kidada E. Williams

352pp
6 1/8 x 9 1/4
Hardback
£28.00
January 2023

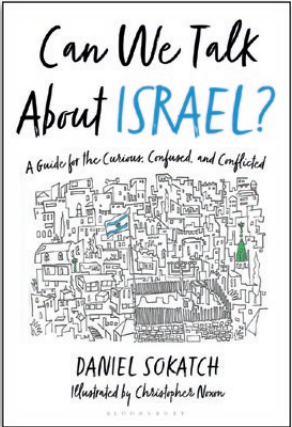
Material Available: Final manuscript
Rights Sold: World Rights Available

From a groundbreaking scholar, a heart-wrenching examination of the struggle for survival in the Reconstruction-era South, and what it cost.

The story of Reconstruction is often told from the perspective of the politicians, generals, and journalists whose accounts have claimed an outsized place in Americans’ collective memory. But this pivotal era looked very different to African-Americans in the South who successfully transitioned from slavery to freedom after 1865, only to have that freedom besieged by a deliberate campaign of white supremacist violence that persisted through the 1880s and beyond.

In *I Saw Death Coming*, Kidada E. Williams offers a breakthrough account of this much-debated period, transporting readers into the daily existence of formerly enslaved people building new lives. Drawing on overlooked sources and archives, Williams offers a revelatory and, in some cases, minute-by-minute record of nighttime raids and Ku Klux Klan strikes. And she deploys cutting-edge scholarship on trauma to consider how the effects of these attacks would linger for generations to come. *I Saw Death Coming* is an indelible and essential book that speaks to some of the most pressing questions of our times.

Kidada E. Williams is Associate Professor of History at Wayne State University and author of *They Left Great Marks on Me*. After the Charleston Massacre, Williams co-developed #CharlestonSyllabus, an internationally recognized crowd-sourced guide that she then co-edited into a book with the University of Georgia Press. Williams has been interviewed on NPR’s Morning Edition and On Point, and her essays have appeared in the *New York Times*, *Slate*, and multiple scholarly journals. She lives in Detroit.



Can We Talk About Israel?

A Guide for the Curious, Confused, and Conflicted

Daniel Sokatch

384pp
5 1/2 x 8 1/4
Hardback
£25.00
October 2021

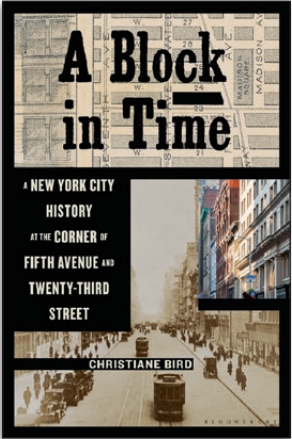
Material Available: Final files
Rights Sold: Japanese (NHK Publishing) , Portuguese (Bertrand Editora Portugal), Turkish (Potink), Ukrainian (Laboratory)

From the expert who understands both sides of one of the world’s most complex, controversial conflicts, a modern-day *Guide for the Perplexed*—a primer on Israel and the Israeli-Palestinian issue.

“Can’t you just explain the Israel situation to me? In, like, 10 minutes or less?” This is the question Daniel Sokatch is used to answering on an almost daily basis. As the head of the New Israel Fund, an organization dedicated to equality and democracy for all Israelis, not just Jews, Sokatch is supremely well-versed on the Israeli conflict. *Can We Talk About Israel?* is the story of that conflict, and of why so many people feel so strongly about it without actually understanding it very well at all. It is an attempt to grapple with a century-long struggle between two peoples that both perceive themselves as (and indeed are) victims. And it’s an attempt to explain why Israel (and the Israeli-Palestinian conflict) inspires such extreme feelings. Complete with engaging illustrations by Christopher Noxon, *Can We Talk About Israel?* is an easy-to-read yet penetrating and original look at the history and basic contours of one of the most complicated conflicts in the world.

Daniel Sokatch is the chief executive officer of the New Israel Fund (NIF). Sokatch has been named four times to the *Forward*’s “Forward 50,” an annual list of the fifty leading Jewish decision makers and opinion shapers. His writing has appeared in the *New York Times*, *Washington Post*, *Los Angeles Times*, and other publications. He lives in San Francisco, USA.

Christopher Noxon (illustrator) is a journalist and illustrator whose work has appeared in the *New Yorker*, the *Atlantic*, the *New York Times Magazine*, *Salon*, and his book *Good Trouble*. He writes and draws in California.



A Block in Time

A New York City History at the Corner of Fifth Avenue and Twenty-Third Street

Christiane Bird

384pp
6 1/8 x 9 1/4
Hardback
\$28
June 2022

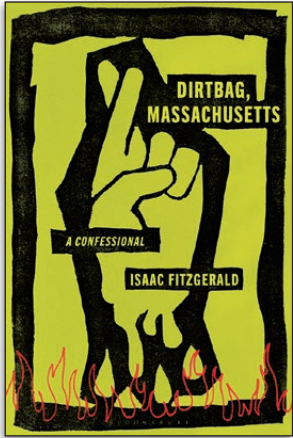
Material Available: Final files
Rights Sold: World Rights Available

Gotham meets *The Island at the Center of the World* in this dazzling history of a single block in Manhattan from the Age of Exploration to the present.

This is the story of New York City, told through the prism of one block. It’s a story high life and low life, immigrants and tourists, farmers and aristocrats, crooked cops and moral reformers, toy stores and social climbers – from Solomon Pieters, a former slave who was the first owner of the block, to Alexander “Clubber” Williams, the notorious police officer of the 1870s who accepted bribes and wielded his club with equal impunity, to Marietta Stevens, whose Sunday-night socials and scheming became the stuff of legend. Greed and generosity, guilt and innocence, extravagance and degradation – all have flourished on this one Manhattan block, emblematic of the city as a whole.

Venturing from the opulent halls of the Fifth Avenue Hotel to grimy Sixth Avenue brothels, from the era of the Lenape to that of the Dutch, from the Gilded Age to the twentieth century, when the block and the city were transformed into something closely resembling the Manhattan we know today, *A Block in Time* takes us on a dynamic, exhilarating tour of history. Welcome to New York, past and present, and hear all the sordid and edifying stories this small patch of land has to tell.

Christiane Bird is the author of *The Sultan’s Shadow*; *A Thousand Sighs, a Thousand Revolts*; and *Neither East Nor West*, among other titles. She has worked on staff for the *New York Daily News* and has written for the *Wall Street Journal*, *Washington Post*, *Los Angeles Times*, and *Miami Herald*, among other publications. She lives in New York City with her family.



Dirtbag, Massachusetts

A Confessional

Isaac Fitzgerald

256pp
5 1/2 x 8 1/4
Hardback
£16.99
August 2022

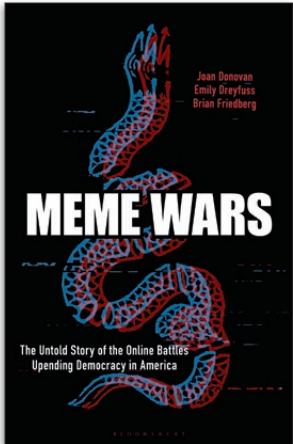
Material Available: 2nd pass
Rights Sold: World Rights Available

"Any fool can confess. It's the rare writer who reveals, and *Dirtbag, Massachusetts* is a heart on the sleeve, demons in check, eyes unblinking, unbearably sad, laugh-out-loud funny revelation." — MARLON JAMES

Isaac Fitzgerald has lived many lives. He's been an altar boy, a bartender, a fat kid, a smuggler, a biker, a prince of New England. But before all that, he was a bomb that exploded his parents' lives—or so he was told. In *Dirtbag, Massachusetts*, Fitzgerald, with warmth and humor, recounts his ongoing search for forgiveness, a more far-reaching vision of masculinity, and a more expansive definition of family and self.

Fitzgerald's memoir-in-essays begins with a childhood that moves at breakneck speed from safety to violence, recounting an extraordinary pilgrimage through trauma to self-understanding and, ultimately, acceptance. From growing up in a Boston homeless shelter to bartending in San Francisco, from smuggling medical supplies into Burma to his lifelong struggle to make peace with his body, Fitzgerald strives to take control of his own story: one that aims to put aside anger, isolation, and entitlement to embrace the idea that one can be generous to oneself by being generous to others.

Isaac Fitzgerald appears frequently on The Today Show and is the author of the bestselling children's book *How to Be a Pirate* as well as the co-author of *Pen & Ink* and *Knives & Ink* (winner of an IACP Award). His writing has appeared in the *New York Times*, the *Guardian*, the *Best American Nonrequired Reading*, and numerous other publications. He lives in Brooklyn.



Meme Wars

The Untold Story of the Online Battles Upending Democracy in America

Joan Donovan, Emily Dreyfuss & Brian Friedberg

400pp
6 1/8 x 9 1/4
Hardback
£28.00
September 2022

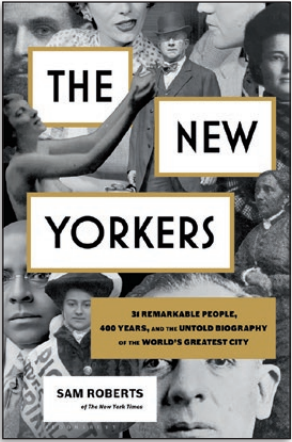
Material Available: First pass
Rights Sold: World Rights Available

A groundbreaking investigation into the alt-Right's use of memes as a tool to gain unprecedented political and cultural power, from a masterful trio of experts in media and tech.

How did a group of fringe online micro-celebrities, trafficking in nonsense and conspiracy, rock the foundations of American democracy?

Drafted into the Meme Wars pulls back the curtain on the digital war room, where the "Carnage at the Capitol" went from online to in real life. The authors examine alt-right political capital in the form of memes: memorable pieces of media or rhetoric, including slogans and images, that can be recontextualized, tweaked, and built upon to spread ideas. Organized and armed with these weapons of communication at their disposal, the alt-right has gained support at unprecedented speeds as the war of disinformation wages on without Donald J. Trump in office—or on Twitter. With the narrative style of a political thriller, and the substance of a deeply-researched history, *Drafted into the Meme Wars* will be the most complete, and most timely, explanation of how Trump led his hoard into a revolution, and what it means for the future of American democracy, technology, and all of us.

Joan Donovan, PhD, is the research director of Harvard Kennedy School's Shorenstein Center and one of the foremost experts on media and disinformation in the world. Emily Dreyfuss is a journalist who covers the intersection of society and technology; her writing has appeared in WIRED, The Atlantic, and The New York Times, among other publications. Brian Friedberg is an ethnographer at Harvard Kennedy School, who researches far-right and political communities online and published definitive Qanon explainers in WIRED and The Hill.



The New Yorkers

31 Remarkable People, 400 Years, and the Untold Biography of the World's Greatest City

Sam Roberts

336pp
6 1/8 x 9 1/4
Hardback
\$30.00
October 2022

Material Available: Manuscript available in May
Rights Sold: World Rights Available

From the *New York Times* Urban Affairs reporter, the story of the world's most exceptional city, told through 31 little-known yet pivotal inhabitants — just in time for the city's 400th birthday.

With its vast, pulsating history, some of the most vital contributions to the lifeblood of New York won't be found in boldface names—and in *The New Yorkers*, you'll meet the city anew through 31 of key New Yorkers you've never heard of. *The New Yorkers* introduces us to the first woman to appear nude in a motion picture, becoming the face of "Civic Fame" as Miss Manhattan; the couple whose soirée ended the Gilded Age with an embarrassing bang; the husband and wife who invented the modern celebrity talk show. You'll discover the victim of the city's first recorded murder in the 17th century and the high school dropout who slashed crime rates in the 20th. The notorious mobster who was remarkably banished from the city and the woman who successfully sued a bus company for racial discrimination a century before Rosa Parks. There are some whose forgotten grandeur deserved monuments, others whose discreet sway shepherded the city through its perpetual transmutation—yet all have vanished into the void of uncombed history. *The New Yorkers* is a living biography of the world's most extraordinary city. No one knows New York better than Sam Roberts—and no one is better at bringing its history to life.

Sam Roberts, a 50-year veteran of New York journalism, is an obituaries reporter and formerly the Urban Affairs correspondent at the *New York Times*. He is the author of *A History of New York in 27 Buildings*, *A History of New York in 101 Objects*, and *Grand Central: How a Train Station Transformed America*, among others. A history adviser to Federal Hall, he lives in New York with his wife and two sons.



Tough Guy

The Life of Norman Mailer

Richard Bradford

304pp
234 x 153mm
Hardback
£20.00
January 2023

Material Available: Manuscript
Rights Sold: World Rights Available

A biography of an extraordinary writer, often magnificent and groundbreaking, often courageous and controversial, and sometimes outrageous and terrible.

Mailer was involved in all aspects of the making of contemporary America. From his first novel onwards, he posed questions regarding his county's global role and status, wrote about race and the African American experience in a manner that was unprecedented – no-one had dared to raise such issues as he did in the 1950s – and about his radical perceptions of sexuality, male and female, which predated the feminist wave of the 1960s. His notion of American society as repressed and corrupt was far more radical than anything conceived of by Marxists.

There is no-one in literature that merits comparison with him. He is, particularly in America, a figure whose cult-like status is unrivalled and who remains the subject of controversy on what writers are supposed to be and do. Twice winner of the Pulitzer Prize, firstly in 1969 for *The Armies of the Night* and again in 1980 for *The Executioner's Song*, Mailer is one of America's most revered writers.

Richard Bradford is Research Professor in English at Ulster University and Visiting Professor at the University of Avignon. He has published over thirty acclaimed books, including a biography of Philip Larkin, which was an Independent Book of the Year; the authorised biography of Alan Sillitoe; a life of Kingsley Amis; and a biography of Kingsley's son, Martin. He has written for the *Spectator* and the *Sunday Times* and has been interviewed on his work for various BBC Radio Arts programmes.



Old Rage
Sheila Hancock

272pp
234 x 153mm
Hardback
£18.99
June 2022

Material Available: Proofs
Rights Sold: World Rights Available

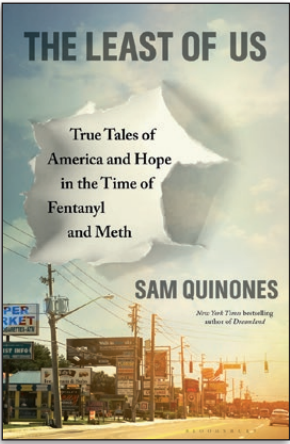
A gloriously irreverent memoir from the frontline of old age by the *Sunday Times*-bestselling author and legendary actor.

Sheila Hancock looked like she was managing old age. She had weathered and even thrived in widowhood, taking on acting roles that would have been demanding for a woman half her age. She had energy, friends, a devoted family, a lovely home. She could still remember her lines.

So why, at 84, having sailed past supposedly disturbing milestones – 50, 70 even 80 – without a qualm, did she suddenly feel so furious? Shocking diagnoses, Brexit and bereavement seemed to knock her from every quarter. And that was before lockdown.

In *Old Rage*, one of Britain's best loved actors opens up about her ninth decade. Funny, feisty, honest, she makes for brilliant company as she talks about her life as a daughter, a sister, a mother, a widow, an actor, a friend and looks at a world so different from the wartime world of her childhood. And yet – despite age, despite rage – she finds there are always reasons for joy.

Sheila Hancock, one of Britain's most highly regarded and popular actors, received a Damehood for services to drama and charity in 2021. Since the 1950s she has enjoyed a career across film, television, theatre and radio. Her first big television role was in the BBC sitcom *The Rag Trade* in the early 1960s. She has directed and acted for the Royal Shakespeare Company and the National Theatre. She lives in London and France.



The Least of Us
True Tales of America and Hope in the Time of Fentanyl and Meth
Sam Quinones

432pp
6 1/8 x 9 1/4
Hardback
\$28
November 2021

Material Available: Final files
Rights Sold: World Rights Available

From the *New York Times* bestselling author of *Dreamland*, a searing follow-up that explores the terrifying next stages of the opioid epidemic and the quiet yet ardent stories of community repair.

Sam Quinones traveled from Mexico to main streets across the U.S. to create *Dreamland*, a groundbreaking portrait of the opioid epidemic that awakened the nation. As Americans struggled to put back the pieces, Quinones was among the first to see the dangers that lay ahead. In fentanyl, traffickers had found a painkiller a hundred times more powerful than morphine. They laced it into cocaine, meth, and counterfeit pills to cause tens of thousands of deaths—at the same time as Mexican traffickers made methamphetamine cheaper and more potent than ever. Quinones hit the road to investigate these new threats, discovering how addiction is exacerbated by consumer-product corporations. Amid a landscape of despair, he managed to find hope in those embracing the forgotten and ignored, illuminating the striking truth that we are only as strong as our most vulnerable.

Weaving analysis of the drug trade into stories of humble communities, *The Least of Us* delivers an unexpected and awe-inspiring response to the call that shocked the nation in Sam Quinones's award-winning *Dreamland*.

Sam Quinones is a journalist, storyteller, former LA Times reporter, and author of three acclaimed books of narrative nonfiction, including *New York Times* bestseller and National Book Critics Circle Award winner *Dreamland: The True Tale of America's Opiate Epidemic*. “The most original writer on Mexico and the border” (*San Francisco Chronicle*), he lives with his family in Nashville, Tennessee.



Breath Better Spent
Living Black Girlhood
DaMaris B. Hill

176pp
5 1/2 x 8 1/4
Hardback
£18.99
March 2022

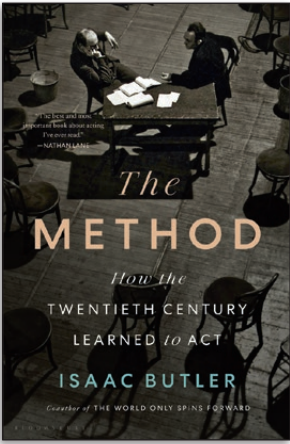
Material Available: Final files
Rights Sold: World Rights Available

From the award-winning and critically acclaimed author of *A Bound Woman Is a Dangerous Thing* comes a new book of narrative in verse that takes a personal and historical look at the experience of Black girlhood.

In *Breath Better Spent*, DaMaris B. Hill hoists her childhood self onto her shoulders, together taking in the landscape of Black girlhood in America. At a time when Black girls across the country are increasingly vulnerable to unjust violence, unwarranted incarceration, and unnoticed disappearance, Hill chooses to celebrate and protect the girl she carries, using the narrative-in-verse style of her acclaimed book *A Bound Woman is a Dangerous Thing* to revisit her youth. There, jelly sandals, Double Dutch beats, and chipped nail polish bring the breath of laughter; in adolescence, pomegranate lips, turntables, and love letters to other girls' boyfriends bring the breath of longing. Yet these breaths cannot be taken alone, and as she carries her childhood self through the broader historical space of Black girls in America, Hill is forced to grapple with expression in a space of stereotype, desire in a space of hyper-sexuality, joy in a space of heartache.

Paying homage to prominent Black female figures from Zora Neale Hurston to Whitney Houston and Toni Morrison, *Breath Better Spent* invites you to walk through this landscape, too, exploring the spaces—both visible and invisible—that Black girls occupy in the national imagination.

DaMaris B. Hill, PhD, is the author of *A Bound Woman Is a Dangerous Thing*, *The Fluid Boundaries of Suffrage* and *Jim Crow: Staking Claims in the American Heartland*; and a collection of poetry, *Vi-ze-bel\ \Teks-chers\ (Visible Textures)*. As with her creative process, Hill's scholarly research is interdisciplinary. An Associate professor of Creative Writing at the University of Kentucky and a former service member of the US Air Force, she lives in Kentucky.



The Method
How the Twentieth Century Learned to Act
Isaac Butler

512pp
6 1/8 x 9 1/4
Hardback
£30.00
February 2022

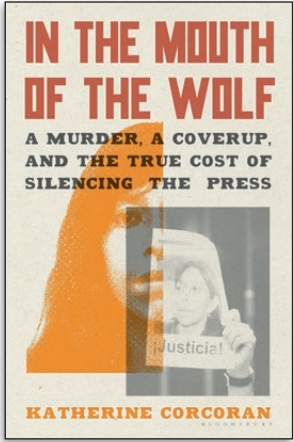
Material Available: Final files
Rights Sold: World Rights Available

From the co-author of *The World Only Spins Forward* comes the first cultural history of Method acting—an ebullient account of creative discovery and the birth of classic Hollywood.

On stage and screen, we know a great performance when we see it. But how do actors draw from their bodies and minds to turn their selves into art? What is the craft of being an authentic fake? More than a century ago, amid tsarist Russia's crushing repression, one of the most talented actors ever, Konstantin Stanislavski, asked these very questions, reached deep into himself, and emerged with an answer. How his “system” remade itself into the Method and forever transformed American theater and film is an unlikely saga that has never before been fully told.

Now, critic and theater director Isaac Butler chronicles the history of the Method in a narrative that transports readers from Moscow to New York to Los Angeles, from *The Seagull* to *A Streetcar Named Desire* to *Raging Bull*. Studded with marquee names—from Marlon Brando, Marilyn Monroe, and Elia Kazan, to James Baldwin, Ellen Burstyn, and Dustin Hoffman—*The Method* is a spirited history of ideas and a must-read for any fan of Broadway or American film.

Isaac Butler is the co-author of *The World Only Spins Forward: The Ascent of Angels in America*. His writing has appeared in *New York* magazine, *Slate*, the *Guardian*, *American Theatre*, and other publications. He currently co-hosts *Working*, a podcast about the creative process. His work as a director has been seen on stages throughout the United States. Butler holds an MFA in creative nonfiction from the University of Minnesota and teaches theater history and performance at the New School and elsewhere. He lives in Brooklyn.



In the Mouth of the Wolf

A Murder, A Cover-Up, and the True Cost of Silencing the Press

Katherine Corcoran

320pp
6 1/8 x 9 1/4
Hardback
£28.00
October 2022

Material Available: First pass
Rights Sold: World Rights Available

Former AP Mexico bureau chief Katherine Corcoran's pulsating investigation into the murder of a legendary woman journalist on the verge of exposing government corruption in Mexico.

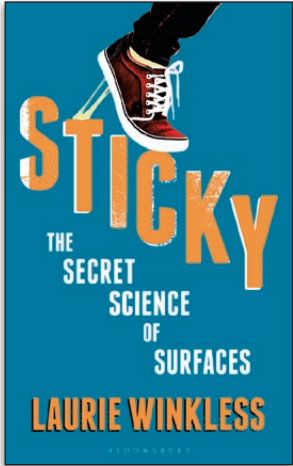
Regina Martínez was a journalist out of Mexico's Gulf Coast state of Veracruz whose stories laid out corruption, abuse, and the general underside of Mexican politic to a national audience. In 2012, just as she uncovered damning evidence about the disappearance of thousands of Mexican people, Regina was murdered in cold blood. The message was clear: No journalist in Mexico was safe.

Distraught by the news of her death, Katherine Corcoran, then leading the Associated Press coverage of Mexico, journeyed to Veracruz to find out what had happened. Once there, she and four of Regina's grief-stricken mentees battled cover-ups, cartel bosses, red tape, and death threats to sift through the mess of lies—and discover the story Regina died protecting.

A gripping look at reporters who dare to step on the deadly “third rail,” where the state and organized crime have become indistinguishable, *In the Mouth of the Wolf* confronts how silencing the free press threatens basic protections and rule of law across the globe.

Katherine Corcoran is a former Associated Press bureau chief and Hewlett Fellow for Public Policy at the University of Notre Dame. In addition to recent articles in the *Washington Post* and *Houston Chronicle*, Corcoran has regular speaking engagements at the University of Notre Dame and many other universities. She lives in Phoenix.

SIGMA



Sticky
The Secret Science of Surfaces

Laurie Winkless

336pp
216 x 135mm
Hardback
£16.99
November 2021

Material Available: Finished copies
Rights Sold: Chinese (simple) (United Sky New Media Co.), Chinese (complex) (Morning Star Publishing), Korean (SO WOO JOO)

Exploring the world of friction – a force of the nano-world with a very big impact on our lives.

You are surrounded by stickiness. With every step you take, air molecules cling to you and slow you down; the effect is harder to ignore in water. When you hit the road, whether powered by pedal or engine, you rely on grip to keep you safe. The Post-it note and glue in your desk drawer. The non-stick pan on your stove. The fingerprints linked to your identity. The rumbling of the Earth deep beneath your feet, and the ice that transforms waterways each winter. All of these things are controlled by tiny forces that operate on and between surfaces, with friction playing the leading role.

So do we *really* understand this force? Can we say with certainty that we know how a gecko climbs, what's behind our sense of touch, or why golf balls, boats and aircraft move as they do? Join physicist Laurie Winkless as she seeks out the answers from experts scattered across the globe, uncovering a stack of scientific mysteries along the way.

Laurie Winkless is an Irish physicist and author. After a physics degree and a masters in space science, she joined the UK's National Physical Laboratory as a research scientist, specialising in functional materials. Now based in New Zealand, Laurie has been communicating science to the public for 15 years. Since leaving the lab, she has worked with scientific institutes, engineering companies, universities, and astronauts, amongst others. Her writing has featured in outlets including *Forbes*, *Wired*, and *Esquire*, and she appeared in *The Times* magazine as a leading light in STEM. Laurie's first book was *Science and the City*, also published by Bloomsbury.



Wilder
How Rewilding is Transforming Conservation and Changing the World

Millie Kerr

320pp
216 x 135mm
Hardback
£16.99
August 2022

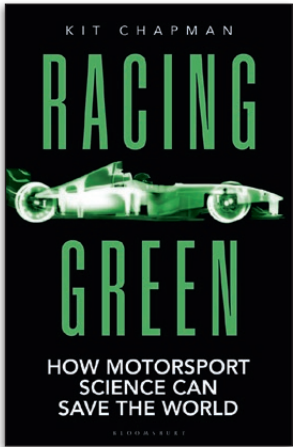
Material Available: Manuscript available in May
Rights Sold: World Rights Available

Wilder takes readers on a global rewilding journey, showing them innovative projects that take a variety of approaches and are led by a diverse group of passionate environmentalists.

Rewilding is a relatively new approach to wildlife conservation that has incredible potential. If conservation seeks to preserve what remains and stave off further declines, rewilding goes further, seeking to restore entire ecosystems by bringing back species that have gone locally extinct.

In a timely and exciting addition to a wider conversation about our relationship with the wild, conservation journalist Millie Kerr takes a closer look at the practicalities (and possibilities) of rewilding while spotlighting unique success stories. They cover a spectrum of conservation methods; at one end is the 'passive' approach that focuses on ecological restoration – in essence, allowing land to recover naturally. At the other end is what might be termed 'active' rewilding, where habitats are actively restored and keystone species are reintroduced to quicken the process of recovery.

Millie Kerr is a lawyer-turned-writer, focusing on wildlife conservation. Her creative essays and reported articles have appeared in dozens of American and British publications, including *The Economist*, the *Guardian*, *National Geographic*, *New York Times*, *Popular Science*, and *Wall Street Journal*. Millie has also worked for Panthera and the Wildlife Conservation Society; and has been retained by African Parks, Elephant Family, and Fauna & Flora International as an external consultant. She is a skilled wildlife photographer and has won several awards for her images.



Racing Green
How Motorsport Science Can Save the World

Kit Chapman

320pp
234 x 153mm
Hardback
£20.00
March 2022

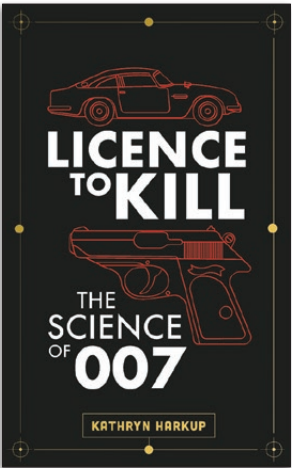
Material Available: Final files
Rights Sold: World Rights Available
Option Publishers: Japanese (Hayakawa), Chinese Simplified (Posts & Telecom)

Racing Green is the story of how motorsport science has become smarter and more environmentally friendly, and how these developments on the track are changing the world.

Motor racing is the most scientifically demanding sport in the world: a combination of peak physical and mental skill, world-class mechanical nous and technological innovation. Ideas first pioneered during races – from ABS brakes to crash helmets – have been incorporated into car designs around the world to improve racing safety. And cleaner technologies first trialled and improved in modern racing are also informing the designs of everyday vehicles, such as better electric cars and more efficient fuels and tyres.

Racing Green is a mix of travelogue and historical retrospective, combining visits to the experts and discussing the science with retellings of real-life incidents that represent milestones in modern car development.

Kit Chapman is an award-winning journalist and adventurer. With more than a decade of experience writing for titles such as *Nature*, *New Scientist*, *Chemistry World*, *Physics World* and the *Daily Telegraph*, his work has taken him to more than 60 countries as he seeks amazing tales from the cutting edge of science. He has interviewed more than a dozen Nobel prize winners, been inside the world's fastest computer and once convinced an Oscar-winning actress he was a cyborg. Kit has a PhD in the history and philosophy of science from the University of Sunderland and a masters degree in pharmacy from the University of Bradford. His first book, *Superheavy*, was shortlisted for the AAAS/Subaru Prize for Excellence in Science books.



Licence to Kill
The Science of 007

Kathryn Harkup

320pp
216 x 135mm
Hardback
£16.99
September 2022

Material Available: Manuscript due in May
Rights Sold: World Rights Available
Option Publishers: French (Lattes), Spanish (Libsa); Brazilian (Darkside), Japanese (Iwanami Shoten), Chinese Complex (Rye Field), Korean (Thinking Power)

Investigating the science behind James Bond and his foes.

Ian Fleming's series of novels based on the adventures of the secret service agent James Bond have thrilled and delighted readers since 1953. And when the film of *Dr No* was released in 1962, Bond quickly became one of the world's favourite secret agents. Science and technology have always been central to the thrilling plots than make up the world of Bond, and in this book Kathryn Harkup explores this; as in some of her previous books, she takes the angle of death as a starting point to explore the science behind the story. Naturally, there are 007 chapters, covering the full range of Bond's exploits, and the arms, technologies, tactics and downfalls of his various foes.

In *Licence to Kill*, Kathryn turns her expert eye on the world's favourite secret agent, using the hook of Bond's enduring popularity to discuss the realities behind the silver screen. Could our favourite Bond villains actually achieve world domination? Were the huge variety of weapons and technology in Bond's arsenal ever actually developed? And would 007 actually escape all those close shaves with his life intact? Readers will see the Bond films through new eyes.

Kathryn Harkup is a chemist and author. Kathryn is currently a freelance science communicator delivering talks and workshops on the quirky side of science. She is the author of *A is for Arsenic: The Poisons of Agatha Christie*, *Making the Monster: The Science of Mary Shelley's Frankenstein* and *Death by Shakespeare*.

ALSO AVAILABLE



ALSO AVAILABLE





Eaten
When We're On The Menu
Adam Hart

288pp
216 x 135mm
Hardback
£16.99
February 2023

Material Available: Manuscript due in May
Rights Sold: World Rights Available

Whether it's lions in Africa, tigers in India or sharks in the ocean, we are fascinated with, and terrified of, predators. Animals that can hunt, kill, and eat us occupy a special place in the human psyche, and for good reason. Predation is, after all, a big part of our evolutionary history. But even in the modern world there are many people who live alongside animals that can, and sometimes do, make them prey.

In *Eaten*, Adam Hart explores the complex relationships we have with predators and investigates the extent to which humans become prey. From big cats to army ants, via snakes, bears, wolves, crocodiles, piranhas and more, Hart busts some myths and explores the science behind attacks. And of course, despite their fearsome reputations, many of these animals have far more to fear from us than we do from them. By probing the latest conservation science, Hart finds out how we can conserve the world's predators and live safely alongside them.

Adam Hart is an entomologist and Professor of Science Communication at the University of Gloucestershire. He is a regular broadcaster for Radio 4, including documentaries such as *Inside the Killing Jar*, *Big Game Theory*, *Raising Allosaurus*, and *On the Trail of the American Honeybee*. He has also presented *Science in Action* for the BBC World Service. On television, Adam has co-presented several documentary series, most notably BBC4's *Planet Ant: Life Inside the Colony*, BBC2's *Life on Planet Ant* and BBC2's *Hive Alive*. Adam is the author of more than one hundred scientific research papers. His previous popular science book was 2015's *The Life of Poo*.



We Need to Talk
About Relationships
Laura Mucha

288pp
216 x 135mm
Paperback
£12.99
January 2023

Material Available: Manuscript available in May
Rights Sold: World Rights Available

Following the publication of the successful *Love Actually*, Laura Mucha found that the subject she touched on in the book that caught everyone's attention most was attachment theory. While it is one of the most significant theories of human development in the last century and one of the most researched areas of psychology, there isn't much available to a normal person about what it is, how it impacts every aspect of your life and how it can be changed. *We Need to Talk About Relationships* explains what attachment theory is, examines how people's attachment patterns impact different aspects of their lives, and investigates how to go about changing them for the better.

This in-depth and engaging account of attachment theory will equip readers with the knowledge to consider their own attachment styles and make decisions about their relationships that will enrich their lives. It will answer all the questions readers have ever had about how their relationships work, using science and personal stories to explore one of the most difficult areas of our lives in an unpatronizing, non-judgemental, kind and compassionate way.

Laura Mucha studied psychology, philosophy and flying trapeze, worked as a face painter and swam in Antarctica before becoming a lawyer for an international law firm. Then, when she was hit by a car aged 29, she decided to change career – she's now an award-winning poet, author and speaker.. Laura has undertaken training in attachment psychotherapy at the Bowlby Centre, and is currently completing a Foundation in Individual and Couple's Therapy at the Tavistock, one of the world's leading institutions for couple's therapy.



Into the Groove
The Story of Sound From
Tin Foil to Vinyl
Jonathan Scott

320pp
216 x 135mm
Hardback
£16.99
March 2023

Material Available: Sample chapter
Rights Sold: World Rights Available

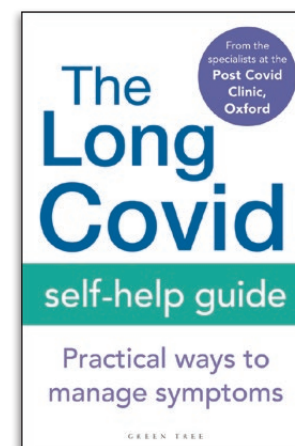
The story of recorded sound – the technological developments, the humans that made them happen and the impact they had on society.

While Thomas Edison's phonograph represented an important turning point in the story of recorded sound, it was really only the tip of the iceberg, and came after decades of invention, tinkering and experiment. *Into the Groove* tells the story of the birth of recorded sound, from the earliest serious attempts in the 1850s all the way up to the vinyl resurgence we're currently enjoying. This book celebrates the ingenuity, rivalries and science of the modulated groove.

Vinyl collector and music buff Jonathan Scott dissects a mind-blowing feat that we all take for granted today – the domestication of sound. He examines the first attempts to record and reproduce sounds, the origin of the phonograph, and the development of commercial shellac discs. Later he moves through the fascinating story of the LP record, from the rise of electric recording to the fall of 7-inch vinyl, the competing speed and format wars, and an epilogue that takes the story up to the present-day return of vinyl to vogue. Read this book, and find a new appreciation of the not-so-simple black disc that holds a special place in the history of music and sound.

Jonathan Scott is a vinyl collector, journalist and music buff, and has been collecting records since he was seven years old. He's written about weird, rare and collectable vinyl for *Record Collector*, edited books about Prince, Jefferson Airplane, The Grateful Dead, and written about Nirvana, The Venga Boys and lots of others in between. His first book, *The Vinyl Frontier*, told the story of NASA's 'golden record' on the Voyager missions.

GREEN TREE



The Long Covid Self-Help Guide

Practical Ways to Manage Symptoms

Specialists from The Post Covid Clinic, Oxford

208pp
234 x 153mm
Paperback
£14.99
March 2022

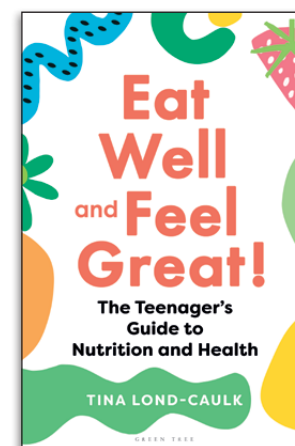
Material Available: Finished copies
Rights Sold: Bulgarian (Iztok Zapad), Estonian (Julius Press OÜ), German (Rowohlt Verlag)

The first practical, accessible self-help guide to managing symptoms of Long Covid.

More than 1 million people suffer from Long Covid in the UK (with 400,000 people suffering symptoms for over a year), and many more globally. Yet there is no clear guidance available to the general public, and lots of misinformation out there. This handbook cuts through the confusing advice. Written by the medical experts working with Long Covid patients at one of the first specialist clinics set up, it is filled with helpful case studies and was written with the involvement of real Long Covid sufferers. The focus is on self-management with a simple, consistent message about improving symptoms.

Each chapter takes a different issue in turn and offers clear, friendly guidance on key areas such as breathlessness, psychological aspects, brain fog, fatigue, returning to exercise and returning to work.

Written by specialists working at the Post Covid Clinic in Oxford, UK, one of the first centres set up to address Long Covid.



Eat Well and Feel Great!

The Teenager's Guide to Nutrition and Health

Tina Lond-Caulk

240pp
234 x 153mm
Trade Paperback
£14.99
September 2022

Material Available: Manuscript
Rights Sold: World Rights Available

A practical, easy-to-use handbook for teenagers explains how to develop a healthy and loving relationship with your body and food.

In no time, you can dramatically improve the way you feel by making better choices in terms of both food and lifestyle habits. This will improve not only how you feel, but also your confidence and sense of wellbeing. *The Teenage Health and Wellness Guide* shapes the health, wellbeing, and self-esteem of current and future generations. It explains how simple changes have a profound effect on how you feel every day including your ability to focus and learn, reduce levels of stress and anxiety, improve sleep, increase confidence, optimise your wellbeing, maintain a healthy weight and longer term prevent diseases.

There are case studies from the author's clinical work that make it easy to understand how the smallest, simplest changes can have profound effects on your brain optimisation (focus/concentration), improve mood, decrease stress levels, reduce anxiety, help you maintain a healthy weight, improve sleep, skin health and can even improve your IQ by simply stabilising your blood sugar.

Tina Lond-Caulk has worked as a nutritionist for over 20 years, working with a number of high-profile medical practices in Harley Street and the world renowned Lanserhof Medical Clinic. She speaks to over 20,000 students every year. In addition to her first class BSc Honours degree in Nutrition, she has post-graduate training in behavioural psychology and eating disorders and a specialist interest in nutrigenomics. Alongside her clinical work she is the founder of the nationwide Food for Life programme – an educational programme for schools that hosts motivational talks and workshops to students and parents.



Rebel Bodies

A guide to the gender health gap revolution

Sarah Graham

288pp
216 x 135mm
Hardback
£16.99
January 2023

Material Available: Manuscript
Rights Sold: World Rights Available

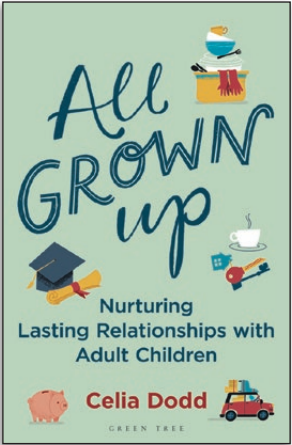
An empowering manifesto for change in women's healthcare – exploring the deep rooted sexism and gaslighting, and offering actionable ways that women can advocate for ourselves and others and get the diagnosis and treatment we need.

Health journalist Sarah Graham investigates the gender health gap, as women speak out about their struggle to be taken seriously with physical or mental illness in the face of pervasive and insidious sexism.

Have you ever been to a doctor and felt like you were being fobbed off or ignored? Did they belittle or overlook your concerns about your health? Ever been told you're just 'hormonal'? You're not alone. Women make up 51 per cent of the population and are the biggest users of healthcare services – for themselves and as mothers and carers. But all the research shows there are massive gender differences when it comes to men and women's healthcare.

Meet the patients, doctors and campaigners who are standing up and fighting back, and learn from women's inspiring journeys. You can get the diagnosis and treatment you need. You're not alone, you're not going mad, and we believe you.

Sarah Graham is an award-winning freelance health journalist and founder of the Hysterical Women blog, specialising in mental health, women's health, feminism and gender. She has written extensively on these subjects for the Guardian, New Statesman, i newspaper, Grazia, the Telegraph and many others. She was a finalist in the 2020 Medical Journalists' Association Awards.



All Grown Up

Nurturing Relationships with Adult Children

Celia Dodd

288pp
234 x 153mm
Trade Paperback
£14.99
June 2022

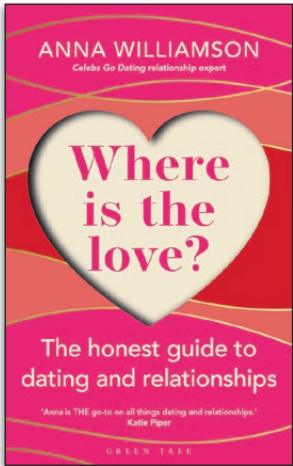
Material Available: Manuscript
Rights Sold: World Rights Available

The must read guide to navigating healthy relationships with your adult children.

What makes parents happiest, according to influential new research, is good relationships with their adult children. This book is one of the first to offer much-needed guidance on developing a strong and enduring bond with children in the decades after they've left home. It's a crucial slice of family life which hopefully lasts much longer than the twenty or so years it takes to raise a child. Yet surprisingly it's rarely discussed. So it's a shock for parents who assumed their job was done to discover that when a child leaves home (or boomerangs back again), it's actually the beginning of a whole new chapter.

Full of practical advice and wisdom, and featuring interviews with experts, specialists, parents and their offspring, this is the must read handbook for anyone with adult children.

Celia Dodd is an author and journalist with over 30 years' experience of contributing features on family, relationships, health and education to national newspapers and magazines, including *The Times*, the *Independent*, the *Daily Mail* and *Radio Times*. This is Dodd's fourth book; previous books include *The Empty Nest: how to survive and stay close to your adult child* (Piatkus) and *Not Fade Away: How to thrive in retirement* (Bloomsbury).



Where is the Love?

The Honest Guide to Dating and Relationships

Anna Williamson

208pp
216 x 135mm
Trade Paperback
£12.99
February 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: Chinese Complex (AND), Turkish (Timas Basim), German (Droemer), Portuguese (Zero A Oito), Spanish (Trillas)

Whether you're fed up of the single life, wanting to dip your toe into the dating world, or perhaps you're coming out of your newlywed bubble, this book can help steer you into the right love lane.

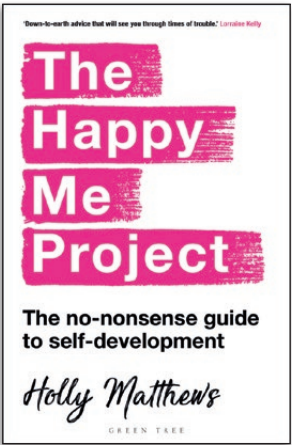
In this modern digital age, it seems not only finding a relationship is a chore, but nurturing and keeping a relationship is more challenging than ever.

This is a must-read, no holds barred advice guide to dating and relationships – an empathetic, honest and friendly delve into the millions of relationships experiencing ups, downs and the in-between bits.

Perhaps you're a marriage or long-term veteran, co-habiting, civil partners or dating exclusively - this is the book to get you through the tough days; the times when you're thinking, 'but what do I want?' and the moments when you're unsure how to keep the spark alive – not only in your partnership, but in the rest of your life too.

Each chapter includes coaching advice, tips and techniques to help enhance your relationship. Consider this your personal pocket guide to understanding you and your relationship better.

Anna Williamson is a television presenter, radio broadcaster, life coach, counsellor and Master NLP practitioner. She lives in rural Hertfordshire with her husband and two children. Anna is also an Ambassador for Mind, The Prince's Trust, The Young Variety Club and Childline.



The Happy Me Project

The no-nonsense guide to self-development

Holly Matthews

288pp
234 x 153mm
Trade Paperback
£12.99
June 2022

Material Available: Manuscript
Rights Sold: World Rights Available

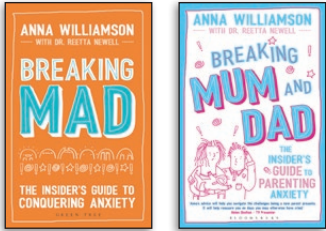
A no-nonsense guide to personal development, with real-life advice, for the sceptics of self-improvement.

Self-development used to be something confined to a very particular sect of society and it all seemed a little 'woo-woo' for a huge chunk of the population, but now it's time for self-development to stop trying to be fancy and start becoming the norm.

Fed up with your daily routine? Crippled with self-doubt? Exhausted from people-pleasing? Or simply facing a particularly challenging time? Whatever your circumstance, Holly Matthews has friendly and accessible advice on how to face life's challenges head-on and find the moments of joy again. It's a light-hearted approach with a powerful message behind the words. In 2017 Holly became a widowed mum of two girls when her husband Ross died from brain cancer. Before this, Holly worked as a television actress for years and experienced the emotional ups and downs that come with growing up in the public eye. By opening up about her own vulnerabilities, Holly hopes to give others the confidence to face their own bumps in the road, big or small. *The Happy Me Project* is 60 short, powerful chapters of straight-to-the-point self-help that you can dip in and out of as needed.

Holly Matthews is a life coach and former television actress. In 2017 Holly lost her husband, Ross, to a rare form of brain cancer and became a single parent to their two children at the age of 32. Holly has since founded her award-winning self-development brand, The Happy Me Project, and is obsessed with helping others to live a life that feels good more than it feels rubbish. Holly lives in Coventry.

ALSO AVAILABLE





Good Relations

Cracking the code of how to get on better

Janet Reibstein

320pp
234 x 153mm
Hardback
£18.99
January 2023

Material Available: Manuscript due September 2022
Rights Sold: World Rights Available

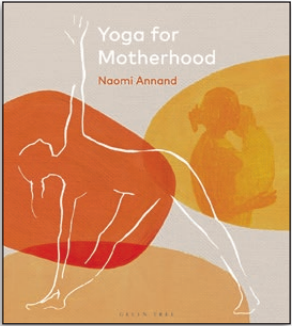
A leading therapist explains the skills we all need to communicate effectively and improve our relationships.

Most of us want to get along well with others. Life's a lot easier if you can do that across the whole relationship spectrum. 'Does well socially'; 'seems to make friends' are school reports parents love to get. For they know, quite rightly, that those children are likely to go on and do well in life. Research indicates that the ability to do well socially is more important for success than academic excellence, or high IQ.

Being able to engage in relationships productively – from intimate domestic ones to relationships with friends and with colleagues – is the key to thriving. It impacts our health, well-being, financial security and happiness. The case for good relationships is made and settled. But how do we get there?

In this fascinating book, psychologist and therapist Janet Reibstein takes us through how to 'learn' relationships and how to relate well, and explores the skills needed to make any relationship a positive one – whether at work, with family and friends, or transactional. These skills will help you communicate better, to have empathy for the other person, and enable you to have productive and satisfying relationships at all levels, through sensitive and skillful interactions.

Janet Reibstein is a psychologist, therapist and a previous spokesperson for the British Psychological Society. She sits on the board of Relate, wrote the UK Parenting Plan, and is emeritus professor at Exeter University, where she developed The Exeter Model.



Yoga for Motherhood

Naomi Annand

224pp
235 x 210mm
Hardback
£22.00
May 2022

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: Dutch (Gottmer), German (Paul Pietsch), Spanish (Urano), Italian (Elika), French (Hachette Livre), Russian (Mann Ivanov Ferber), Chinese Simplified (Pan Press)

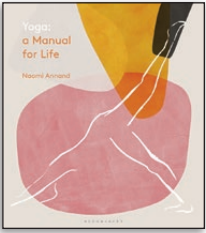
A beautiful and nurturing yoga guide for new mothers.

Motherhood is the most important job in the world, and it's also the most demanding. It calls upon your every resource – mental, physical, spiritual – and while it is frequently a source of unmatched joy, it is also often depleting like nothing else. Naomi Annand shows you how yoga can help you navigate its emotional highs and lows, how to tap into the creativity of motherhood and also how to nurture yourself so that you might nurture others.

Using breath-led sequences and simple two-minute life hacks, this beautiful practical companion teaches you how to soothe rattled nervous systems and uplift tired bodies whatever your age and whatever your experience.

Naomi Annand has been a yoga teacher for 20 years and a mother for seven of them. Naomi lives in east London with her family and runs her own yoga studio, Yoga on the Lane. She published *Yoga: A Manual for Life* in 2019 (Bloomsbury).

ALSO AVAILABLE



Rest + Calm

Gentle yoga and mindful practices to nurture and restore yourself

Paula Hines

176pp
216 x 153mm
Paperback
£14.99
March 2022

Material Available: Finished copies
Rights Sold: World Rights Available

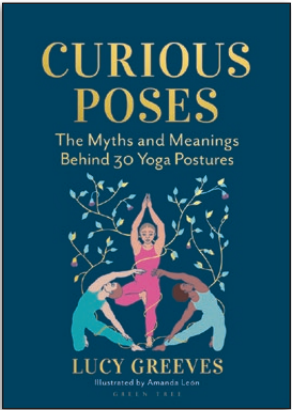
A beautiful, practical guide to finding rest and calm – even when it feels impossible.

Are you tired and wired? Stressed? Overwhelmed? Here's a radical idea: You *deserve* rest.

In a world that often wants us to keep going no matter what, *Rest + Calm* is your gentle, nurturing and accessible guide to making space and time to come back home to yourself. Give yourself permission to pause – even if it's only for three breaths, five minutes, or half an hour – and reap the rewards in better sleep, reduced stress, improved mood and greater resilience. The book is divided into two parts: REST - simple, profound, nourishing restorative yoga poses and sequences; and CALM - practical tips and techniques for intentional living day-to-day, and emotional rescue for when it feels like you have no time.

From the most restorative savasana you've ever experienced, to the benefits of walking on freshly mown grass, there is something here for even the busiest and stressed amongst us, and for all levels of yoga ability. Think of this book as your 'rest toolkit', to dip into whenever you need it. *Rest + Calm* is designed to be the nurturing friend - and the supportive hug - we all need.

Paula Hines is a London-based senior yoga teacher and columnist at *OM Yoga Magazine*. She is an experienced Advanced Relax and Renew Trainer (restorative yoga teacher). Before qualifying as a yoga teacher in 2011, Paula was a script editor and comedy writer for the BBC.



Curious Poses

The Myths and Meanings Behind 30 Yoga Postures

Lucy Greeves

128pp
189 x 134mm
Hardback
£12.99
October 2022

Material Available: Sample spreads and full manuscript
Rights Sold: World Rights Available

Deepen your practice and discover the myths, gods, sacred animals and imagery that lie hidden in your favourite yoga postures.

Have you ever wondered where Warrior pose got its name? Why does the lotus hold such significance for yogis? Who are Hanuman, Ganesha, and Garudha? *Curious Poses* explores 30 yoga poses from Mountain (*tadasana*) to Lotus (*padmasana*), and reveals the fascinating and inspirational stories behind them.

The Sanskrit names of the asanas point to a deep, rich layer of symbolic meaning. The names are often drawn from Hindu scripture and mythology, and sometimes inspired by the animals, birds and flowers that the original Indian yogis saw around them. Over the course of many years, the different branches and schools of yoga wove in their own interpretations, until each asana was clothed in a delicate, complex fabric of philosophy and symbolism.

This book explores the symbolism of the yoga postures many of us practise every week.

Lucy Greeves is a writer and yoga teacher. In addition to her regular studio classes and workshops, she leads Yoga for Writers residential retreats for the Arvon Foundation. She writes on yoga and meditation for *Planet Mindful* magazine. Her previous books include *The Naked Jape* (Michael Joseph, 2006).



Bike Fit 2nd Edition

Optimise Your Bike Position for High Performance and Injury Avoidance

Phil Burt

208pp
230 x 189mm
Paperback
£20.00
April 2022

Material Available: Finished copies
Rights Sold: Italian (Elika Editrice)
Option Publishers: French (Physique Performance), Polish (Galaktyka), Chinese Simplified (Posts & Telecom Press)

The must-read guide to bike fit by renowned former lead physiotherapist at British Cycling, and former Consultant to Team Sky, Phil Burt.

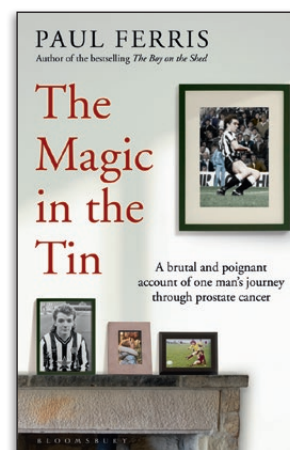
Burning thighs and lungs aside, cycling shouldn't be a painful or uncomfortable experience. If you suffer from numb hands, hot-spots on your feet, back pain or saddle discomfort when you're riding, chances are something isn't right with your bike set-up, your body or how they interact.

But not all cyclists can afford a professional bike fit. This accessible manual contains all the information you need to find your perfect cycling position, revealed by one of the world's leading authorities on bike fit. This new edition includes brand new material on:

- Why almost all cyclists would benefit from shorter cranks
- In-depth look at saddle health, with special attention for female cyclists
- Watt-saving advice for time trialists and triathletes
- How to make indoor cycling more tolerable.

Let Phil Burt guide you through your own Bike Fit, to ensure your bike and body work in harmony.

Phil Burt is leading authority on bike fit. He was lead physiotherapist at British Cycling for 12 years through three Olympic cycles and was also consultant physiotherapist with Team Sky for five years. He has gone on to set up his own highly successful consultancy, Phil Burt Innovation, providing fits for countless cyclists and developing products with the world's leading cycling brands.



The Magic in the Tin

A Brutal and Poignant Account of One Man's Journey Through Prostate Cancer

Paul Ferris

240pp
234 x 153mm
Hardback
£16.99
April 2022

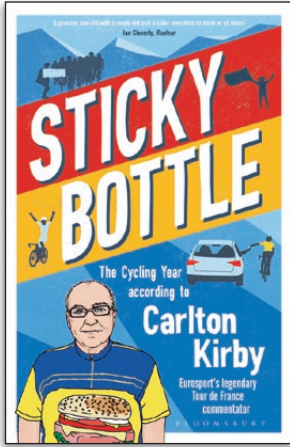
Material Available: Manuscript
Rights Sold: World Rights Available

From the author of the critically acclaimed memoir, *The Boy on the Shed*, comes a powerful tale of grit and resilience, told with great humour, openness and profound bravery.

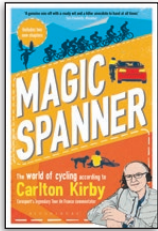
Former Newcastle United winger Paul Ferris was 51. He had successfully forged a post-football career as a physio, barrister and then a CEO, and his award-winning memoir, *The Boy on the Shed*, was just about to be published. But then he was diagnosed with prostate cancer.

This honest, sometimes brutal and frequently funny book tells the story of what happened next. *Prostate cancer*. It's a phrase that strikes fear into the heart of every man. It's the most common male cancer, but treatable if it's caught early enough. Paul doesn't shy away from describing that treatment. And neither does he hold back on its life-changing consequences – from harrowing surgery, humiliating procedures and excruciating consultations – as he strives to become the man he once was again.

Born in Lisburn during the Troubles, **Paul Ferris** was a teenage footballing prodigy, becoming Newcastle United's youngest-ever player in 1982, only for injury to ensure his promise went unfulfilled. He later returned to the club as a physiotherapist before earning a Master's degree and qualifying as a barrister. But the lure of football was always strong and he went back for a third spell at Newcastle, as Head of the Medical Department, again working closely with a host of big-name players and managers. Paul's first book, *The Boy on the Shed*, became a bestseller and won multiple awards including the *Sunday Times* Sports Book of The Year. Paul also writes novels and runs a successful health and fitness business, Speedflex. He lives in Prudhoe, Northumberland.



ALSO AVAILABLE



Sticky Bottle

The Cycling Year
According to Carlton Kirby

Carlton Kirby

240pp
234 x 153mm
Hardback
£16.99
October 2023

Material Available: Manuscript
Rights Sold: World Rights Available
Option Publishers: Slovenian (Aktivni)

Eurosport's legendary commentator Carlton Kirby takes us all on a tour of the professional cycling race year.

A true cycling nut would be hard pushed to name all 36 races in just a 'normal' UCI World Tour. But there are so many more: 375 in the European Tour alone and many more in the America Tour (80), the Asia Tour (65), the Africa Tour (45). It's a year-long schedule, most of it unfamiliar. They may be amazing, they may be odd, but all have their place in the *Sticky Bottle* calendar.

Big races and small find a place in *Sticky Bottle* as well as the relatively unknown. Here are personal and historical tales of cycling wonder and woe, plus a healthy smattering of the bizarre.

From the early season Comunitat Valenciana event that is full of crashes because riders are so rusty, via the Tour of Croatia with its bullet holes and potholes, *Sticky Bottle* is a fun yet informative guide to the cycling year. A mix of personal anecdotes and racing history, it will entertain and enlighten in equal measure.

Carlton Kirby is the principle cycling commentator for Eurosport and has covered the Tour de France, the Giro d'Italia and Vuelta a España among many other cycling races. He has worked in broadcasting for over thirty years over which time he has accumulated legions of loyal fans who are drawn to his witty and, at times, excitable style.



Riding With The Rocketmen

One Man's Journey
on the Shoulders of
Cycling Giants

James Witts

288pp
234 x 153mm
Trade Paperback
£14.99
June 2023

Material Available: Manuscript due July 2022
Rights Sold: World Rights Available

One ageing journo's journey as he trains, rides and eats like the planet's toughest athletes, to conquer his very own Grand Tour.

"A middle-aged crisis takes many forms..."

Tadej Pogacar has 7% body fat, Chris Froome's resting heart rate is 30bpm, Mark Cavendish reaches sprint speeds of over 50mph. They're super-human cyclists for whom riding 3,500km over 21 stages across the Alps and Pyrenees is a matter of course.

James Witts is 44 years old, fatty deposits nestle on his back and he has a penchant for craft ale. He also rides a little. But not a lot. In his job as cycling journalist, however, he does have unparalleled access to the world's best riders and their world-class support staff.

This entertaining tale utilises his connections in the industry to gain access to the world's greatest teams and riders to reveal the tricks of the trade that he can then apply to my own less-than-world-class performance. This warm-hearted and amusing tale is Everyman dropped in the world of Supermen.

James Witts has a background in sports science. He's a regular writer for numerous cycling publications, including the highly acclaimed Cyclist magazine for whom he's a regular when it comes to covering professional cycling. He is also a regular writer for Cycling Plus, Pro Cycling magazine and Rouleur.



1923

The Mystery of Lot 212 and
the 1923 Tour de France

Ned Boulting

288pp
234 x 153mm
Hardback
£18.99
June 2023

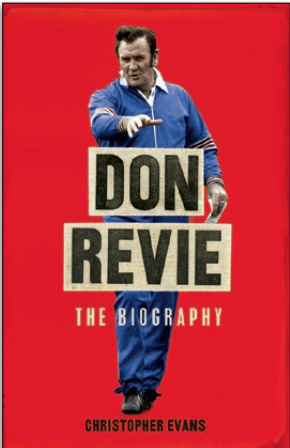
Material Available: Manuscript due September 2022
Rights Sold: World Rights Available

The story of an obsession.

When cycling commentator Ned Boulting bought a length of Pathé news film featuring a stage of the Tour de France from 1923 he set about learning everything he could about it – taking him on an intriguing journey that encompasses travelogue, history and detective story.

Join Ned as he explores the history of cycling and France just five years after WWI – meeting characters like Henri Pelissier, who won the Tour that year but who would within the decade be shot dead by his wife's lover. Or Ottavio Bottecchia – in the yellow jersey when the film was shot – but who would also die, probably murdered – and would be found alongside his bike in a roadside ditch less than 5 years later. And Theophile Beeckman – the lone rider on the bridge. Ned tracks down his granddaughter and goes to Belgium to interview her about her grandfather.

Ned Boulting is the UK's best known voice of cycling – he commentates on the Tour de France for ITV, and all other major cycling races. Ned is the author of five books, including the bestselling *How I Won the Yellow Jumper* and *On the Road Bike*. He lives in London with his wife and two children.



Don Revie

The Biography

Christopher Evans

384pp
234 x 153mm
Hardback
£20.00
October 2021

Material Available: Finished copies
Rights Sold: World Rights Available

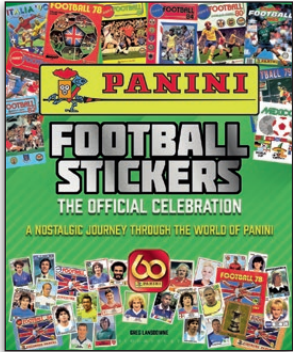
The life and times of Don Revie – one of the most complex and controversial men ever to grace the game of football.

Whenever the greatest managers the game has ever produced are mentioned, names like Busby, Shankly, Paisley and Ferguson trip off the tongue. Despite dominating the game in the late 1960s and '70s there is one name missing: Don Revie, the former Leeds United and England manager.

After he became the first man to walk out on England, Revie was branded a traitor, banned from the game for 10 years, and the press declared open season on the manager. Accused of offering bribes to throw matches, his reputation was destroyed. Revie's death, at the age of 61, robbed him of the opportunity ever to rebuild his reputation as one of the most important figures ever seen in English football. The life and times of this multifaceted, enigmatic, pioneering football man have still never been fully explored and explained in detail before.

Featuring new interviews with Johnny Giles, Kevin Keegan, Norman Hunter, Eddie Gray, Allan Clarke, Joe Jordan, Gordon McQueen, Malcolm Macdonald and members of the Revie family, this long-overdue biography reveals how today's football owes so much to Don Revie.

Christopher Evans has been the Member of Parliament for Islwyn since 2010. Currently he serves as the Shadow Minister for Defence Procurement. His first book, *Fearless Freddie: The Life and Times of Freddie Mills* was shortlisted for The Times Biography of the Year at the 2018 Sports Book Awards. Christopher Evans lives in South Wales and is married to Julia and has two children.



Panini Football Stickers: The Official Celebration

A Nostalgic Journey Through the World of Panini

Greg Lansdowne

240pp
230 x 189mm
Hardback
£14.99
November 2021

Material Available: Finished copies
Rights Sold: Greek (Dixty Publications)

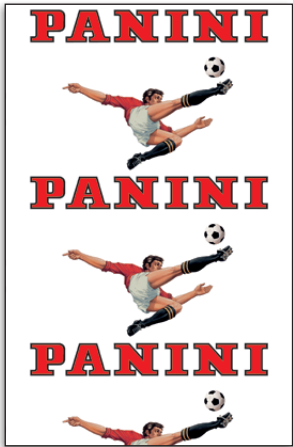
A landmark illustrated book celebrating the world's most famous football sticker albums. This is the first time PANINI have ever collaborated on a book of this kind.

Collecting Panini football stickers has always been a joy. Tearing open those packets and excitedly filling an album is a rite of passage for millions of kids – and adults. It's so popular, it even has its own language – 'swapsies', 'got, got, need' and 'shinies'.

And now, for the first time, Panini have granted access to their archives for this superbly illustrated celebration of their iconic football sticker collections. Licensed by Panini and written by respected sticker authority Greg Lansdowne, this volume showcases Panini's UK domestic football, FIFA World Cup and UEFA European Championship albums, as well as all the great players, from Pelé and Maradona to Marta, Ronaldo and Mbappé (via Frank Worthington, Chris Waddle, Gary Lineker, Eric Cantona, Ally McCoist and a few dodgy haircuts).

A heady mix of football history, wonderful nostalgia and modern-day action that collectors of all ages will cherish, this book shows why, for the last 60 years, collecting Panini stickers has been – and remains – a global phenomenon.

PANINI was founded in 1961 with the launch of its first Calciatori/ Football Players collection. It now has subsidiaries in Europe, Latin America and the United States. In the run-up to a FIFA World Cup, PANINI produces millions of albums, selling them to over 150 territories. Greg Lansdowne is a leading authority on PANINI sticker albums and the author of *Stuck on You*, *The Rise & Fall & Rise of Panini Stickers*.



Panini UK Football Sticker Collections 1978-1985 (Volume One)

Panini

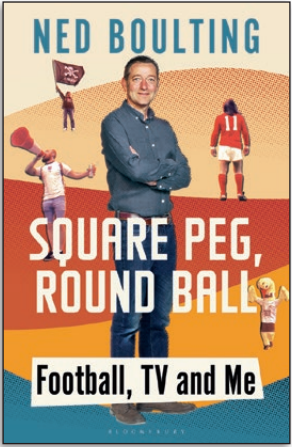
576pp
330 x 240mm
Hardback
£35.00
October 2022

Material Available: Sample spreads
Rights Sold: World Rights Available

A football fan's dream come true – every complete UK Panini sticker album 1978-1985 reproduced as facsimiles for the very first time.

Licensed by PANINI, this landmark illustrated book showcases PANINI'S UK domestic football 1978-1985. All the great teams of this era feature (Manchester United, Liverpool, Arsenal, Nottingham Forest, Spurs), as do the famous players (Kenny Dalglish, Trevor Francis, Glenn Hoddle, Trevor Brooking, Charlie George, Ian Rush), shown in full PANINI sticker album glory.

PANINI was founded in 1961 with the launch of its first Calciatori/ Football Players collection. It now has subsidiaries in Europe, Latin America and the United States. In the run-up to a FIFA World Cup, PANINI produces millions of albums, selling them to over 150 territories. Greg Lansdowne is a leading authority on PANINI sticker albums and the author of *Stuck on You*, *The Rise & Fall & Rise of Panini Stickers*.



Square Peg, Round Ball

Football, TV and Me

Ned Boulting

256pp
234 x 153mm
Hardback
£16.99
April 2022

Material Available: Manuscript
Rights Sold: World Rights Available

Ned Boulting, bestselling author and former football commentator and presenter reminisces about a life in football.

Although best known as ITV's commentator on the Tour de France, Ned Boulting has spent most of his professional life covering football.

Follow Ned's journey from football supporter to reporter – from criss-crossing the country in a banger of a car hoping for a word or two from the latest big signing, to the glamour of the Champions League. Ned really has been there, done that, and got the Sky Sports jacket to prove it. *Square Peg, Round Ball* is a candid, insightful reminiscence of a life in football.

Witnessing the shenanigans, the machinations and the idiocy of football at close quarters Ned shares his best stories with affection. Whether it's treading mud into Steven Gerrard's pristine white carpets, or nearly being pushed into oncoming traffic by a menacing Vinnie Jones, or being chased away from Roman Abramovich's house by some scary looking men on quadbikes – Ned has made a fool of himself to bring us the best tales from his experiences in 90s and 2000s football.

Best known as ITV's commentator on the Tour de France, Ned Boulting has spent most of his professional life covering football. His television career began in 1997 when he joined Sky Sports' *Soccer Saturday*. He moved to ITV Sports in 2001, and has covered a range of football events including the UEFA Champions League, UEFA Europa League and the FA Cup. Ned is the author of five books, including the bestselling *How I Won the Yellow Jumper* and *On the Road Bike*. He lives in London with his wife and two children.



How to Win the World Cup

Secrets and Insights from International Football's Top Managers

Chris Evans

288pp
234 x 153mm
Hardback
£14.99
July 2022

Material Available: Manuscript
Rights Sold: World Rights Available

Delve into the psyche of national team bosses to discover the unique mindset and sacrifices needed to deliver on the globe's biggest stage.

Unlike their counterparts at club level, international bosses are often the forgotten men in the most iconic moments, yet they're the ones orchestrating the story lines we're hooked to. The book explores the greatest successes and failures from the past 90 years of World Cup action from a fresh perspective, as the men in the dugout take centre stage. Learn about the bizarre superstitions, tactical masterclasses and bonkers team-building regimes needed to negotiate tournament football – why it works for some and not for others, as cultures and generations change.

By charting managers' journeys and collecting insight into their approaches and philosophies, the stories reveal the true drama, psychological processes and quirks of being an international manager.

The book features contributions from leading World Cup stars, including Jamie Carragher, Tomas Brolin, Geoff Hurst, Alexi Lalas, Roberto Martinez, Carlos Alberto Parreira, Roger Milla, Luiz Felipe Scolari, Pierre Littbarski, Mick McCarthy, and leading journalists such as Patrick Barclay, Raphael Honigstein and Graham Hunter.

Chris Evans is a freelance writer whose work regularly appears in FourFourTwo magazine. He is the editor of TheSetPieces.com and his work has appeared in *The Guardian*, *Independent* and *Mail Online*, and other nationals.



Mercurial
A Modern History of French Football
Tom Williams

320pp
234 x 153mm
Hardback
£20.00
August 2023

Material Available: Manuscript due January 2023
Rights Sold: World Rights Available

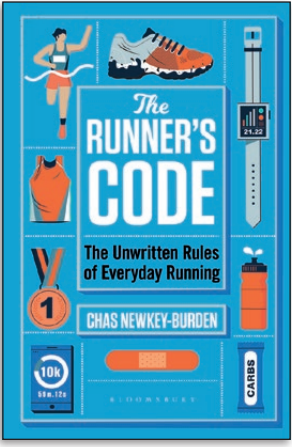
The players, the teams, the goals, the games, the scandals, the gloom, the glory: the story of French football's chequered coming of age.

Meaning 'volatile' or 'unpredictable', but also 'inventive' or 'quick-witted', no adjective in the English language has been more readily applied to French footballers than 'mercurial'. Gifted but temperamental, these players characterise French football as a whole, which is a puzzling combination of brilliance and farce, flair and frailty, success and failure.

It is also a football culture with something of an image problem, but in this book, football journalist Tom Williams sets out to redress the reputation of the French game by lovingly detailing the exploits of its most celebrated players, coaches and teams over the last 40 years. From Michel Hidalgo's dashing European champions of 1984 to Didier Deschamps's gritty World Cup winners of 2018, via the scandal-scarred Marseille team of the early 1990s, the all-conquering Lyon side of the 2000s and moneybags Paris Saint-Germain in the 2010s, he uses exhaustive research and first-hand interviews to delve into French football's rich history.

The book will feature exclusive interviews with Zidane, Cantona, Thierry Henry, Kylian Mbappé, Michel Platini, Arsène Wenger, Zlatan Ibrahimovic, Karim Benzema, Chris Waddle, Jean-Pierre Papin, Juninho Pernambucano, and Neymar Jr.

Tom Williams is a football writer and broadcaster who lives in London. Specialising in French and English football, he has written for *The Times*, *The Guardian*, *The Independent*, *ESPN* and *Bleacher Report*.



The Runner's Code
The Unwritten Rules of Everyday Running
Chas Newkey-Burden

208pp
198 x 129mm
Hardback
£12.99
October 2021

Material Available: Finished copies
Rights Sold: World Rights Available
Option Publishers: Spanish (Selector Mexico), Slovenian (Aktivni)

The Runner's Code explores the unwritten rules of everyday running and is essential reading for anyone who marvels at marathons, tears round the track or simply plods round the park.

Filled with smart advice and brilliantly knowing humour, this unique celebration of running takes the newbie and veteran alike through the secret, nuanced and blindingly obvious rules of running to answer all the important questions, such as:

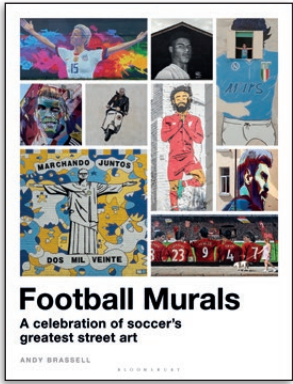
What's the correct etiquette for acknowledging other runners?
What should you do if you get 'caught short' on a run?
How many times can you ask colleagues for marathon sponsorship?

The book is packed with plenty of need-to-know information to help you deliver your best running performance, with exclusive contributions from BBC presenters Nicky Campbell and Louise Minchin, sports writer Henry Winter, and leading running authors Anna McNuff, Paul Tonkinson, Rachel Cullen, Martin Yelling, Liz Yelling, Helen Croydon and Michael Stocks.

ALSO AVAILABLE



Chas Newkey-Burden is a running fanatic who has run at hundreds of events including marathons, half-marathons and over 100 parkruns. He writes about running for *The Guardian*, *Daily Telegraph*, *Metro* and *The i*, and has contributed to *Runner's World* and *Men's Health*. He is the author of several books, including *Running: Cheaper Than Therapy* and *Get Lucky: Rituals, Habits and Superstitions of the Rich and Famous*.



Football Murals
A Celebration of Soccer's Greatest Street Art
Andy Brassell

176pp
246 x 189mm
Hardback
£18.99
October 2022

Material Available: Proofs
Rights Sold: World Rights Available

From Neymar to Rashford, via George Best, Megan Rapinoe, Leo Messi and Diego Maradona, fans all over the world have immortalised their footballing idols in paint. This is the first book to celebrate these towering works of art.

Football murals are an often impressive, iconic and crucially dominant element of football culture, and this mid-sized illustrated book showcases these epic and undeniably fascinating wonders.

Written and curated by respected football writer Andy Brassell, this ground-breaking book features more than 130 murals from around the world, capturing the scale, grandeur and wit of the popular art form. Alongside the visual aspect, the book explores why the murals are there – it's often more than what a player does on the pitch (although that helps) – and through short essays and extended captions, Andy Brassell shares the players' stories, discusses the cultural politics at play and explains why they have such an impact.

Divided into five broad themes (Home, Away, Icons, Fans, Communities), the book focuses on the themes important to fans worldwide, no matter their clubs, their expectations, and whatever language they speak.

Andy Brassell is a highly respected freelance football writer (*Guardian*, *Mirror*, *Blizzard*) and a familiar voice on TalkSport, BBC Radio 5's Monday Night Club, the Football Ramble podcast and the Totally Football Show. He is known for his expertise on European football specifically, but he won't be limiting his mural explorations to the continent (far from it).



Run Your Best Marathon
Your trusted guide to training and racing better
Sam Murphy

240pp
234 x 153mm
Trade Paperback
£16.99
September 2022

Material Available: Manuscript
Rights Sold: World Rights Available

How to master the marathon and get the most out of your training.

There's no shortage of advice out there on how to run a marathon. How to train, what to eat, what to wear, how to avoid injury, how to taper. In fact, that's half the problem! While one 'expert' says you haven't got a hope in hell of finishing a marathon if you haven't done at least three 20-milers, another says there's no need to go above 16 miles. When should you taper? Are carbs bad for you? Should you change your running technique to become more efficient or stick with what you have? Stretch or not stretch? And so it goes on.

Let Sam Murphy – a lifelong runner and marathoner with 15 years coaching experience – be your trusted guide. Whether you're looking to step up to the marathon for the first time or aiming to better previous performances over the distance, this practical and accessible book will help you master the marathon/run your best ever marathon.

There are three training programmes in this book – not based on time, but on running volume – how much you are able, or willing, to do. Fit marathon training into your life, rather than the other way around.

Sam Murphy is a journalist, author and coach. She pens the longstanding Murphy's Lore column in *Runner's World* magazine and has written for numerous national newspapers and magazines including the *Guardian*, *Independent* and *Financial Times Weekend*. A lifelong avid runner, Sam has raced from 5km to ultra distance. She holds a sport and exercise science degree and is an England Athletics qualified endurance coach based in East Sussex.



Adventures with Superwomen

Louise Minchin

240pp
216 x 153mm
Hardback
£16.99
July 2023

Material Available: Manuscript due January 2023
Rights Sold: World Rights Available

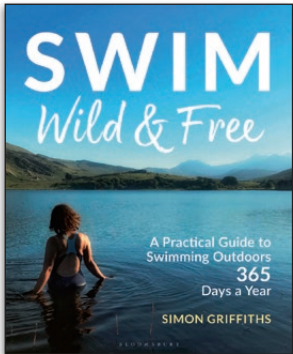
Louise Minchin tell the stories of strong, inspiring superwomen, each one of whom has used sport and exercise to go from the ordinary to the extraordinary, smashing through barriers, breaking taboos and paving the way for others.

Louise Minchin went from the BBC Breakfast sofa to the GB Triathlon Team. Now she sets out to meet women whose fitness, dedication and resilience put her own achievements in the shade. Joining them on some of the toughest challenges in the world, from cycling in the Andes to swimming in the Arctic, she finds out exactly what gives these superwomen the will to succeed.

Whether it's racing against horses in the Welsh mountains or wild swimming in the Lake District, Louise throws herself in at the deep end, training with and joining each of these women in a gruelling challenge that tests her own fitness, nerve and resolve. In the process, she uncovers their unique stories, probes their motivations and discovers what it takes to become an elite athlete.

Louise Minchin is an accomplished, TV presenter, journalist, and endurance athlete. She presented the UK's most successful morning television programme *BBC Breakfast* for two decades and her warm, accessible approach has made her a household favourite. At the age of 45, Louise was inspired to take up triathlon after BBC Breakfast challenge. Three years later she represented her age-group in the World and European Championships.

ALSO AVAILABLE



Swim Wild and Free

A Practical Guide to Swimming Outdoors 365 Days a Year

Simon Griffiths

224pp
230 x 189mm
Paperback
£16.99
April 2022

Material Available: Finished copies
Rights Sold: World Rights Available

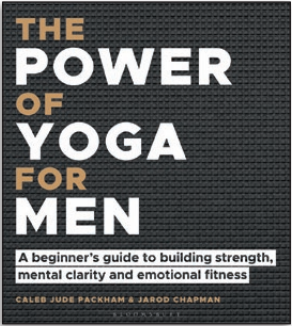
The ultimate guide to get you swimming outdoors 365 days a year.

Whether you want to take your first tentative dip in your local wild swimming spot or take on a long-distance swimming challenge, you'll find everything you need to embrace outdoor swimming and enjoy the health and wellbeing benefits it offers. Have you ever wondered what kit you need for winter swimming or how to fall in love with the cold? This book includes dedicated information about each season, ensuring you have everything you need to make outdoor swimming something you can enjoy safely all year round.

Discover how to overcome your outdoor swimming fears and why becoming an outdoor swimmer can help you cope better with the ups and downs of daily life. Find out the differences between swimming in oceans, rivers and lakes, learn how to become a stronger swimmer and how to design your own training plans.

Featuring case studies from people with a wide range of backgrounds who have embraced the outdoor swimming lifestyle, including people living with physical disabilities and mental health challenges, this is the book for anyone who wants to swim outdoors.

Simon Griffiths is the founder and publisher of *Outdoor Swimmer* magazine, which has been running since 2011. He has previously written for *Triathlete's World* and the *Telegraph* online and frequently provides articles and training advice for event organisers and other swimming-related businesses. Simon lives in Richmond, where he swims year-round in the Thames, and is a member of Teddington Masters' Swimming Club.



The Power of Yoga for Men

A beginner's guide to building strength, mental clarity and emotional fitness

Caleb Jude Packham and Jarod Chapman

192pp
235 x 210mm
Paperback
£16.99
July 2022

Material Available: Manuscript
Rights Sold: World Rights Available

A friendly and accessible introduction to yoga for men.

This is a guide for guys who are curious about yoga (but think it's just for women) or for those who have done a class years ago and were intimidated by their inflexibility. It is for those huge numbers of men who suffer, often in secret, from anxiety, depression, low self-esteem or a general sense of malaise and/or purposelessness. It is for those men who walk past a yoga studio, look inside hopefully and then assume it's not for them. Or those men who think they don't have time, or the right body, or are too nervous or embarrassed, who don't want to look stupid, or appear to be struggling.

Of course these are the men who truly need yoga. Now, thanks to this book, they can learn about, and experience, the central healing tenets of yoga, without having to leave their home. They needn't talk to anyone about their experiment, if they don't want to – with the friendly guidance and instructions inside this book to help the reader wake up to yoga and all its benefits.

Caleb Jude Packham is an Australian MTV presenter turned internationally renowned yoga teacher. He is committed to making yoga accessible to all – particularly men. In 2018 he launched 50 Men 50 Mats, which is a yoga tour for yoga virgins.

Jarod Chapman is a health and wellbeing expert with over 25 years' experience. He is the former personal wellness coach to Tina Turner. He is a wellness writer for some of the UK's bestselling magazines.



Around the World in 80 Minutes

Rugby's Most Remarkable People and Places

Robert Kitson

272pp
234 x 153mm
Hardback
£20.00
August 2023

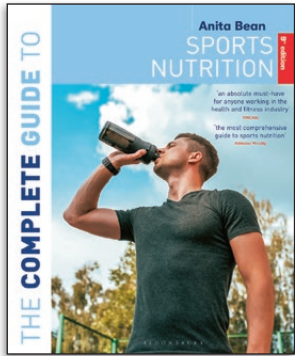
Material Available: Manuscript due January 2023
Rights Sold: World Rights Available

A celebration of rugby's 'golden age' written by one of its leading authorities in the year of the 200th anniversary of the sport's birth.

Few sports have had a more eventful last 50 years than rugby union. Even fewer involve such a range of different cultures, contrasting characters or diverse geographical settings. With the 2023 Rugby World Cup in France on the horizon, *Around the World in 80 Minutes* sets out to find the game's most inspiring people and places.

The book takes readers on a global journey to meet key figures from rugby's 'golden age' between 1973 and 2023, and be an essential book for anyone with a passion for rugby. From big names to quietly influential pioneers of both sexes, the world's most inspiring and remarkable rugby people will be sharing their stories, including Gareth Edwards, Gavin Hastings, Stuart Barnes, Michael Lynagh, Sean Fitzpatrick, Will Carling, Brian Moore, Francois Pienaar, Clive Woodward, Johnny Wilkinson, Maggie Alphonsi, Warren Gatland, Brian O'Driscoll, Maro Itoje and Alun Wyn Jones.

Robert Kitson has been *The Guardian's* rugby union correspondent since 1999 and is one of the UK's most respected sports writers. He has covered eight Rugby World Cups, five British and Irish Lions tours and in excess of 300 Tests worldwide. As well as rugby he has also been to five Olympic Games, worked at multiple football and cricket World Cups, covered cricket in Australia, West Indies, India and Pakistan and written on virtually every major sport. He was highly commended in the SJA Rugby Journalist of the Year awards in 2015.



The Complete Guide to Sports Nutrition (9th Edition)

Anita Bean

416pp
230 x 189mm
Paperback
£20.00
March 2022

Material Available: Finished copies
Rights Sold: Italian (Piccin Nuova Libreria)

The definitive sports nutrition book is now in its 9th edition - regarded in the industry as core reading for anyone involved in sport and fitness.

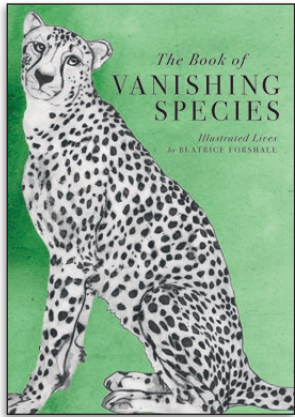
Anita Bean once again succeeds in demystifying the sports person's diet in her inimitable clear and concise style. Alongside the theory *The Complete Guide to Sports Nutrition* is packed with practical advice.

The Complete Guide to Sports Nutrition is the definitive practical handbook for anyone wanting a performance advantage. This fully updated and revised edition incorporates the latest cutting-edge research and provides all the tools to help you reach your performance goals. This ninth edition includes guidance on the following topics:

- Maximising endurance, strength, performance and recovery.
- How to calculate your optimal energy, carbohydrate and protein requirements · advice on improving body composition · the most popular sports supplements.
- Relative energy deficiency in sport (RED-S) and eating disorders.
- Hydration strategies to prevent hypohydration and overhydration.
- Specific advice for masters athletes, young athletes and plant-based athletes · nutrition strategies to prepare for competition · immune health and recovery from injury · gut health and how to avoid gut problems during exercise.

Anita Bean is an award-winning registered nutritionist, internationally published author, health writer, author and champion athlete. She specialises in sport and exercise nutrition and is passionate about helping athletes improve their performance in training and competition. She is the author of *The Vegan Athlete's Cookbook*, among many other titles.

ILLUSTRATED



The Book of Vanishing Species

Illustrating the rarest creatures, plants and fungi on Earth

Beatrice Forshall

240pp
265 x 180mm
Hardback
£25.00
October 2022

Material Available: Complete layouts (text is signed off; illustrations in progress)
Rights Sold: Polish (Spoleczny Instytut Wydawniczy Znak), Chinese (simple) (Social Sciences Academic Press)

The inspiring, beautifully illustrated book that explores our planet through 80 mysterious creatures and plants on the brink of disappearance.

The Book of Vanishing Species is a stunning homage to the planet's most mysterious, bizarre and wondrous creatures and plants. Their stories are captivating, from the eyeless and tiny dragonlike olm to the hawksbill turtle, whose gender will be determined by the temperature of the sand it is born in. These species may have survived for hundreds of thousands of years by cleverly adapting to their environments, but their future remains far from certain.

The book brings to life red cranes as they dance and bow for the sheer joy of movement, trees that breathe out a haze of misty atmosphere for insects that only feast on one kind of flower, a deep-ocean snail quietly building its shell from iron... and each one of them is illuminated with an exquisite illustration. As you turn the pages, there emerges a network of life that stretches across the planet in a dazzling web of existence.

This is both a love letter to life on Earth, and an urgent summons to protect what is precious and lovely in this world.

Beatrice Forshall is an artist whose work draws on the natural world. Her exquisite hand-coloured, drypoint engravings revolve around wildlife and themes central to conservation. In 2018 she was artist in residence at the Cambridge Conservation Initiative (CCI), a pioneering collaboration between researchers, policymakers and practitioners focussed on transforming the global understanding and conservation of our natural world. *The Book of Vanishing Species* is her contribution to the cause.



The Globemakers

Peter Bellerby

240pp
270 x 189mm
Hardback
£20.00
September 2023

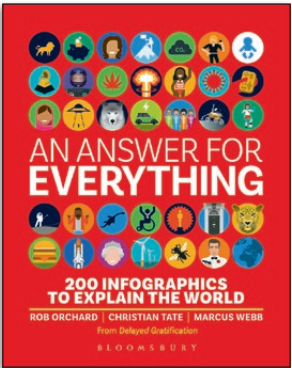
Material Available: Sample chapters
Rights Sold: World Rights Available

The beautiful illustrated story of our globe and the globes it has inspired, told from the workshop of one of the world's last remaining handcrafted globemakers.

Peter Bellerby is an artisan globemaker whose company Bellerby & Co is one of only two handcrafted globemakers in the world. His team of craftspeople make exquisite celestial, terrestrial, historical and planetary globes for customers round the world. The story began when Peter attempted to find a special globe for his father's 80th birthday but couldn't. He decided to make one himself which took him on an extraordinary journey of rediscovering this lost craft.

This beautiful and tactile book uses illustration, photography and narrative to tell the story of our globe and many different globes it has inspired. The chapters take us through the journey of how to build a globe and include vignettes on history, art history, astronomy and physics, as well as the day-to-day craftsmanship at the workshop itself. At the heart of the book are the globes themselves, or 'earth apples' as they were first known, whose 'overview effect' can't help but remind us of our individual insignificance.

Peter Bellerby is a world renowned globemaker and founder of artisan globemakers Bellerby & Co. Globemakers, one of only two handmade globemaking companies in the world. Peter lives in London with his partner, who in 2008 thought he was losing the plot. She now runs the Bellerby & Co. Globemakers sales, marketing and publicity departments, and was the mastermind behind the Instagram account which has garnered 155,000 followers around the world.



An Answer for Everything

200 Infographics to Explain the World

Delayed Gratification

320pp
240 x 195mm
Hardback
£16.99
October 2021

Material Available: Final files
Rights Sold: Polish (Rebis Publishing House), Vietnamese (Coral Books and Media)

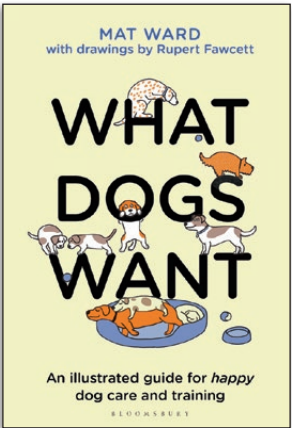
The world's most mind-boggling questions are answered through 200 brilliantly clever and addictive infographics.

What's the best book ever written?
What would happen if we all stopped eating meat?
What's the secret to living past 110?
And what actually is the best thing since sliced bread?

In *An Answer For Everything*, 200 of the world's most intriguing questions are settled once and for all through beautiful and brilliant infographics. The results will leave you shocked, informed and thoroughly entertained.

Created by the team behind the award-winning Delayed Gratification magazine, these compelling, darkly funny data visualisations will change the way you think about... everything.

Delayed Gratification is a quarterly publication that specialises in demystifying the world's biggest news stories in slow retrospection. Every article is supported by beautifully designed and enlightening data-driven infographics.



What Dogs Want

An illustrated guide for HAPPY dog care and training

Mat Ward

160pp
210 x 148mm
Hardback
£12.99
October 2021

Material Available: Finished copies
Rights Sold: Vietnamese (Coral Books and Media), French (Hachette Livre), Portuguese (Leya Portugal)

Everything new dog owners need to know, with funny and informative illustrations (including guidance on breeds and training)!

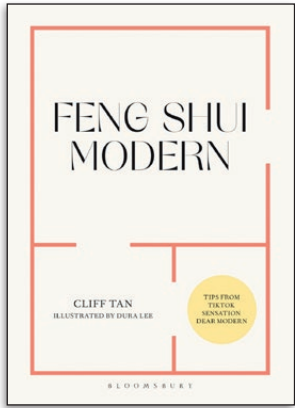
What do my dog's barks mean? Should I be brushing their teeth? How do I even know what kind of dog is right for me? Let's be honest, pets may seem pretty straightforward, but as soon as you become an owner there are so many questions.

Mat Ward is an internationally recognised expert on dog behaviour, and for him the secret to success is knowing that dogs and humans are *both* full of potential. (To prove it, he once taught a rescue dog how to fly a plane.) His tips for being the world's best owner come with original illustrations that explain everything you need to know, from how to avoid 'separation anxiety' to why dogs wag their tails.

With this book, you'll learn how your pet's brain really works and discover amazing, direct ways to train them at any age from puppy upwards. Play new games, develop communication skills and just relax into having fun together!

Drawings by **Rupert Fawcett**, the cartoonist behind *Off the Leash* and *Fred*.

Mat Ward is a dog behaviourist who champions reward-based training and he has helped thousands of pets and owners improve their wellbeing over the past two decades. His skills were tested to the limit when he took on the challenge of teaching a rescue dog to fly a plane for the TV show *Dogs Might Fly*. Mat lives in New Zealand with his wife, children, two cats and two dogs.



Feng Shui Modern

Cliff Tan

192pp
178 x 130mm
Hardback
£12.99
January 2022

Material Available: Finished copies
Rights Sold: Russian (Azbooka-Atticus), Hebrew (Tchelet)

In an increasingly cramped world, a modern guide to opening up your living space – and your life – using the ancient principles of feng shui.

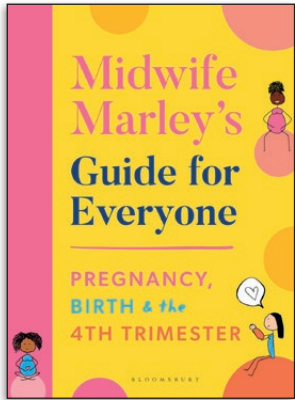
How do you place a bed in an awkward room? How can your space help you be more focused and more productive? How do you set up your room to make you ready for romantic love? Our homes have an outsized impact on our wellbeing, so answering these questions is more important than ever.

Luckily, interior design expert and TikTok sensation Cliff Tan is here to help! Cliff has become an internet sensation with his videos demonstrating the principles of feng shui from chi (energy) to the command position – and he has put his wisdom into a book for the first time. In *Feng Shui Modern*, Cliff explains the concepts of feng shui and then uses expert tips and practical diagrams to show – room by room – how our own styles, colour palettes and furniture can be used to maximise any environment.

From choosing a home to redecorating old rooms, *Feng Shui Modern* helps us find harmony in the every facet of our lives – beginning with where we live them. So now you know!

Cliff Tan is a graduate of the Architectural Association School of Architecture, and his practice combines architecture with feng shui. Cliff has over 1.5 million followers on TikTok, and his explanatory videos on feng shui have been viewed millions of times. Cliff was born in Singapore, and now lives in London. This is his first book.

Dura Lee is a South Korean illustrator who lives in Seoul. She originally studied fashion, before becoming an artist. Her most recent graphic novel, *Youth and Island*, was released in 2020.



Midwife Marley's Guide For Everyone

Pregnancy, Birth and the 4th Trimester
Marley Hall

256pp
230 x 170mm
Trade Paperback
£16.99
March 2022

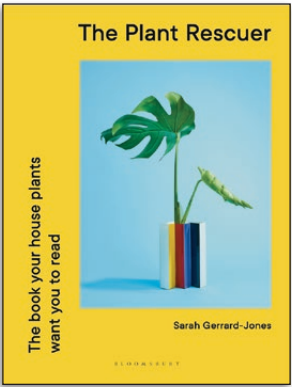
Material Available: Final files
Rights Sold: World Rights Available

The modern bible for pregnancy, birth and life afterwards (packed with doodles to show exactly what's going on!)

Marley Hall is a midwife and mum of five – in other words, she's seen it all. In her *Guide for Everyone*, you'll find answers to questions you never knew you wanted to ask. Like, what do these clinical terms mean? What are my choices? And is there a 'right' way to give birth or take care of my baby? Birth is a unique experience for every person, and the book contains the latest guidance that will help you to understand the full picture all the way through an entire 12 months. Each chapter is illustrated with Marley's original doodle-drawings and is subtly colour coded, so you can flick through and find exactly what you're looking for right now, when you need it.

There is evidence-based information to support *everyone* and provide a reliable source of knowledge about all the important things. You'll be armed with all the tools you need to communicate and thrive wherever you are, be it birth centre, hospital or home.

Marley Hall has helped thousands of women achieve a positive birth experience through her work as a registered midwife. She has also given birth four times herself (once to twins). Passionate about sharing her knowledge and diversifying the birth and parenting world, Marley began educating people through social media in 2019 – her doodle-style diagrams and pictures now have an international following of people who find these evidence-based images an accessible and immediate way to understand pregnancy and childbirth. The *Guide for Everyone* is her first book, and it's designed to be the ultimate guide for *all* new parents.



The Plant Rescuer

Sarah Gerrard-Jones

256pp
241 x 176mm
Hardback
£16.99
April 2022

Material Available: Finished copies
Rights Sold: World Rights Available

A simple, stylish and complete guide for any plant owner.

Whether you have just one or many houseplants, this is the book they need you to read. It is a clear and practical toolkit on all aspects of plant care from how to choose a plant to tips for everyday care. Changes in your plant's appearance are often a cry for help and this book will help you understand their needs. Learn how to help your plants not only survive but thrive.

From a young age **Sarah Gerrard-Jones** was brought up to appreciate nature, learning about the outdoors from her grandfather, who worked as a groundsman on a Scottish estate. After studying art in Edinburgh, she moved to London and became a freelance picture editor for *The Sunday Times*, *Guardian*, *Vogue* and *Harpers Bazaar*.

In 2015, Sarah's love for nurturing living things evolved to include houseplants. Having adopted some non-flowering orchids that had been dumped by a local store, a new-found passion for rescuing ailing and abandoned plants took hold. As @theplantrescuer on Instagram she has helped thousands of people understand how to make their plants happy and what to do if something goes wrong. Her broadcast and print appearances range from *BBC Gardeners' World* to *The Times*.

She lives in Hertfordshire with her husband, daughter, cats, dog and hundreds of rescue plants, which she somehow still manages to sneak into their modest semi-detached house.



A Year Full of Veg

Sarah Raven

384pp
230 x 170mm
Hardback
£25.00
March 2023

Material Available: Manuscript due April 2022
Rights Sold: World Rights Available

From the *Sunday Times* Bestselling author of *A Year Full of Flowers*, *A Year Full of Veg* is a month-by-month gardening and growing guide for the best seasonal veg.

In recent months, many people have spent more time at home and found solace in gardening. Being connected to the food we eat and to the outdoor space around us has never been more important. *A Year Full of Veg* is a month-by-month guide to cultivating the best seasonal veg. With her wealth of experience, Sarah Raven shares the most reliable and bountiful varieties to grow, her favourite unusual vegetables that you can't buy in shops, and expert tips and techniques to growing and harvesting easily and efficiently. No matter how much outdoor space you have, you'll be inspired you to grow at least a little of what you eat.

Since the publication of her first book *The Cutting Garden* **Sarah Raven** has led the way over the last two and a half decades in introducing a new kind of productive gardening which fuses intense colour, elegance and do-ability, bridging all kinds of gardening from dark rich dahlia glories to subtler smoky modern colours of poppies, roses, sweet peas, and all kinds of vegetable deliciousness. She is a teacher, broadcaster, has a popular gardening podcast Grow, Cook, Eat, Arrange with colleague Arthur Parkinson and runs a mail order plant nursery, (with 500,000 customers). She is also the author of many books and is currently working on a book on colour.

ALSO AVAILABLE





Mesozoic Art

Dinosaurs and Other Ancient Animals in Art

Edited by Steve White and Darren Naish

208pp
273 x 302mm
Hardback
£25.00
October 2022

Material Available: First proofs available
Rights Sold: World Rights Available

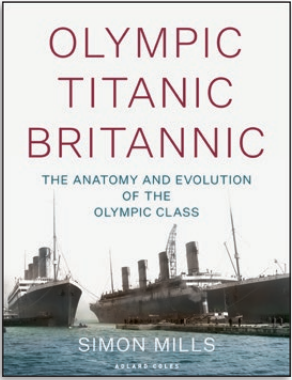
Mesozoic Art showcases the work of 20 leading paleoartists who expertly bring these extinct animals to life in exquisite detail.

Dinosaurs are endlessly fascinating to people of every age, from the youngest child who enjoys learning the tongue-twisting names to adults who grew up with *Jurassic Park* and *Walking with Dinosaurs*. As our knowledge of the prehistoric world continues to evolve and grow, so has the discipline of bringing these ancient worlds to life artistically.

Paleoart puts flesh on the bones of long-extinct organisms, and illustrates they world they lived in. *Mesozoic Art* showcases 20 of the best artists working in this field, representing a broad spectrum of disciplines, from traditional painting to cutting-edge digital technology. Paleoart is as dynamic, fluid and colourful as the beasts it portrays. Arranged by portfolio, this book finally brings this magnificent art to a wide contemporary audience. Each piece of art is accompanied by an extended caption by the highly regarded palaeontologist and artist Darren Naish.

Steve White has been an editor, colourist, inker and artist for almost four decades, beginning his career at Marvel UK before writing for *2000AD*, editing for *Titan Comics*, and being an illustrator on numerous books and magazines.

Darren Naish is a renowned vertebrate paleontologist, author and blogger. Darren is author of the acclaimed *Dinosaurs: How They Lived and Evolved* and co-authored *All Yesterdays: Unique and Speculative Views of Dinosaurs and other Prehistoric Animals*.



Titanic Britannic Olympic

The anatomy and evolution of the Olympic Class

Simon Mills

272pp
246 x 189mm
Hardback
£25.00
October 2022

Material Available: First proofs due March 2022
Rights Sold: World Rights Available

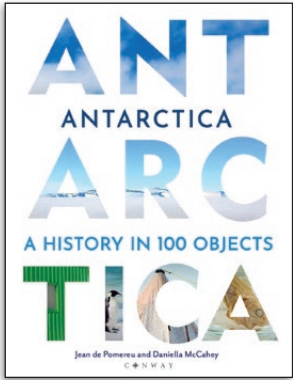
The Titanic. *The Britannic*. *The Olympic*. They are some of the most famous ships in history, but for the wrong reasons.

With original blueprints, never-before-seen photos and new digital recreations, this book tells the fascinating story of the Olympic Class, revealing new insights that continue to be uncovered about the shared history of these magnificent ships.

The Olympic Class liners were conceived as the largest, grandest ships ever to set sail. Of the three ships built, the first only lost the record for being the largest because she was beaten by the second, and they were both beaten by the third. The class was meant to secure the White Star Line's reputation as the greatest shipping company on earth. Instead, with the loss of both the *Titanic* and the *Britannic* in their first year of service, it guaranteed White Star's infamy.

This unique book tells the extraordinary story of these three extraordinary ships from the bottom up, starting with their conception and construction (and later their modification) and following their very different careers with never before seen photographs, new computer-generated recreations of the ships, and unique wreck images.

Simon Mills is the owner of the wreck of the *Britannic*. A maritime historian and diver, he has written many books, including *Exploring the Britannic*, also published by Bloomsbury.



Antarctica

A History in 100 Objects

Jean de Pomereu and Daniella McCahey

224pp
246 x 189mm
Hardback
£20.00
October 2022

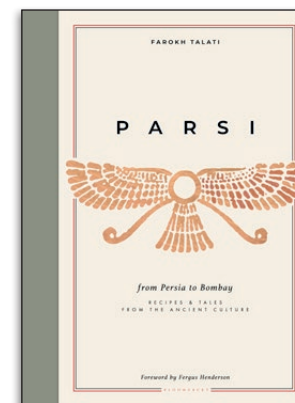
Material Available: First proofs due March 2022
Rights Sold: World Rights Available

This stunning and powerfully relevant book tells the history of Antarctica through 100 varied and fascinating objects drawn from collections around the world.

This beautiful and absorbing book is published to coincide with the 250th anniversary of the first crossing into the Antarctic Circle by James Cook aboard *Resolution*, on 17th January 1773. It presents a gloriously visual history of Antarctica, from *Terra Incognita* to the legendary expeditions of Shackleton and Scott, to the frontline of climate change.

One of the wildest and most beautiful places on the planet, Antarctica has no indigenous population or proprietor. Its awe-inspiring landscapes – unknown until just two centuries ago – have been the backdrop to feats of human endurance and tragedy, scientific discovery, and environmental research. Sourced from polar institutions and collections around the world, the objects that tell the story of this remarkable continent range from the iconic to the exotic, from the refreshingly mundane to the indispensable. This stunning book is both endlessly fascinating and a powerful demonstration of the extent to which Antarctic history is human history, and human future too.

Jean de Pomereu and **Daniella McCahey** are recognised experts on Antarctic History and are co-curating the upcoming exhibition, 'Discovering Antarctica: 1820–2020' at the Mystic Seaport, the United States' largest maritime museum.



Parsi

From Persia to Bombay: recipes & tales from the ancient culture

Farokh Talati

368pp
265 x 180mm
Hardback
£26.00
November 2022

Material Available: First pass
Rights Sold: Dutch (Good Cook)

A journey into the little-known world of Parsi culture through food, feasts and family favourites.

From tamarind, coconut and fish curries, lamb stews with cinnamon and Hunza apricots, to summer salads of peas, fennel and paneer, and sweetened yoghurt with saffron and cardamom, Parsi cuisine is a rich fusion of Persian and Indian influences: unique and utterly delicious. In this, his debut cookbook, Farokh Talati gathers the recipes of his ancestors, which, if not recorded, will soon be lost, revealing them here for you to discover and enjoy at home, and transporting you to the busy streets of Mumbai and the Parsi cafes that were once the bustling hub of the city. This is a traditional cookbook, blending Persian and Indian cookery in a journey from family life in west London all the way to Gujarat and beyond, told through recipes, stories and photographs.

Recipes include: Parsi omelette; Stuffed and fried taro leaves; Mori dal; Charred sweetcorn and paneer salad; Persian scorched rice; Parsi kheema; Auntie Dinaz' coconut, tamarind and fish curry; Prawn Patio; Kedgerie – a Parsi version; Spicy deep-fried chicken; Dhansak; Quails stuffed with biryani; Baked custard with date and tamarind; Mango poached in jaggery and saffron; Cardamom doughnuts ... and many more!

Farokh Talati's parents moved from Bombay to London before he was born, and growing up in a Parsi family, Farokh has been fully emersed in the culture, eating and cooking this food his whole life. He began working as a chef at just 16, cutting his teeth in Angela Hartnett and Heston Blumenthal's kitchens, and has worked around the world, in America, Spain, Dubai, Australia and South East Asia. Farokh is currently the Head Chef at St John Bread and Wine. This is his first book.



Nistisima

The secret to delicious vegan cooking from the Mediterranean and beyond

Georgina Hayden

304pp
246 x 189mm
Hardback
£26.00
March 2022

Material Available: Finished copies
Rights Sold: Dutch Flemish (Good Cook Publishing)

100 naturally vegan recipes from the Mediterranean, Middle East and Eastern Europe.

Nistisima means fasting food – food eaten during Lent and other times of fasting observed by those of Orthodox faith. Mostly this means giving up meat and dairy, and eating lots of fresh vegetables, pulses and grains in their stead. While this is not a religious cookbook, Georgina draws on the history and culture around *nistisima* to share the simple, often frugal, yet flavoursome recipes at the heart of the practice.

During a time when so many of us are looking at our own diets and ways in which to live a simpler lifestyle, these recipes and traditions feel more relevant than ever. Recipes include manaqish swirled buns; spiced pumpkin and raisin pies; fried aubergine, tahini and molasses; grilled squash with herbs and dukkah; wild green stew; and pistachio and cardamom halva. These are (delicious) tried and tested recipes that go back through generations and just happen to be vegan.

Georgina is a cook, food writer and stylist from North London. At university she studied Fine Art after which her passion for food landed her a job as a food writer and stylist on various food magazines. Georgina then went on to join Jamie Oliver's food team where she worked for 12 years. She has written for *Delicious Magazine*, *Waitrose Magazine*, *Sainsbury's Magazine*, *OFM*, *Guardian Feast* and *The Telegraph* and has appeared on Radio 4 Woman's Hour, BBC's Saturday Kitchen and Channel 4's Sunday Brunch. She lives in London with her husband and two daughters.



Breadsong
How Baking Changed Our Lives
Kitty and Al Tait

304pp
245 x 170mm
Hardback
£20.00
April 2022

Material Available: Finished copies
Rights Sold: World Rights Available

A cookbook with bags of heart about the redemptive power of baking.

Breadsong tells the story of Kitty Tait who was a chatty, bouncy and full-of-life 14 year old until she was overwhelmed by an ever-thickening cloud of depression and anxiety. Her life changed overnight and she withdrew from the world. Her desperate family tried everything to help her but she slipped further away from them. One day her dad Alex, a teacher, baked a loaf of bread with her and that small moment changed everything. One loaf quickly escalated into an obsession and Kitty started to find her way out of the terrible place she was in. Baking bread was the one thing that made any sense to her and before long she was making loaves for half her village. And she didn't stop at bread. Learning from other bakers, reading cookbooks and trusting an innate sense of what made the ordinary extraordinary, she began to take her baking in a whole new direction.

Breadsong is a cookbook with more than 80 of Kitty's favourite recipes including Happy Bread filled with salted caramel and Comfort Bread made with Marmite, sticky buns galore with flavours such as Cardamom and Orange, and Fig and Honey, and the ultimate Tahini and Milk Chocolate Cookies. It's also a story about mental health, finding joy in unexpected places and being brave enough to change your life.

Kitty Tait and her dad, Al, live in Oxfordshire, UK, and between them run the Orange Bakery. From the most original flavoured sourdough (miso and sesame, fig and walnut) to huge piles of cinnamon buns and Marmite and cheese swirls, the shop sells out every day and the queues stretch down the street.



Bake
My Best Ever Recipes for the Classics
Paul Hollywood

304pp
246 x 189mm
Hardback
£26.00
June 2022

Material Available: Manuscript
Rights Sold: Dutch; Flemish (Good Cook Publishing)

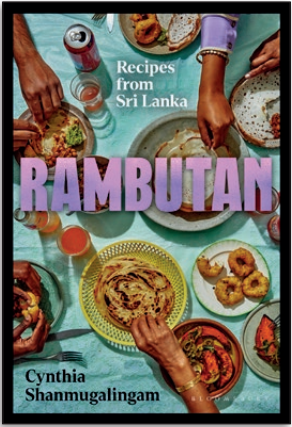
THE ONLY BAKING BOOK YOU'LL EVER NEED.

In *BAKE*, Paul Hollywood shares his ultimate recipes for both simple and showstopping sweet and savoury treats. Paul is an expert when it comes to judging a great bake and in this book he shares the tips and techniques, flavours and textures behind his own best ever recipes:

CAKES – from classic Victoria Sandwich to Chocolate Fudge Cake.
BISCUITS & COOKIES – from Chocolate Chip Cookies to Macarons.
BREADS & FLATBREADS – from foolproof Sourdough to Chapatis.
PIZZAS & DOUGHNUTS – from Pizza Margherita to Jam Doughnuts.
PASTRY & PIES – from traditional Sausage Rolls to nutty Pecan Pie.
DESSERTS – from retro Baked Alaska to dainty Lemon Tartlets.

A lifelong baker and traveller, Paul has learned everything the world knows about the craft. Paul's expertise is baked into every one of these foolproof recipes which promise perfect results time and again. Whether you're baking a simple batch of Peanut Butter Cookies for teatime, making a classic like Pain de Campagne, or trying a challenge like Chocolate and Raspberry Entremets, there is something for every occasion in this delicious collection.

Paul Hollywood shot to fame with his role as a judge on the *Great British Bake Off*. Prior to that he worked as Head Baker at exclusive hotels including Cliveden and the Dorchester. He is the author of the bestselling *How to Bake*, *Paul Hollywood's Bread*, *Paul Hollywood's Pies & Puds*, *Paul Hollywood's British Baking* and *A Baker's Life*.



Rambutan
Recipes from Sri Lanka
Cynthia Shanmugalingam

336pp
265 x 180mm
Hardback
£26.00
June 2022

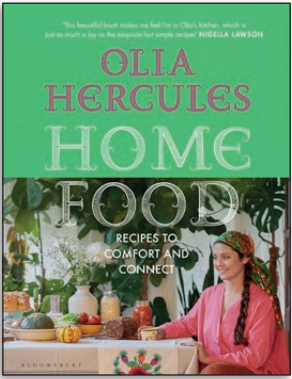
Material Available: 3rd Pass
Rights Sold: World Rights Available

Big flavours from a small island.

Sri Lankan food deliciously combines Javanese, Malay, Indian, Arab, Portuguese, Dutch and British influences, and at the same time it is proudly unique.

Rambutan (named after a fruit specific to the country) features 80 recipes that are fresh, vibrant and simple to put together like Lemongrass Dal with Kale, Carrot Sambol Salad and Cashew Nut Curry. Cynthia Shanmugalingam's stories of family and travel combine with playful illustration and candid photography to show both ancient and modern Sri Lanka. From crispy hopper pancakes to spicy drinking snacks, this exuberant guide is for beginners and experienced cooks alike.

Cynthia Shanmugalingam is a British-Sri Lankan cook who grew up in the UK, visiting Sri Lanka every childhood holiday and eating dishes adapted by her mother and grandmother at home. She has run pop-ups and street food stalls since 2014 and is the founder of a social enterprise street food truck, Kitchenette Karts, which helps ex-offenders get a start in the food industry. In 2019 she started doing Sri Lankan Rambutan pop-ups, which she plans to develop into a restaurant. She has been featured on BBC news and WePresent alongside a spectrum of print media.



Home Food
Recipes to Comfort and Connect
Olia Hercules

304pp
246 x 189mm
Hardback
£26.00
July 2022

Material Available: 1st Pass
Rights Sold: US (Interlink Publishing Group, Inc.)
Option Publishers: Polish (Prozynski), Estonian (Uhineud), French (Hachette Livre)

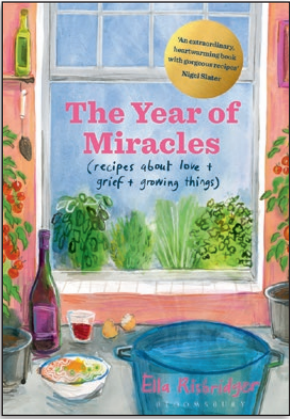
100 comforting recipes that unite us no matter where we are from and where we end up.

In her most personal book yet, Olia Hercules distills a lifetime of kitchen curiosity into her 100 most loved recipes. She draws on her broad influences: her childhood in Ukraine; her years in Cyprus and Italy; her simple, plant-centric family meals at home in London; and the special festive recipes she has gleaned along the way.

The recipes are nostalgic like Potatoes of my Childhood, they are trade secrets like Pasta with Confit Garlic, they interweave every day like Joe's Mushroom and Butterbean Stew, and they make everything ok like Life-giving Rhubarb Cake. These recipes that have been hand written, handed down and shared among friends, all have comfort at their heart. And Olia interweaves other home cooks' stories to show the power of food to soothe and invoke memories. The food we choose to cook time and again are part of what makes us, and in this book Olia gives us her food story through her very favourite recipes.

Olia Hercules was born in Ukraine and forged a career as a chef in the UK. She is the author of the award-winning cookbooks *Mamushka*, *Kaukasis* and *Summer Kitchens*.





The Year of Miracles

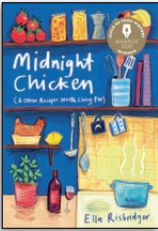
Recipes About Love + Grief + Growing Things

Ella Risbridger

288pp
245 x 170mm
Hardback
£22.00
May 2022

Material Available: Final files
Rights Sold: Russian (Azbooka-Atticus)
Option Publishers: Dutch (Fontaine), German (Calwey), Italian (Guido Tommasi), Russian (Atticus)

ALSO AVAILABLE



An illustrated cookbook that's more than just recipes, from the award-winning author of *Midnight Chicken*.

This is a cookbook. It's also a story about a year of grief and hope and change; a year of fancy fish pie, cardamom-cinnamon chicken rice, chimichurri courgettes, quadruple carb soup, blackberry miso birthday cake, and sticky toffee Guinness brownie pudding.

A year of loss, and every kind of romance, and fried jam sandwiches.

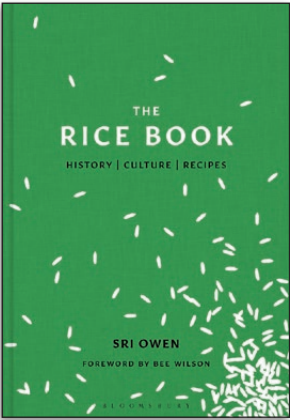
A year of seedlings and pancakes. A year of falling in love. A year of recipes.

A year, in other words, of minor miracles.

Perhaps you've read and cooked from *Midnight Chicken* (& *Other Recipes Worth Living For*). Perhaps you haven't. Either way, *The Year of Miracles* is the story of what happened next - and how even after the worst thing you can think of happens, you can still cook, and eat, and love.

'An extraordinary, tender and heartwarming book with gorgeous recipes. Ella Risbridger is a unique and enchanting writer. I loved it.' – **NIGEL SLATER**

Ella Risbridger is a writer, editor and anthologist. In a former life she was a beauty columnist for the *i*, a cancer columnist for the *Pool*, a sometime journalist for lots of places (*Guardian*, *Observer*, *Prospect*, *Grazia*, *Stylist*), a poet and a carer. She now lives and works in south-east London, where she has too many books and thinks a lot about getting a cat.



The Rice Book

Sri Owen

464pp
241 x 176mm
Hardback
£30.00
September 2022

Material Available: Sample spreads
Rights Sold: World Rights Available

The definitive book on rice with more than 160 recipes from around the globe, this is one of OFM's 50 Best Cookbooks of All Time.

The Rice Book became an instant classic when it was published almost thirty years ago, and to this day remains the definitive book on the subject. Rice is the staple food for more than half the world, and the creativity with which people approach this humble grain knows no bounds. From renowned food writer Sri Owen's extensive travels and years of research come recipes for biryanis, risottos, pilafs and paellas from Indonesia, Thailand, Japan, Korea, Russia, Iran, Afghanistan, Spain, Italy, Brazil and beyond.

In a gorgeous new livery, with a new foreword by Bee Wilson and a comprehensive introduction on the nutrition, history and culture surrounding rice, more than 160 delicious, foolproof recipes and beautiful illustrations and food photography throughout, this is an essential book for every kitchen and every cook.

Sri Owen is a renowned Indonesian cook and food writer, and author of several cookbooks including *Indonesian and Thai Cookery*, *The Indonesian Kitchen*, and *The Rice Book*, which won the André Simon Award. Since her first book was published in 1976, Sri has established herself as one of the pre-eminent food writers in the UK, and her unrivalled expertise saw her win the Guild of Food Writers Lifetime Achievement Award in 2017. She lives in London with her husband, Roger.



Motherland

A Jamaican Cookbook

Melissa Thompson

288pp
246 x 189mm
Hardback
£26.00
September 2022

Material Available: First pass
Rights Sold: US (Interlink Publishing Group)

A celebration of Jamaican food from its roots to the dishes that have made it the unique cuisine it is today.

The cookbook - which features in-depth research into the evolution of the island's food - charts the contribution of indigenous Jamaicans, the Taino, and follows the impact of colonisation, and how those periods under Spanish and British rule left an indelible mark on the nation's gastronomy, while enslaved men and women from West and Central Africa brought inspiration from home and familiar cooking techniques to create legacy dishes that are still celebrated today. The contribution of Indian and Chinese indentured workers is also examined, and woven into the recipes so the reader is invested in dishes they cook.

Motherland does not shy away from the brutality of the colonial periods, using eyewitness accounts to describe the barbarity of the colonial powers. The story gives context to the food taking the reader on a journey to this Caribbean jewel through more than 500 years. The book includes classic Jamaican recipes, such as Jerk Pork, Braised Oxtail, Ackee & Saltfish and Peanut Punch, as well as unique dishes created with Jamaica's abundant natural larder and twists on classics.

Melissa Thompson is an award-winning writer and cook who started a supper club in her front room in 2014. A former feature writer on a national newspaper, in 2015 she left journalism to pursue her love of cooking, with the supper club growing into a sell-out pop out across locations in London. Born in Dorset to a Jamaican father and Maltese mother, her food has always been an eclectic celebration of cuisines around the world. She won the Guild of Food Writers' Food Writing Award in 2021.



This is Not a Cookbook

Heston Blumenthal

320pp
245 x 170mm
Hardback
£27.00
October 2022

Material Available: Sample spreads
Rights Sold: Dutch Flemish (Fontaine Uitgevers), Russian (Azbooka-Atticus)
Option Publishers: French (Flammariion), Italian (Slr), Hungarian (Alexandra Konyveshaz)

... so what is it? Consider it a portal to the imagination and culinary creativity, and experience the joy of cooking in 70 recipes.

In 70 simple recipes, Heston uncovers the hows and whys of cooking, with plenty of hacks along the way. The straightforward and easy-to-follow recipes are a journey of discovery and exploration in the kitchen, instead of overly-structured recipes or getting it 100% perfect. It's time for a culinary adventure! To Heston, food is the start of a conversation, and in this, his book for curious minds, he looks to change your relationship with food and the act of cooking. Straightforward and easy to follow instructions sit alongside Heston's 'heckles', where he'll open your eyes to culinary creativity and provide a portal to endless possibilities. Recipes include: green eggs and ham, kimcheese toastie, bbq vegetable salad, happy gut soup, popcorn popcorn chicken, Heston's taco stand; seaside pasta, malted milkshake and many more ... including some unexpected delights like a protein cricket bar or Heston's soda bar.

So if this is not a cookbook, what is it? It's a book to feed your spirit, your energy, your passion in the kitchen. So explore the hows and whys of cooking, and prepare for an adventure with the gastronomic-wizard himself.

Entirely self-taught, **Heston Blumenthal** is the most progressive chef of his generation. In 2004 he won the coveted three Michelin-stars for his restaurant, The Fat Duck, which has twice been voted the best restaurant in the world by *Restaurant Magazine*. He also owns Dinner, in London, and two pubs in Bray. Heston has won a number of awards for his restaurants, tv shows and books, and in 2006 he was awarded an OBE.

ALSO AVAILABLE





Anything You Can Cook, I Can Cook Vegan

Richard Makin

256pp
246 x 189mm
Hardback
£25.00
January 2023

Material Available: First pass
Rights Sold: World Rights Available

The ultimate guide to truly knockout plant-based cooking with recipes, tips and techniques from @schoolnightvegan.

Anything You Can Cook, I Can Cook Vegan is a guide to truly creative plant-based cooking with zero sacrifices. With over 100 innovative recipes, along with tips, techniques and ingredient guides, this book will teach you how to feel more confident than ever in a plant-based kitchen.

With cleverly marked difficulty levels, recipes range from quick, school-night classics to fun weekend baking projects. You'll learn to make delicious, versatile meat alternatives, which tofu works best for a breakfast scramble and even how to veganise any cake recipe. Richard Makin packs each recipe with simple tricks for maximising flavour and genius vegan "hacks" you'll wonder how you ever coped without. For everyone from novice cooks to plant-based pros, this book is a reminder of how truly exciting vegan cooking can be.

Richard Makin is a vegan recipe developer, food writer and the blogger behind School Night Vegan. With a background in street-food and a love of ambitious cooking, Richard has over 170k instagram followers and writes a monthly vegan column for UK food magazine Olive. He develops, writes and shoots the recipes for his popular website and was voted "Best Vegan Blog" by Vegan Food and Living magazine in 2020. He is the Online Food Editor at Wicked Healthy, the company behind Tesco's groundbreaking vegan range, and has developed plant-based menus for restaurants and hotels across the country.



A Splash of Soy
Everyday Asian-Inspired Recipes for the Modern, Busy Kitchen

Lara Lee

288pp
246 x 189mm
Hardback
£26.00
March 2023

Material Available: Manuscript due June
Rights Sold: World Rights Available

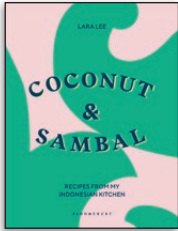
Quick recipes and tips for Asian-inspired everyday cooking.

Filled with mouthwatering and easy recipes which merge new and old culinary traditions, this is a book of Asian-inspired recipes to suit the modern kitchen. Offering tips, tricks and clever cooking hacks, *A Splash of Soy* teaches readers how to create authentic east and southeast Asian flavours at home using common ingredients, quickly and with minimal effort.

These recipes are for anyone who loves to cook and eat but who finds themselves pressed for time and in need of delicious meals any day of the week. They will also highlight the exquisite elements of Asian cookery, mainly honouring the foundational ingredient in many of the recipes: soy sauce.

Lara Lee is an Indonesian and Australian chef and food writer. She trained at Leiths School of Food and Wine and now runs an event catering business called Kiwi and Roo, serving delicious food to high-profile guests including the royal family and the Australian prime minister; and at venues such as the Natural History Museum and the Royal Academy of Arts. She also holds supper clubs that celebrate her heritage with both Australian and Indonesian cuisine all over London.

ALSO AVAILABLE



A Table Filled with Love

Skye McAlpine

320pp
266 x 195mm
Hardback
£26.00
February 2023

Material Available: Manuscript due May
Rights Sold: World Rights Available
Option Publishers: German (Knesebeck), French (Ulmer), Dutch (Luitingh Sitjhoff)

Filled with recipes to comfort, seduce, nourish, and spoil your loved ones, as well as yourself.

Home-cooked food is a unique comfort that can stir a multitude of feelings - it can be used to seduce, nourish and spoil our loved ones, as well as ourselves. In this book, Skye shows how these different kinds of love underpin our cooking and can inspire us in the kitchen.

Because if there's one lesson Skye has learned in life, it's that food cooked with love begets more love. And of all the friends that she has made over the years, of all the relationships that she treasures and that make her life what it is, so many of those have come about over the kind of really good meal that starts off as lunch, lingers on through tea and morphs happily into supper. There's nowhere she would rather be than sitting than at a table filled with love.

Skye McAlpine spends the majority of her time in Venice, where she writes, photographs and teaches cookery workshops. She is the author of a successful blog, From My Dining Table, and contributes regularly to publications from around the world, including *Food52*, *The Sunday Times*, the *Guardian*, the *Saturday Telegraph*, *Vanity Fair*, *Condé Nast Traveler* and *Corriere della Sera*.

ALSO AVAILABLE



Comfort and Joy
Ravinder Bhogal

272pp
246 x 189mm
Hardback
£26.00
May 2023

Material Available: Manuscript due June
Rights Sold: World Rights Available

A cookbook that celebrates the joy and abundance of vegetarian and vegan home cooking.

Comfort and Joy is a fresh take on vegetarian and vegan cooking; not geared towards health or denial but indulging all the senses with a decadent global larder.

It is a cookbook of great bounty, promising fortifying curries and stews, the warm embrace of aromatic fried bhajis and rich, satisfying desserts. For Ravinder Boghal food should be made and shared with abundance in mind, and this sense of pleasure is conveyed on every page. From Miso Mushroom Carbonara to Crispy Aubergine with Caramel Sauce, this is food as pursuit of pleasure.

Ravinder is one of the best food writers in Britain today and these recipes are punctuated by short, evocative essays on subjects like 'Breaking Bread' a brave and honest meditation on bread and self-denial.

Raw, modern and sensual, *Comfort and Joy* applies Ravinder's creative ingenuity to approachable veg-centric recipes for home cooks. The vegetarian option will never again be relegated to second choice.

Ravinder Bhogal was born in Kenya to Indian parents and she opened her first restaurant in London, the city she grew up in. Her recipes are inspired by the taste of home, wherever that may be.

ALSO AVAILABLE





The Art of Friday Night Dinner

Eleanor Steafel

288pp
245 x 170mm
Hardback
£26.00
March 2023

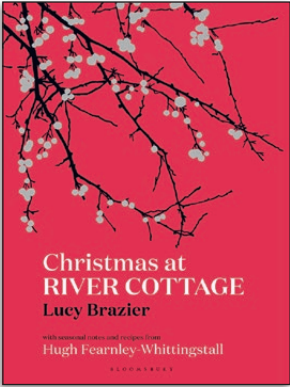
Material Available: Sample layouts and complete manuscript
Rights Sold: World Rights Available

The Art of Friday Night Dinner celebrates the understated glamour of a solo dinner on the sofa or a raucous gathering of your closest friends with recipes for every kind of Friday night.

The Art of Friday Night Dinner is a love letter to Friday nights of all kinds and a cookbook for people who love to eat. It's food for hosts who would rather spend time talking than cooking, for people who show their love by feeding, and for nights when only a steaming bowl of pasta cradled in front of the TV will do. It's the kind of cooking that can turn a week around in the half-hour it takes to make Friday night dinner.

There are recipes for dinners to eat in your dressing gown – good things on toast and perfect pastas for cosy sofa suppers. There is seafood and steak to fall in love over, and big, bold, crowd-pleasing recipes for hosting the masses. And there are puddings. Proper puddings, to be eaten with glee in the bath. And amongst the recipes there are thoughts on the glamour of mixing a martini for one, the lifesaving magic of a really good spaghetti carbonara, and the joy of a table laden with bits, waiting for hungry hands. This is a book about friendship, and the heady intensity of platonic love between women; it's about making memories and relishing your independence, and how food is the connecting thread between it all.

Eleanor Steafel is a features writer and columnist for the *Daily Telegraph*. Her popular column *The Art of Friday Night Dinner*, and her love of getting friends round for dinner to shake off the work week, is the inspiration behind this, her first cookbook.



Christmas at River Cottage

Lucy Brazier and Hugh Fearnley-Whittingstall

320pp
241 x 176mm
Hardback
£22.00
October 2021

Material Available: Finished copies
Rights Sold: World Rights Available

In *Christmas at River Cottage*, Lucy Brazier shares a feast of recipes and ideas for your Christmas celebrations.

'Exactly the kind of person you want to lead you through Christmas... a comprehensive volume' – DIANA HENRY, *SUNDAY TELEGRAPH*

Christmas at River Cottage encapsulates the very best that the season has to offer, guiding you from the autumn equinox, through advent and Christmas, and merrily into the new year with inspiration, traditions and indispensable recipes for every festive occasion.

These are recipes that have been honed over the years and are rooted in the River Cottage foundations of tradition, seasonality and sustainability. As well as the ultimate versions of all the classics, there are a whole host of new ideas for showstopping centrepieces, sparkling cocktails, prep-ahead canapés, edible gifts, livening up leftovers, as well as some of Hugh Fearnley-Whittingstall's festive favourites. And accompanying all of this are tips from Lucy and Hugh on planning ahead, making natural decorations, effortlessly feeding a crowd and orchestrating the great Christmas Dinner so you'll also be able to find the magic along the way.

Lucy Brazier is a freelance writer, specialising in food, lifestyle and memoir. Following a longstanding career in talent management, she left London and moved to Dorset fourteen years ago to work with Hugh Fearnley-Whittingstall and the team at River Cottage as a writer and course tutor.



Good Comfort

Best Loved Favourites, Made Better for You

Hugh Fearnley-Whittingstall

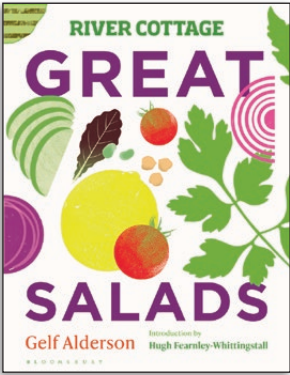
416pp
246 x 189mm
Hardback
£27.00
September 2022

Material Available: Final files
Rights Sold: World Rights Available
Option Publishers: German (AT Verlag), Dutch (Gottmer), Danish (Strandberg), Hungarian (Alexandra)

A stunning collection of 100+ heart-warming recipes that also happen to be packed with good things.

The perception that there is the food we love, and the food that's good for us, and never the twain shall meet, is swept away by this stunning collection of delicious, heart-warming recipes, that also happen to be packed with good things that help keep us well.

And *Good Comfort* is in every way generous, as Hugh makes our favourite foods healthier not by taking stuff out of them, but by putting more in: the best whole ingredients, celebrated in all their colourful and seasonal diversity. We can relish a hearty winter stew that is deeply beefy, but also heaving with healthy veg. We can tuck into a pie knowing that the pastry is awesome and the filling wholesome. Much maligned greens come out to play in moreish gratins and leafy curries. And we can put tea time treats on the table knowing they will bring our family and friends, and kids in particular, goodness as well as happiness.



River Cottage Great Salads

Gelf Alderson

256pp
241 x 176mm
Hardback
£18.99
June 2022

Material Available: Final files
Rights Sold: World Rights Available

River Cottage Executive Head Chef Gelf Alderson shares his recipes for showstopping salads, making use of clever techniques, imaginative flavour pairings and vibrant dressings to bring out the best in simple ingredients.

In *River Cottage Big Salads*, Gelf Alderson looks at how to go about creating a truly knockout salad. Using everyday ingredients and putting to use an array of techniques such as charring on the BBQ, roasting to get that perfect crispy, crunchy texture, and using clever dressings to bring even the simplest ingredients alive, Gelf shows us just how exciting salads can be. Hearty salads for winter months, quick and light salads for summer, lunchbox salads for when you are on the go, *River Cottage Big Salads* has a delicious recipe for every occasion.

Gelf Alderson has been Executive Head Chef of River Cottage for over ten years and, during his time there, has worked with Hugh Fearnley-Whittingstall to create the delicious menus served in all six River Cottage restaurants.

ALSO AVAILABLE



Ultimately Hugh leads us on a journey to tweak our tastebuds and pamper our palates so that we can take as much pleasure – and ultimately more – from dishes that we know will do us good.

Hugh Fearnley-Whittingstall is a writer, broadcaster and campaigner. His recent BBC One series *Easy Ways to Live Well*, alongside comedian Steph McGovern, looked inwardly at our perceptions of healthy eating and wellbeing. Hugh's Channel 4 series have earned him a huge popular following, while his River Cottage books have collected multiple awards. Hugh lives in Devon, UK, with his family.



Bees & Honey
River Cottage Handbook
No.19

Rachel de Thample

256pp
198 x 129mm
Hardback
£16.99
March 2023

Material Available: Sample layouts
Rights Sold: World Rights Available

In the nineteenth River Cottage Handbook, Rachel de Thample provides a comprehensive guide to setting up a hive, keeping healthy bees and harvesting their honey

Beekeeping is surprisingly easy; the bees are the ones that do all the hard work. In *Bees & Honey*, Rachel de Thample tells you everything you need to know about setting up a hive in both rural and urban locations, keeping happy and healthy bees and harvesting golden pots of honey for use in your kitchen.

This practical handbook will enable you to establish a colony of honeybees and understand exactly what is going on inside the hive. You'll be guided through the bee's year month-by-month, and be given instructions for sustainably harvesting the products of their hard work. And once you have retrieved your first pot of delicious honey, there are recipes for cakes and buns, sauces and marinades, and drinks and tonics, as well as some creative ideas for using the beeswax.

Rachel de Thample has worked in the kitchens of Marco Pierre White, Heston Blumenthal and Peter Gordon. She is the author of *More Veg, Less Meat*, *FIVE, Tonics & Teas* and *Gifts from the Modern Larder*. She's served as Commissioning Editor of *Waitrose Food Illustrated* and Head of Food for the pioneering organic box scheme Abel & Cole. Rachel currently runs preserving and fermentation courses at River Cottage in Devon and is author of *Fermentation* and *Bees & Honey* in the River Cottage Handbook series. She lives in Crystal Palace, London, where she has helped set up numerous local food initiatives, including the award-winning Crystal Palace Food Market.



**River Cottage
Untitled**
Hugh Fearnley-Whittingstall

288pp
241 x 176mm
Hardback
£18.99
July 2023

Material Available: Manuscript
date TBC
Rights Sold: World Rights Available

Following on from *River Cottage Great Salads*, this next book in the 'River Cottage Greats' series will include more than 80 favourite recipes from the River Cottage kitchen for delicious, nutritious, everyday meals, and a foreword from Hugh Fearnley-Whittingstall.



**Gino's Italian
Family Adventure**

All of the Recipes from the
New ITV Series

Gino D'Acampo

256pp
246 x 189mm
Hardback
£22.00
October 2021

Material Available: Finished copies
Rights Sold: German (Coppentrath Verlag)

THE SUNDAY TIMES BESTSELLER. Take a seat at Gino's family table with every recipe from his latest hit ITV series.

Italian families know that food is where the heart is. In his new book, Gino shares over 80 recipes that work for busy families, ranging from quick weeknight one-pot meals to comforting roasts to decadent desserts – and even the dinners to make when the kids are out! Try his:

- HEARTY MUSHROOM PENNE** with smoked pancetta and rosemary.
- BRAISED LAMB SHANKS** in honey and red wine sauce.
- MACARONI QUATTRO FORMAGGI** with fried breadcrumbs and veg.
- SPICY AUBERGINE BAKE** with mozzarella and pecorino cheese.
- IRISH CREAM PANNA COTTA** with chocolate coffee bean.
- ITALIAN BUCK'S FIZZ** with prosecco and Cointreau.

Whether you've got hours or minutes to cook, whether your family wants adventurous new tastes or old familiar classics, Gino has the perfect recipe for you.

Born into a large family in Napoli, **Gino D'Acampo's** love of cooking developed from a young age when he was taught to cook by his mother and, at the age of 11, started working at his grandfather's restaurant. After training at the Luigi de Medici Catering college, Gino came to work in London and was soon discovered as a TV talent. Known for his authentic recipes and cheeky personality, and with a string of restaurants across the country to his name, Gino has risen through the ranks to become Britain's best-loved Italian chef. He lives in London and Sardinia with his wife and three children.



Gino Untitled 2
Gino D'Acampo

256pp
246 x 189mm
Hardback
£22.00
October 2022

Material Available: Manuscript due
May
Rights Sold: World Rights Available

The second Bloomsbury TV-tie in from Britain's favourite Italian chef

Following the success of the *Sunday Times* bestselling *Gino's Italian Family Adventure*, Gino will once again be bringing the food of his homeland to our tables.

Accompanying a new primetime ITV series airing in October 2022, the D'Acampos will explore even more of the delicious dishes that Italy has to offer. With over 80 recipes that are easy, delicious and family-friendly.

Born into a large family in Napoli, **Gino D'Acampo's** love of cooking developed from a young age when he was taught to cook by his mother and, at the age of 11, started working at his grandfather's restaurant. After training at the Luigi de Medici Catering college, Gino came to work in London and was soon discovered as a TV talent. Known for his authentic recipes and cheeky personality, and with a string of restaurants across the country to his name, Gino has risen through the ranks to become Britain's best-loved Italian chef. He lives in London and Sardinia with his wife and three children.



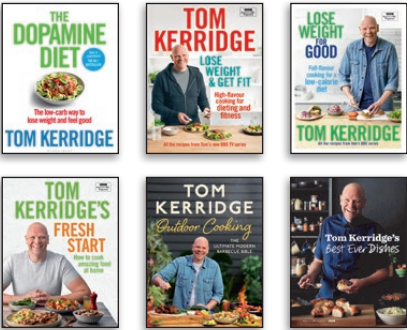
Real Life Recipes

Tom Kerridge

256pp
246 x 189mm
Hardback
£26.00
September 2022

Material Available: Sample spreads
Rights Sold: World Rights Available
Option Publishers: Polish (Zwierciadlo), Italian (Newton Compton), Slovenian (Mladinska)

ALSO AVAILABLE



From Monday lunch to Sunday dinner, fantastic food with no stress.

Michelin-star chef Tom Kerridge is here to make your lunch, tea and weekends taste like you want them to, even if you don't have much time or headspace. From quick tasty meals that you can rustle up on a weeknight to massively lush Sunday lunch, it's all here.

Get stuck in to *proper* tasty food like Cheddar and chutney sausage rolls, Crispy-skin mustard chicken, Smoky beef and bean pie, Creamy mushroom and sage lasagne, Pork pot roast, and Self-saucing cherry and chocolate pudding. There's no faffing about here, just great recipes from a professional chef who can dish up the best flavours you never imagined from 'normal' ingredients and classic British food, time after time.

Tom Kerridge worked as a chef in restaurants across Britain before deciding to set out on his own and take over a rundown pub in the quiet Buckinghamshire town of Marlow. He opened The Hand & Flowers with his wife Beth in 2005, and it went on to become the first (and only) pub in the world to acquire two Michelin stars. In 2014 he opened a second pub in Marlow, The Coach, which was followed by The Butcher's Tap. More recently, he launched Kerridge's Bar & Grill in London and The Bull and Bear in Manchester. His previous books include the bestselling *Proper Pub Food*, *Tom Kerridge's Best Ever Dishes*, *Tom's Table*, *Tom Kerridge's Dopamine Diet*, *Lose Weight for Good* and *Tom Kerridge's Fresh Start* and his most recent bestseller *Outdoor Cooking*. In 2021 Tom launched the game-changing Full Time Meals campaign with Marcus Rashford and in 2022 he will be a judge on Great British Menu.



Natural Flava

Quick & Easy Plant-Based Caribbean Recipes

Craig and Shaun McNuff

256pp
246 x 189mm
Hardback
£22.00
January 2022

Material Available: Finished copies
Rights Sold: World Rights Available

ALSO AVAILABLE



A delicious, easy, Caribbean-influenced vegan cookbook from the bestselling duo behind *Original Flava*.

Craig and Shaun McNuff are all about maximum flava, and these are recipes that are filling and flava-ful, and just happen to be vegan too. Think Potato and chickpea curry with roti, Jerk cauliflower wings, Coconut, black-eyed pea and sweet potato stew, and Plantain cookies.

Caribbean food makes for brilliant vegan dishes because it relies on fresh and vibrant fruit and veg from plantain to pineapple. Jamaican food also has an authentic vegan history with the Rastafarian Ital diet. Ital is a natural, unprocessed, plant-based diet used to promote wellness.

Natural Flava brings together Ital inspiration, punchy Caribbean flava and quick and easy recipes in this feel-good cookbook..

Craig and Shaun McNuff, raised in London and of Jamaican descent, are bringing Caribbean food to the modern kitchen. In April 2016, they launched the Original Flava brand, sharing videos of themselves cooking simple Caribbean recipes that amassed a huge following.



sketch

Mourad Mazouz & Pierre Gagnaire

368pp
312 x 250mm
Hardback
£50.00
October 2023

Material Available: Manuscript due TBC
Rights Sold: World Rights Available

A dreamscape book about one of London's most fascinating restaurants: sketch.

sketch is a unique meeting place in the centre of London created by Mourad Mazouz and Pierre Gagnaire. The converted 18th-century building in Mayfair is an opulent, zany maze with treasures to be discovered in every room. A mad hatter's fantasy comes alive in the enchanted woodland Glade tearoom. Eccentric tasty tricks abound in the Parlour patisserie. Eat your fill of gorgeous flavours in the Gallery bistro art installation. Chic pre-dinner cocktails in the urbane East Bar prepare you for the Michelin magic unleashed in the vibrant Lecture Room & Library. Whether you want a tearoom, bistro, restaurant, bar or nightclub, sketch has the best to offer. Now these myriad food, drink and entertainment styles are captured in a book – the phantasmagoric compendium of all things sketch. Unique cuisine is at its heart, world-renowned three-Michelin-star chef Pierre Gagnaire showcases the best recipes from sketch's kaleidoscopic menus, interlaced with a history of the building, the restaurant and all those involved in this entirely unique meeting place. This is a must-have encyclopaedia of all things sketch.

Mourad Mazouz, the celebrated restaurateur and art connoisseur, combines the most unusual in the most unexpected way. His hybrid restaurants and bars have created unique experiences in Paris, London, Dubai, Abu Dhabi and Beirut.

Pierre Gagnaire's name is synonymous with iconoclastic cooking and technical mastery. He is a leading figure of modern French fare and mad-scientist food experiments, with restaurants in Paris, Berlin, London, Moscow, Las Vegas, Tokyo, Hong Kong, Seoul and Dubai.



Bliss on Toast

Prue Leith

240pp
210 x 148mm
Hardback
£12.99
September 2022

Material Available: Sample Spreads
Rights Sold: World Rights Available

75 delicious things on toast from national treasure Prue Leith.

There is nothing more comforting and delicious than toast. And when you top it with a few cleverly paired ingredients it becomes a full meal, not to mention pure bliss.

These recipes for things on toast will help you make quick, cheap and incredibly versatile meals year-round from January through to December. It has recipes for working-from-home lunches and cosy Sunday suppers. It spans light bites through to indulgent treats. And it is as much a toolkit for quick fridge-raids as it is inspiration for yummy seasonal hauls. Recipes include:

- Avocado, mixed tomatoes and rocket on fried olive bread with tapenade
- Grilled chicken tikka with mint yoghurt on garlic naan
- Ham hock, caper and parsley with mustard mayo on grilled bloomer
- Hot smoked salmon and chives with lemon guacamole on sourdough
- The perfect egg Mayo with chopped gherkin

Prue Leith has 81 years experience cooking and eating and she knows a thing or two about what makes a meal bliss.

Prue's varied career and achievements has seen her recently honoured with a Damehood. Known for revolutionising food and restaurants in London early in her career, she is now a judge on The Great British Bake Off, presented Prue's Great Garden plot and co-hosted Clever Cook, Waste Less. She is a published author of eight novels. Her experience in directing companies, chairing the School Food Trust, and campaigning has equipped her with endless knowledge in so many areas from broadcasting, business and charity.



Small Pleasures

Ryan Riley

224pp
246 x 189mm
Hardback
£25.00
May 2023

Material Available: Manuscript due June
Rights Sold: World Rights Available
Option Publishers: Dutch (Veltman)

A cookbook full of simple, flavour-packed recipes to help nourish and comfort.

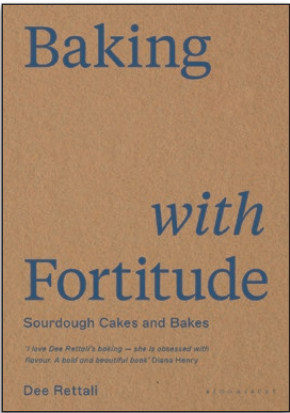
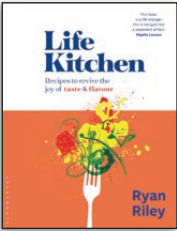
So often when a person is under the weather, we want to feed them, make sure they eat, keep their strength up. But a full meal is often at the very least daunting, at the most completely unfeasible. *Small Pleasures* will build on the author's years of experience working with cancer and covid patients, understanding the inner workings of the problems that come with food and illness.

All the recipes in the book will have Life Kitchen's core Taste & Flavour principles, designed to help everyone enjoy food again, and will allow the book to be used by the unwell as well as anyone who is suffering taste changes, without ever compromising on Life Kitchen's commitment to scientific recipes that work.

Recipes will take influence from familiar classics, giving them Life Kitchen's innovative signature flavours while simplifying the method for the cook. From Parmesan orzotto with lemon porcini to pickled French onion soup, these will be easy, delicious recipes to nourish, comfort and heal.

Ryan Riley is the founder of Life Kitchen, which immediately gained support from the public, press and celebrities nationally, and he has gone on to run his signature cookery classes for people living with cancer across the country – including collaborations at River Cottage, Daylesford and the Jamie Oliver Cookery School. He is also an established food writer and stylist who has worked for print publications such as *Sainsbury's Magazine*, *Waitrose Food* and *BBC Good Food*.

ALSO AVAILABLE



Baking with Fortitude

Dee Rettali

192pp
246 x 174mm
Hardback
£22.00
October 2021

Material Available: Finished copies
Rights Sold: Estonian (Uhinenu), Vietnamese (Coral Books and Media)

A craft-baking book that uses groundbreaking techniques to highlight natural flavours.

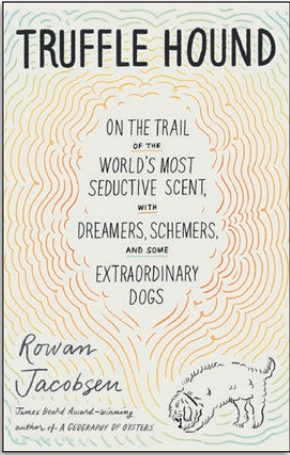
Shortlisted for the André Simon award.

Dee Rettali is an artisan baker who, over a lifetime of baking, has honed her recipes to bring out intense flavour using forgotten craftsmanship. Dee's cakes, created for her bakery – Fortitude Bakehouse in London – are a world away from generic cakes loaded with sugar or artificial flavours.

Her most groundbreaking technique is to use a sourdough-like starter in her baking, another flavour-building process she has developed is to ferment the batter itself before baking. Both these exciting and simple approaches bring a unique depth of flavour to Dee's recipes, as do other slow-paced artisanal methods like steeping fruit and making herb infusions.

This is a cutting-edge way of baking and at the same time it has antecedents in Dee's past. She grew up in rural Ireland where seasonal and no-waste baking was simply a way of life. This book brings this back to life in a thoroughly modern way.

Dee Rettali was at the forefront of the organic food movement, having founded Patisserie Organic in 1998, and her belief in preserving traditional crafts, using time-honoured techniques and sourcing simple, seasonal ingredients has informed the way she cooks and bakes ever since. She opened Fortitude Bakehouse in London in 2018 and has amassed a loyal following.



Truffle Hound

On the Trail of the World's Most Seductive Scent, with Dreamers, Schemers, and Some Extraordinary Dogs

Rowan Jacobsen

304pp
216 x 135mm
Hardback
£20.00
October 2021

Material Available: Finished copies
Rights Sold: World Rights Available

From the beloved, James Beard, award-winning author of *The Geography of Oysters* comes a revelatory, captivating exploration into the secretive and sensuous world of truffles.

The scent of one freshly unearthed white truffle in Barolo was all it took to lead Rowan Jacobsen down a rabbit hole into a world of secretive hunts, misty woods, black-market deals, obsessive chefs, quixotic scientists, muddy dogs, maddening smells, and some of the most memorable meals ever created. Truffles attract dreamers, schemers, and sensualists. People spend years training dogs to find them underground. They plant forests of oaks and wait a decade for truffles to appear. They pay £2,000 a kilo to possess them. They turn into quivering puddles in their presence. Why?

Truffle Hound is the fascinating account of Rowan's quest to find out, a journey that would lead him from Italy to Istria, Hungary, Spain, England, and North America. Both an entertaining odyssey and a manifesto, *Truffle Hound* demystifies truffles—and then remystifies them, freeing them from their gilded cage and returning them to their roots as a sacred offering from the forest.

Rowan Jacobsen is the author of the James Beard Award-winning *A Geography of Oysters* as well as *American Terroir*, *Apples of Uncommon Character*, and other books. His books have been named to numerous top ten lists, and he has been featured on *All Things Considered*, *The Splendid Table*, *Morning Edition*, and *CBS This Morning*, and in the pages of *Bon Appétit*, *Saveur*, the *Wall Street Journal*, the *Washington Post*, and elsewhere. He lives in Vermont, USA.



The Brownie Diaries

My Recipes for Happy Times, Heartbreak and Everything in Between

Leah Hyslop

176pp
177 x 140mm
Hardback
£14.99
February 2022

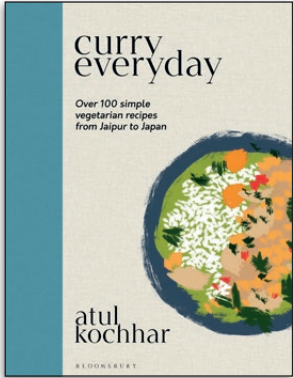
Material Available: Finished copies
Rights Sold: World Rights Available

Broken heart? New job nerves? Nursing a hangover? Whatever the problem, a brownie is always the answer.

Whether you prefer a rich fudgy brownie or a comforting cakey blondie, dive into these 50-plus brownie-based solutions to all of life's challenges, big or small.

From recipes to cheer you up, like the 'Lonesome Tonight' brownie (an indulgent concoction made from store cupboard staples like peanut butter and crumbled cookies), to bakes for celebration, such as the 'I Think I Love You' brownie (with raspberry cheesecake swirl) or even the 'Payday' brownie (a caramel confection inspired by Millionaire's shortbread), you'll find the perfect treat among these pages. Stuck indoors on a rainy Sunday afternoon? There's a brownie for that, too... Filled with humour, inspiration and cocoa-dusted tips and tricks to make sure your bakes never let you down, this is the ultimate book for brownie and blondie lovers everywhere.

Leah Hyslop is a food writer and editor. She was a lifestyle editor at *The Telegraph* and then Food Director of *Sainsbury's Magazine* before becoming deputy editor at *Waitrose Magazine*. Her first book, *Made in London*, was published in 2018. Leah now lives just outside of the city, and is still finding brownie crumbs all over the house.



Curry Everyday
Over 100 Simple Vegetarian Recipes from Jaipur to Japan
Atul Kochhar

304pp
246 x 189mm
Hardback
£26.00
March 2022
Material Available: Final files
Rights Sold: World Rights Available

Quick, easy veggie curries for everyday.

Need a tasty dinner in a hurry? Look no further than this mouth-watering collection of veggie curries from across the globe. Exploring vegetarian curries of the world, from his native India to the Far East, via Africa and the Middle East and beyond, Michelin-starred chef Atul Kochhar turns his hand to an incredible range of delectable vegetarian dishes to form this sensational collection of everyday recipes.

Recipes include: Mango curry from Cambodia, Vegan pad Thai from Thailand, Aubergine katsu from Japan, Shakshuka from Algeria, Masala chips from Kenya, Bunny chow from South Africa, Scrambled paneer, corn and peas from North India, Bengali daal from East India, Veg momo from Nepal, Egg curry from Sri Lanka, White bean stew from Iraq, Lentil soup from Yemen, and many, many more.

This book sees Atul go beyond his roots on a gastronomic journey to showcase recipes from around the world. Simple and accessible, this collection of inspiring, spiced dishes from all corners of the globe promises to be a book you will cook from again and again.

Atul Kochhar is a celebrated Indian chef and author of six books. He was the first Indian chef to receive a Michelin-star in 2001. He has opened restaurants across the world, from London, Marlow and Ireland to Dubai and Spain, and continues to astound with his incredible food. Atul is a regular on British television, often appearing on *Saturday Kitchen*, *MasterChef* and *The Great British Menu*.

NATURAL
HISTORY
& NATURE
WRITING



The Weekend Cook
Good Food for Real Life
Angela Hartnett

288pp
246 x 189mm
Hardback
£26.00
May 2022

Material Available: Final files
Rights Sold: World Rights Available

Over 80 recipes for Sunday suppers and midweek meals, packed full of flavour, from one of the UK's best-loved chefs.

An invitation to supper at Angela Hartnett's house is a real treat. Nestled in the middle of Wilkes Street, in London's vibrant East End, you know you're going to get delicious food, great company and a relaxed atmosphere that is as far removed from the high-octane stress of a professional kitchen as it is from the awkward social anxiety that many of us face when hosting a dinner. Angela knows the secrets to throwing the most relaxed and enjoyable dinners for friends and family – sometimes mad, but always magical evenings that people talk about for months afterwards – and in this book she's going to share them.

Great flavours and simple recipes abound in these pages, each one a joy to cook and eat, from satisfying one-pot dishes and comforting risottos to perfect party food and bakes to feed a hungry crowd. Collected in these pages are over 80 recipes from one of Britain's most-loved chefs, as well as time saving tips and cheats that will take the stress out of hosting and allow you to enjoy your dinner parties without breaking a sweat. The only essential ingredients are friends and family... and lots of them.

Angela Hartnett, MBE, is one of Britain's most-loved chefs, known for her simple, Italian-inspired cooking. Born in Britain, her passion for good food and the best ingredients was instilled in her by her Italian grandmother. Angela is a regular on television, appearing on *MasterChef* and *Saturday Kitchen*, as well as BBC's *Best Home Cook*. This is her third book.



Avocado Anxiety and Other Food Stories

Louise Gray

272pp
216 x 135mm
Hardback
£16.99
February 2023

Material Available: Manuscript due February 2022
Rights Sold: World Rights Available
Option Publishers: German (Edel)
Japanese (Aki Shobo)

The stories behind your favourite fruits and vegetables and how to eat them without destroying the planet.

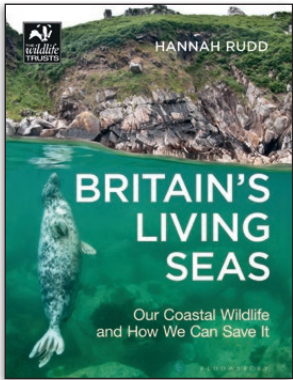
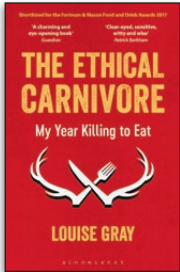
Have you ever wondered who picked your Fairtrade banana? Or why we can buy British strawberries in April? How far do you think your green beans have travelled to get to your plate? And where do all the wonky carrots go?

When she becomes a mother, Louise Gray determines to find out exactly where our ‘clean’ fruits and vegetables come from. Through visits to farms, interviews with producers and growing her own, she digs up the truth about organic potatoes, GM tomatoes and the secret to a glut of courgettes. In each chapter, Louise answers a question about a familiar item in our shopping basket. Is plant protein as good as meat? Do we really need to wrap cucumbers in plastic? Should you always buy British apples? Are avocados fuelling the climate crisis? Ultimately, can our buying choices make the world a better place for our children?

This series of essays from the author of the award-winning *The Ethical Carnivore* is also a personal story of motherhood and the realisation that nothing is ever perfect.

Louise Gray is a freelance writer based in Scotland. She trained with The Press Association and was a staff writer for *The Scotsman*. From 2008 to 2013 she was Environment Correspondent for *The Daily Telegraph*. Louise specialises in writing about food, farming and climate change.

ALSO AVAILABLE



Britain's Living Seas

Our Coastal Wildlife and How We Can Save It

Hannah Rudd

160pp
246 x 189mm
Paperback
£16.99
September 2022

Material Available: First layouts
Rights Sold: World Rights Available

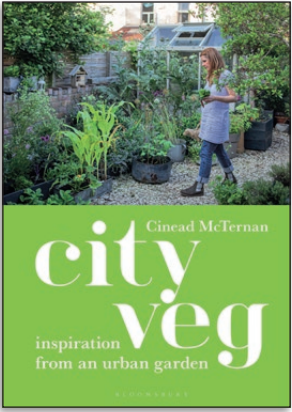
Discover the incredible diversity of life within our seas and learn how we can all play a role in protecting and conserving it.

Our seas are home to an abundance of fascinating creatures and stunning habitats. From spectacular kelp forests to intricate rocky reefs and from mud plains to open ocean, the British Isles have a diversity of marine ecosystems that rival those seen on any nature documentary. Yet, for generations, we have been slowly suffocating life beneath the waves. Decades of unsustainable exploitation, endless pollution and a warming climate have had a devastating effect on our marine habitats.

But it's not too late to make a difference. With the help of this guide, written in collaboration with The Wildlife Trusts, everyone can discover more about the wonders within the waters that surround us. Marine biologist Hannah Rudd believes we can all learn how to become marine conservationists in our everyday lives. And together, we can create a healthier future for our oceans.

Britain's Living Seas is a user-friendly illustrated guide to coasts around the British Isles that uncovers the diversity of life within our seas and the life-giving services that they provide us. This practical and informative guide will demonstrate how our actions threaten their existence and reveals how we can all play a role in their conservation.

Hannah Rudd is a marine biologist and writer specialising in shark science. Growing up on the Essex coast, she has always been infatuated with the sea, and currently works with recreational anglers in the UK gathering data on UK shark species through the collaborative group Shark Hub UK.



City Veg

Inspiration from an Urban Garden

Cinead McTernan

288pp
216 x 153mm
Hardback
£20.00
March 2022

Material Available: Final proofs
Rights Sold: World Rights Available

The perfect season-led book to help you grow the best organic vegetables, fruit and herbs in a small urban space.

Many of us are trying to be more mindful in our approach to eating by choosing seasonal ingredients, and growing our own fruit and vegetables can benefit our health, the environment and even our wallet.

Written over a year, *City Veg* is the candid account of an urban grower from her productive city plot – the size of two classic 1970s VW camper vans – with all the triumphs and minor woes that come with a small, suburban location. From planning and designing the garden in January to harvesting and using home-grown produce throughout the growing season, Cinead McTernan takes you on a personal journey that will entertain experienced growers and share plenty of practical information with newbie gardeners.

With helpful growing advice, harvesting guides, tips and inspiration for garden projects, *City Veg* also includes quick and easy recipe ideas to help make the most of your bountiful yield.

Cinead McTernan writes for national newspapers and magazines, including *The Telegraph*, *The Mail*, *Gardeners' World* and *The National Trust*. She edited *The Edible Garden* and *The Simple Things* magazine garden section and was deputy editor of *The English Garden*. Cinead currently works as a horticultural researcher for BBC 1's *Chelsea Flower Show* and was previously the assistant producer for BBC 1's *Garden Rescue* and researcher on BBC 2's *Gardeners' World*. She has written three other books: *Grow Your Own Botanicals*, *Kitchen Garden Experts* and *One-Pot Gourmet Gardener*.



Gathering Places

Winter Pilgrimage In a Time of Flux

Mary Colwell

272pp
216 x 135mm
Hardback
£16.99
April 2023

Material Available: Manuscript due May 2022
Rights Sold: World Rights Available

A 500-mile solo pilgrimage along the Camino Francés weaving experiences of the Camino with natural history, spirituality and modern environmentalism.

Ancient pathways through the modern world are gathering places – where humanity coalesces to walk known paths into the unknown territory of the soul. They are touchpoints for contemplation and prayer, but also for kindness, demon-slaying, strange goings-on and magical tales.

Pilgrimages are physical journeys through space and metaphysical journeys through time, where pilgrims pitch themselves against heat, cold, wet, dry, hunger, thirst, and sometimes pain. There is a physical reality to being a soft-bodied creature on a hard planet that doesn't care about our survival. Yet the soaring birds, rocks, trees, butterflies and flowers give us succour, medicines or warnings. Nature is, in a sense, a fellow traveller. Our ancestors trod these paths before us and left their fretful hopes and dreams in monuments scattered across the landscape.

In *Gathering Places*, Mary Colwell relates her solo pilgrimage along the Camino (also known as the Camino de Santiago or the Camino Francés) in a time of global pandemic, increasing concern over climate change, and when the focus of political power in the western world was shifting.

Mary Colwell is an author, producer and conservationist. Her articles have appeared in the *Guardian*, *BBC Wildlife Magazine*, *The Tablet*, *Country Life* and many other publications. She has made documentaries for the BBC Natural History Unit in both TV and radio and has published three books. In 2020, she set up the charity, Curlew Action and in 2021, was appointed Chair of the Curlew Recovery Partnership England



The Flow

Rivers, Water and Wildness

Amy-Jane Beer

272pp
216 x 135mm
Hardback
£16.99
August 2022

Material Available: Manuscript available
Rights Sold: World Rights Available

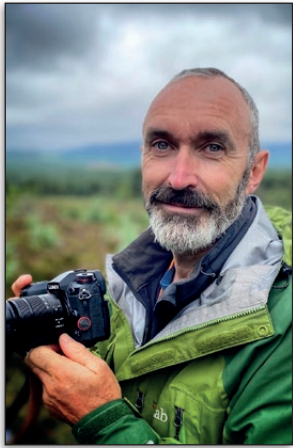
A visit to the rapid where she lost a cherished friend unexpectedly reignites Amy-Jane Beer's love of rivers setting her on a journey of natural, cultural and emotional discovery.

On New Year's Day 2012, Amy-Jane Beer's beloved friend Kate set out with a small group of others to kayak the river Rawthey in the Howgill Fells. Kate never came home, and her death left her devoted family and friends bereft and unmoored.

Finally visiting the Rawthey years later, Amy-Jane realises how much she misses the connection to the natural world she always felt when she was close to rivers, and so begins a new phase of exploration. The result is a book of many rivers and many voices. The voices are those of friends, writers, poets, singers, conservationists, adventurers, river managers, campaigners, farmers, artists, historians, archaeologists.

The Flow is a book about water and, like water, it runs through myriad lives and landscapes, with tributary themes of nature and adventure, loss and recovery (of people and ecosystems), friendship, motherhood, mythology, cyclicity and transformation, history and prehistory, farming, rewilding, flood management and access to nature.

Dr Amy-Jane Beer is a biologist turned naturalist and writer. She has worked for more than 20 years as a science writer and editor, contributing to more than 40 books on natural history. She is currently a Country Diarist for *The Guardian*, a columnist for *British Wildlife* and a feature writer for *BBC Wildlife* magazine, among others.



The Forest Guide: Scotland

Copses, Woods and Forests of Scotland

Gabriel Hemery

288pp
234 x 153mm
Paperback
£22.00
April 2023

Material Available: Manuscript and photographs available
Rights Sold: World Rights Available

A guide to exploring 365 of Scotland's most scenic, wildlife-rich and historically significant woodland sites.

From the precious fragments of Caledonian pine forest to lesser-known orchards and urban copses, Scottish woodlands offer places of sanctuary, both for wildlife and for people.

In this practical new guide, Gabriel Hemery brings to light the beauty, purpose, history, wildlife and ownership of some of the most extraordinary woodland sites in the country, from the largest (the Forest of Ae, which covers more than 10,000 hectares) to the smallest (Halligarth in the Shetland Islands, measuring less than a third of a hectare), and everything in between. Some woods are notable for having the tallest or rarest trees, others are the best places in the country for spotting marine mammals, ospreys or red squirrels and exploring preserved archaeological features, while a few just have curious names.

Illustrated throughout with 200 of the author's spectacular photographs showcasing the astonishing variety of plants, animals and landscapes that occur throughout Scotland's forests, this is an essential book for adventurers, ramblers and wildlife enthusiasts.

Gabriel Hemery is a prolific silvologist (forest scientist) and a passionate advocate for trees and forestry. He co-founded and is Chief Executive of the Sylva Foundation. Gabriel has written more than 90 technical articles, cited in 900 articles by other scientists. In 2011–12 he played a lead role in campaigning to save England's public forests, and in 2017 he helped create and launch the UK Tree Charter. He regularly contributes to television and radio programmes and has presented at several literary festivals.



Planting for Pollinators

Creating a garden haven

Heather Angel

256pp
230 x 189mm
Paperback
£16.99
March 2023

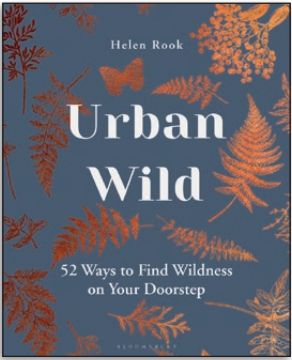
Material Available: Manuscript due May 2022
Rights Sold: World Rights Available

Planting for Pollinators is an easy-to-use gardening guide to help you encourage different types of insect pollinators into your garden.

Without bees, flies, hoverflies, butterflies, moths and beetles, some of our favourite foods would cease to exist. Insect pollinators are essential to our planet, but they also bring joy to our gardens. Creating a habitat for insect pollinators is easy – you can start on a windowsill, or with some pots on your balcony.

Planting for Pollinators features a wide-ranging selection of plants, with gardening advice for all types of outdoor space. Heather Angel reveals how plants communicate with their pollinators and offers tips on watching foraging insects at work. Planting to encourage insect pollinators is a fantastic first step in creating a wildlife-friendly garden, and this practical new guide will help readers to discover the exciting rewards available.

Heather Angel is an award-winning wildlife photographer and writer. She has a degree in Zoology, an MA in Marine Ecology and a passion for floral structure and pollination mechanisms. Heather tutors photo workshops, manages her image library – Natural Visions – and is a prolific writer. Her first book, *Nature Photography: Its Art and Techniques*, was published in 1972. Heather was President of the Royal Photographic Society and founder chair of the RPS Nature Group. She has been a Visiting Professor at Nottingham University since 1994. Major solo exhibitions of her work have been shown in London, India, China, Malaysia and Egypt.



Urban Wild

52 Ways to Find Wildness on Your Doorstep

Helen Rook

224pp
230 x 189mm
Hardback
£20.00
February 2022

Material Available: Finished copies
Rights Sold: World Rights Available

Learn how to de-stress, relax and connect with the wildness you can find on your doorstep even in urban and suburban settings.

Increasing workload, nervous tension, trouble sleeping? Wondering whether there is more to life? You're not having a mid-life crisis. Like so many others, you are feeling the call of the wild.

Today's urban living makes it easy for us to feel divorced from nature. This practical book is filled with 52 varied and inspiring activities illustrated with beautiful colour photographs that will get you out and about whatever the weather. Featuring a combination of creative, culinary, herbal and mindful projects, all with nature at their heart, you'll be surprised how much wildness you can find on your doorstep when you know where to look.

Organised by month, *Urban Wild's* simple, seasonal, step-by-step activities open the door to nature in urban and suburban landscapes to help you increase your potential for health and wellbeing and take your first steps on a journey of discovery towards a lifelong connection with the natural world.

Helen Rook has worked to bring art and nature to people of all ages and abilities for more than twenty years providing varied opportunities from natural education and forest therapy to urban herbalism and home spas. She developed and runs an inner-city outdoor classroom in one of the most deprived areas of the UK. Helen is studying for a Masters in Positive Psychology, and she uses her knowledge to create natural experiences to support people learning to cope with stress and trauma.



Wild Woman

Philippa Forrester

272pp
216 x 135mm
Hardback
£17.99
January 2023

Material Available: Manuscript due February 2022
Rights Sold: World Rights Available

An engaging blend of conservation stories and humorous, personal anecdotes about women who choose to live and work in the wilderness.

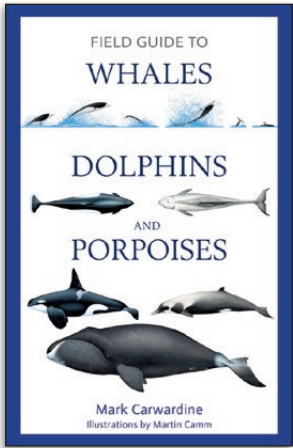
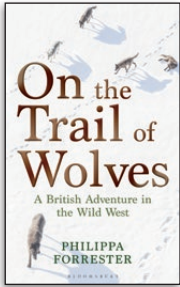
Surviving in the wilderness has long been associated with men, and traditionally conservation and environmental biology have been male-dominated subjects. Yet many remarkable women also choose to live and work in wild and challenging landscapes, and in her new book, Philippa Forrester studies and celebrates what it means to be a wild woman.

Taking an anthropological approach, Philippa considers the grit and determination required for women to maintain connections to wildlife. She reveals stories of female conservation heroes and other extraordinary wild women and relates some of her own experiences from three decades spent travelling around the world working in some of the wildest places on Earth. What does it take for a woman to live or work in the wild? How do women's qualities help them survive and thrive in the most challenging of natural environments?

Interviewing women around the world, including the last few genuinely wild parts of the UK, Philippa examines how these women benefit from a life spent in the wilderness and considers what the natural world gains from them.

Philippa Forrester's career as a presenter began with Children's BBC and spans three decades of primetime TV. She has written and produced award-winning documentaries for the BBC, Animal Planet and Discovery and has published three books. She has degrees in English Literature and Ecology and Conservation and graduated from Bath Spa University with an MA in Writing for Young People.

ALSO AVAILABLE



Field Guide to Whales, Dolphins and Porpoises

Mark Carwardine

288pp
216 x 140mm
Paperback
£16.99
May 2022

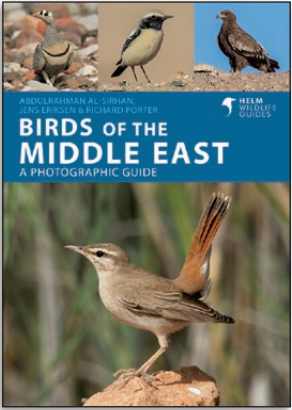
Material Available: Final proofs
Rights Sold: World Rights Available

Practical and portable, this is the ultimate field guide to the world's cetaceans.

This outstanding new field guide to whales, dolphins and porpoises is the most comprehensive, authoritative and up-to-date guide to these popular mammals. With more than 500 accurate and detailed illustrations – complete with detailed annotations pointing out the most significant field marks – this new field guide covers all 93 species and every subspecies in the world.

Many of the world's most respected whale biologists have collaborated on the concise text, which is packed with helpful identification tips from cetacean expert, Mark Carwardine. Mark's informative text is accompanied by up-to-date distribution maps for each species. Beautifully designed, to ensure critical information is quickly accessible, this is an indispensable resource that every whale-watcher will want to carry out to sea.

Mark Carwardine is a zoologist, writer, radio and TV presenter, wildlife photographer, whale-watch operator and an active and outspoken conservationist, with a special interest in cetaceans. His TV series include BBC's *Last Chance to See* with Stephen Fry, and for many years he presented the weekly half-hour programme *Nature* on BBC Radio 4. Mark writes a monthly column in *BBC Wildlife* magazine and has written more than 50 books on wildlife and conservation, including the *Handbook of Whales, Dolphins and Porpoises*, *Mark Carwardine's Guide to Whale Watching in Britain and Europe* and *Mark Carwardine's Guide to Whale Watching in North America*.



Birds of the Middle East

AbdulRahman Al-Sirhan, Jens Eriksen and Richard Porter

224pp
190 x 135mm
Paperback
£16.99
January 2022

Material Available: Finished copies
Rights Sold: World Rights Available

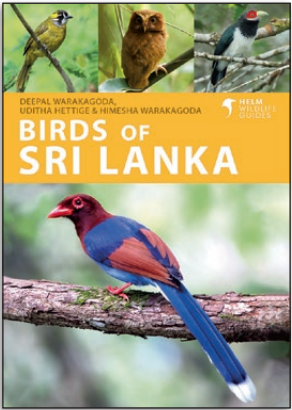
The definitive photographic guide to the avifauna of the Middle East.

The Middle East has a wonderfully broad and diverse avifauna, featuring a host of wintering and passage migrants, enigmatic and sometimes colourful breeders, and even a few endemics that occur nowhere else. The perfect companion for any wildlife-friendly visitor, *Birds of the Middle East* provides photographic coverage of more than 320 species that regularly occur in the region. Concise text for each species includes information on identification, songs and calls, behaviour, distribution and habitat, with each photo having been carefully selected to guide identification. A guide to the best birdwatching sites in the Middle East is also included. Portable yet authoritative, this is the perfect guide for travellers and birdwatchers visiting this spectacular and bird-rich slice of western Asia.

Richard Porter has been involved with birds in the Middle East since 1966 and is an adviser on bird conservation for BirdLife International. He is the author or co-author of several books on the Middle East and the groundbreaking *Flight Identification of European Raptors*.

AbdulRahman Al-Sirhan is a Kuwaiti birder, ornithologist and photographer. AbdulRahman now leads guided bird tours in Kuwait and was also involved in the translation of the Helm Field Guide *Birds of the Middle East* into Arabic.

Jens Eriksen is a tour guide and photographer. Renowned as one of the premier birders in the region, he has a number of photographic titles covering the region's birds under his belt.



Birds of Sri Lanka

Deepal Warakagoda, Uditha Hettige & Himesha Warakagoda

224pp
190 x 135mm
Paperback
£16.99
March 2022

Material Available: Finished copies
Rights Sold: World Rights Available

The definitive photographic guide to the amazing avifauna of Sri Lanka.

The island of Sri Lanka is one of the world's most impressive biodiversity hotspots, with rich and varied natural habitats. It is one of Southern Asia's most popular wildlife and birding destinations, boasting a remarkably highnumber of endemic species.

The perfect companion for any wildlife-friendly visitor, *Birds of Sri Lanka* provides photographic coverage of more than 330 species that regularly occur in the country.

Concise text for each species includes information on identification, songs and calls, behaviour, distribution and habitat, with each photo having been carefully selected to guide identification. A guide to the best bird watching sites in Sri Lanka is also included.

Portable yet authoritative, this is the perfect guide for travellers and birdwatchers visiting this spectacular and bird-rich destination.

Deepal Warakadoda is Sri Lanka's leading ornithologist. A tour leader, photographer and conservationist, Deepal made his name with his stunning 2002 discovery of the Serendib Scops Owl in Sri Lanka's Sinharaja Forest, a species completely new to science - the holy grail for any birdwatcher. **Uditha Hettige** is a tour leader and photographer, also based in Colombo, and **Himesha Warakagoda** is a biologist and author. All three have a deep understanding of the birds of Sri Lanka, and a passion for their conservation.



Birds of South Africa

Adam Riley

224pp
190 x 135mm
Paperback
£16.99
September 2022

Material Available: Final proofs
Rights Sold: World Rights Available

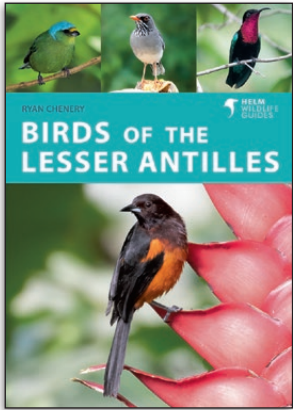
The definitive photographic guide to the avifauna of South Africa.

South Africa – from the vast savanna of Kruger to the unparalleled richness of the Cape – is one of the most biodiverse countries in the world, featuring the highest number of endemics of any African country, as well as rich seabird assemblage and vast numbers of more widespread yet no less spectacular African birds.

The perfect companion for any wildlife friendly visitor, *Birds of South Africa* provides photographic coverage of more than 340 regularly occurring species. Concise text for each species include information on identification, songs and calls, behaviour, distribution and habitat, with each photo having been carefully selected to guide identification. A guide to the best birdwatching sites in South Africa is also included.

Portable yet authoritative, this is the perfect guide for travellers and birdwatchers visiting this spectacular and bird-rich destination.

Adam Riley has grown up with a lifelong interest in wildlife, which evolved into a particular fascination with birds. Raised in a rural region of KwaZulu-Natal, in 1998 his career path took an alternative route when he co-founded Rockjumper Birding Tours. Adam is now one of Africa’s most experienced birders, having seen more than 2,000 species on the continent (as well as 8,000 species worldwide, making him one of the world’s leading birders).



Birds of the Lesser Antilles

Ryan Chenery

224pp
190 x 135mm
Paperback
£16.99
July 2022

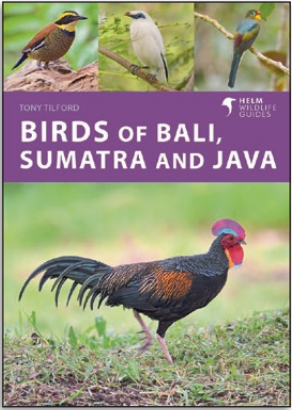
Material Available: Final proofs
Rights Sold: World Rights Available

A portable yet authoritative guide to all the more commonly seen birds of the Lesser Antilles.

The birdlife of the Lesser Antilles – the arc of islands running from Jamaica south to the South American mainland, incorporating the nations of Antigua and Barbuda, Barbados, Dominica, Grenada, St Kitts and Nevis, St Lucia, St Vincent and the Grenadines, and Trinidad and Tobago, along with numerous dependencies – is the focus of this comprehensive yet portable new field guide. The islands are rich in birdlife and hold more than 40 endemic species, along with numerous range-restricted species, though each island’s avifauna is unique. It is a magical region for a travelling naturalist to explore, with endemic parrots, orioles, pigeons, warblers and more.

This guide is the perfect companion for any wildlife-savvy visitor to the islands, especially those on multi-island trips. It includes superb photography of more than 300 commonly encountered species across the islands, including all endemics and with many subspecies included. Concise text accompanies the photos to guide identification.

Ryan Chenery, AKA The Bajan Birder, has been leading birding tours in the Caribbean for more than 15 years. Ryan has combined this with a full-time career in conservation, during which he has been employed as Chief Naturalist and Eco-guide Manager at Graeme Hall Nature Sanctuary in Barbados, and Volunteer Development Officer with the RSPB at Bempton Cliffs, UK. He lives in Barbados.



Birds of Bali, Sumatra and Java

Tony Tilford

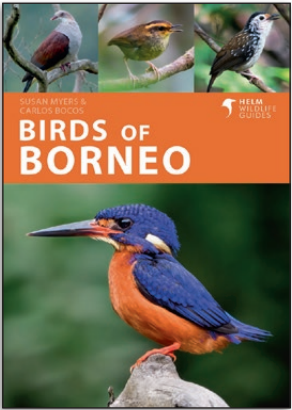
224pp
190 x 135mm
Paperback
£16.99
November 2022

Material Available: Manuscript
Rights Sold: World Rights Available

The definitive photographic guide to the avifauna of Bali, Sumatra and Java.

With an extensive and varied list of recorded avifauna, the islands of Indonesia are a haven for birdwatchers and a frontrunning biodiversity hotspot. *Birds of Bali, Sumatra and Java* is a concise and easy-to-use guide to more than 300 of these islands’ most interesting and spectacular birds, with each species illustrated in full colour with key information on identification, habitat and distribution. This book is the ideal guide – perfect for nature-loving travellers and birdwatchers alike.

Based in Britain, but travelling worldwide through many countries including Europe, Asia and America, **Tony Tilford** has accumulated a unique library of colour photographs of animals; many rare, threatened or endangered. Sharing the beauty of these pictures has been possible by publication in books and magazines to which he also contributes as a specialist author.



Birds of Borneo

Susan Myers

224pp
190 x 135mm
Paperback
£16.99
November 2022

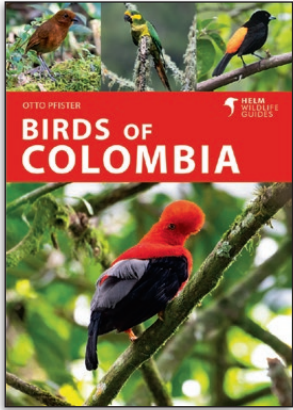
Material Available: Manuscript
Rights Sold: World Rights Available

The definitive photographic guide to the amazing avifauna of Borneo.

The world’s third largest island, divided between three countries - Indonesia, Malaysia and Brunei - Borneo is home to some of the oldest rainforests in the world, estimated to be 140 millions years old, and an avifauna of around 600 recorded bird species. It is a haven for birdwatchers and a frontrunning biodiversity hotspot. A range of habitats contributes to a diverse and exciting birdlife, which features colourful forest dwellers, mighty canopy dwelling hornbills, soaring raptors, as well as a host of charismatic endemics species and subspecies confined to this unique and special island.

This guide is the perfect companion for any wildlife-savvy visitor to the island. It includes superb photography of more than 300 commonly encountered species, including all endemics and many subspecies. Concise text, covering key information on identification, habitat and distribution, and the best birdwatching sites, accompanies the photos to guide identification.

Susan Myers is an experienced bird tour leader for US tour company Wings, and she specialises in southern Asia. Having grown up in Australia, she now lives in Seattle, USA, while spending much of each year in Asia.



Birds of Colombia

Otto Pfister

224pp
190 x 135mm
Paperback
£16.99
December 2022

Material Available: First proofs
Rights Sold: World Rights Available

The definitive photographic guide to the fantastic avifauna of Colombia.

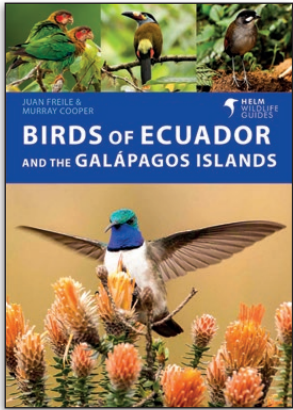
With a spectacular range of habitats and one of the richest avifaunas of any country on earth, Colombia is home to an extraordinary total of almost 2,000 species of birds. It is quickly becoming one of South America's most popular wildlife and birding destinations, boasting more than 70 endemic species.

The perfect companion for any wildlife-friendly visitor, *Birds of Colombia* provides photographic coverage of more than 320 species that are regularly seen in the region.

Concise text for each species includes information on identification, songs and calls, behaviour, distribution and habitat, with each photo having been carefully selected to guide identification. A guide to the best birdwatching sites in Colombia is also included.

Portable yet authoritative, this is the perfect guide for travellers and birdwatchers visiting this spectacular and bird-rich country.

Otto Pfister is a birder and photographer with extensive experience of the Colombian avifauna. He has spent much of his life living and researching abroad, including in Colombia, where he documented the country's rich biodiversity and birdlife, visiting many national parks and nature reserves. Otto has published his writing and photography in international magazines, calendars, publications and reference books.



Birds of Ecuador and the Galápagos Islands

Juan Freile and Murray Cooper

224pp
190 x 135mm
Paperback
£16.99
January 2023

Material Available: Manuscript in
Rights Sold: World Rights Available

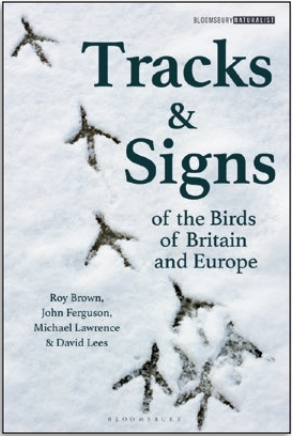
A guide to birds of Ecuador, the ultimate Neotropical wildlife destination.

For sheer diversity of birds, Ecuador cannot be beaten. Nowhere else is it as easy to experience such a range of habitats, from the high Andes to the Amazon and Chocó rainforests and those jewels in the ocean, the Galápagos Islands. The avifauna is similarly dazzling – a huge range of species, including 41 endemics, call this country home, making Ecuador the ultimate Neotropical wildlife destination.

This book showcases the avian wonders of Ecuador, highlighting more than 320 regularly occurring species that can be seen by most visitors to the country, including the Galápagos. Pocket-sized yet authoritative, this is the perfect companion for any wildlife-friendly visitor to Ecuador.

Juan Freile is an ornithologist based in Ecuador. He has published more than 80 bird-related papers and books, including the Helm Field Guide *Birds of Ecuador* with Robin Restall, and works on a wide array of environmental issues. Juan currently acts as chairman of the Committee for Ecuadorian Records in Ornithology, and is managing editor of *Cotinga* and *Revista Ecuatoriana de Ornitología*.

Murray Cooper is a conservationist and wildlife photographer and has been documenting the extraordinary diversity of neotropical rainforests for many years. His work has been published in many books and magazines, including *National Geographic*, *Time* and *Natural History Magazine*.



Tracks and Signs of the Birds of Britain and Europe

David Lees, John Ferguson, Michael Lawrence and Roy Brown

416pp
234 x 156mm
Paperback
£30.00
December 2021

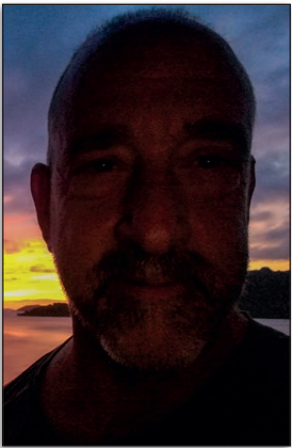
Material Available: Final copies
Rights Sold: World Rights Available

The definitive guide to the tracks and signs of the birds of Britain and Europe.

Tracks & Signs of the Birds of Britain and Europe contains a wealth of fascinating material for any field naturalist. This unique guide enables the reader to find, interpret and understand field marks left by a variety of birds throughout Britain and Europe, and to use these to identify the species in question. It covers subjects including tracks and trails, feeding and other behavioural signs, nests, pellets, droppings, feathers and skulls, habitat types and field analysis methods. All European bird families are featured, with numerous individual species being described in detail.

Fully revised and updated, this third edition contains a great deal of new material, including 19 new colour plates and hundreds of new photographs, line drawings and diagrams.

The author team of *Tracks and Signs of the Birds of Britain and Europe* is **Roy Brown**, **Michael Lawrence**, **John Ferguson** and the late **David Lees**. Experienced field ornithologists specialising in track identification and fieldwork skills, they worked together on the first two editions of this book in the 1990s and early 2000s, with Roy, Michael and John reprising this role for the third edition.



Tubenoses of the World, Volume I: Gadfly Petrels

Hadoram Shirihi & Vincent Bretagnolle

608pp
240 x 170mm
Hardback
£75.00
November 2023

Material Available: Manuscript date TBC
Rights Sold: World Rights Available

The definitive reference work to the gadfly petrels – the first in the four-part 'Tubenoses of the World' series.

The gadfly petrels of the genus *Pterodroma* roam the world's oceans, picking prey items from the surface, where they are renowned for their speedy, weaving flight and subtle brown, black and white plumage. Generally seen only at sea, and often very far from land, they represent one of the great wonders of birding and are high on any birdwatcher's wish-list. Yet seeing and identifying these birds presents one of the sternest challenges in field birding. It is a group that inspired awe, featuring species that vanish for decades, surprising and unusual ecologies, and testing taxonomic puzzles.

This book brings all of our knowledge and understanding of these birds together. Written by two of the leading ornithologists in the world, Hadoram Shirihi and Vincent Bretagnolle, and packed with the authors' photography, it explores each of the world's gadfly petrels in intricate detail, with full coverage of all known variation across every species, subspecies and morph. The comprehensive text covers areas such as breeding biology, at-sea ecology, taxonomy, feather anatomy, range, and measurements.

Hadoram Shirihi is Israel's foremost ornithologist, co-author of *Handbook of Western Palearctic Birds*, and the author of books including the acclaimed *Sylvia Warblers* and *A Complete Guide to Antarctic Wildlife*. The scientific name of the Desert Tawny Owl (*Strix hadorami*), a species that attracted his attention and research from when he was a schoolboy, honours his devotion to Middle Eastern ornithology.



Vagrancy in Birds

Alexander Lees & James Gilroy

400pp
240 x 170mm
Hardback
£40.00
December 2021

Material Available: Finished copies
Rights Sold: US (Princeton University Press)

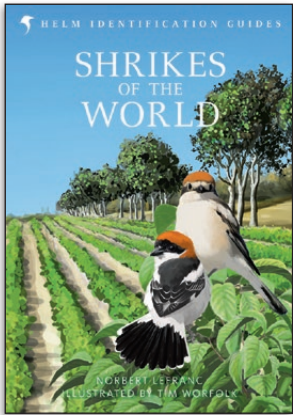
The first comprehensive coverage of a subject that has fascinated natural historians for centuries.

Avian vagrancy is a phenomenon that has fascinated natural historians for centuries. From Victorian collectors willing to spend fortunes on a rare specimen, to today's high-octane bird-chasing 'twitchers', the enigma of vagrancy has become an obsession for countless birders. *Vagrancy in Birds* explores both pattern and process in avian vagrancy, drawing on recent research to answer a suite of fundamental questions concerning the occurrence of rare birds. For each avian family, the book provides an in-depth analysis of recent and historical vagrancy patterns, representing the first comprehensive assessment of vagrancy at a global scale. The accounts are accompanied by hundreds of previously unpublished images featuring many of the most exceptional vagrants on record.

The book synthesises for the first time everything we know about the subject, making the case for vagrancy as a biological phenomenon with far-reaching implications for avian ecology and evolution.

Alexander Lees is a Senior Lecturer in Biodiversity at Manchester Metropolitan University, a Lab Associate of the Cornell Lab of Ornithology and serves on both the British Ornithologists' Union Records Committee (BOURC) and the Brazilian Ornithological Records Committee (CBRO).

James Gilroy is a Lecturer in Ecology at the University of East Anglia. His childhood fascination with bird migration led him into a career studying the long-distance movements of animals, and how these movements are changing in in response to human impacts.



Shrikes of the World

Norbert Lefranc

352pp
Other
Hardback
£60.00
December 2022

Material Available: Manuscript
Rights Sold: World Rights Available

The definitive work on shrikes – small, beautiful birds that are also deadly hunters.

Everyone loves shrikes. Beautiful, colourful, often fearless hunters of large insects and small vertebrates, shrikes are among the most prized of all avian groups by birders. And while the one resident species in the UK is now more or less extinct (and the other European species are rare winter visitors), shrikes are common throughout the rest of the northern hemisphere, with a large number of species.

This is a second edition of Norbert Lefranc's *Shrikes*. It is fully updated from the superb 1997 edition, with detailed maps to accompany the authoritative text, along with hundreds of high-class photos showcasing racial and ageing differences. The exceptional plates are by Tim Worfolk. This beautiful book will be treasured by birders and professional ornithologists alike. It becomes the definitive work on these birds.

Norbert Lefranc is one of France's leading conservationists. Now retired, his speciality is the ecology of shrikes. He is the author of *Shrikes* (Pica Press, 1997).

Tim Worfolk is one of Britain's leading bird artists.



RSPB Birds of the British Isles

Rebecca Nason

272pp
190 x 135mm
Paperback
£9.99
June 2023

Material Available: Manuscript due in July 2022
Rights Sold: World Rights Available

The definitive photographic guide to the birds of the British Isles.

The perfect companion for wildlife enthusiasts, *Birds of the British Isles* provides photographic coverage of more than 320 species that regularly occur in the region. Concise text for each species includes information on identification, songs and calls, behaviour, distribution and habitat. With each photo having been carefully selected to guide identification, equal prominence is given for sexually dimorphic species to male and female birds.

Portable yet authoritative, this is the perfect guide for experienced naturalists and newcomers to birdwatching.

Rebecca Nason is a naturalist, ecologist, birder, tour-leader and wildlife photographer. Originally from Cambridge, Rebecca's birding career really took off in 2003 when she was Assistant Warden on Fair Isle, Shetland, where she fell in love with the place, the people, the birds and the incredible photographic opportunities. Rebecca spent the next decade visiting Fair Isle and Shetland as often as she could, and started leading wildlife tours in 2005, when she also became a freelance photographer. Her images have since appeared in dozens of books and periodicals. Rebecca now lives in Lerwick, Shetland, and continues to lead tours in Shetland and around the world. She is a judge for the prestigious Bird Photographer of the Year and WildArt Photographer of the Year competitions.



RSPB Handbook of Garden Wildlife

3rd edition
Peter Holden and Geoffrey Abbott

272pp
216 x 135mm
Paperback
£14.99
February 2023

Material Available: Manuscript due March 2022
Rights Sold: World Rights Available

A comprehensive, single source of information on the plants and animals that live alongside us. This updated edition features new material on climate change, recycling and wild spaces in gardens.

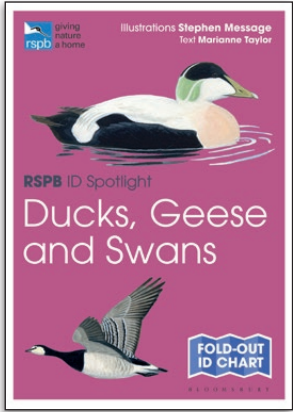
This friendly handbook is full of practical advice on attracting wildlife to your garden, and encouraging creatures to stick around, and includes a DIY chapter with a step-by-step guide on creating projects for your garden, from building nest, bat and hedgehog boxes to making your own pond.

Colour photographs illustrate hundreds of mammals, birds, insects, invertebrates, reptiles and amphibians, flowers, trees, shrubs and fungi, while the comprehensive text explains everything you need to cultivate a haven for nature.

Including expert tips on green gardening, seasonal planting and garden predators, this new edition features fully updated text describing the diverse wildlife that can be found in British gardens, new material on climate change, recycling and reducing energy, and tips for creating wild spaces in your garden.

Peter Holden is the author of the bestselling *RSPB Handbook of British Birds*. He held senior positions at the RSPB for over 30 years and is the author of several books.

Geoffrey Abbott formerly worked for the RSPB. He now lectures part-time for the Field Studies Council. He is responsible for the book's plants and insects sections.



RSPB ID Spotlight
Ducks, Geese and
Swans

Marianne Taylor and
Stephen Message

12pp
210 x 148mm
Foldout Book
£4.50
June 2022

Material Available: Final proofs
Rights Sold: World Rights Available

A reliable, attractive fold-out identification chart illustrating more than 30 of Britain’s most common species of ducks, geese and swans.

Whether you are watching an Eider fly low over the water or listening to the iconic sound of a flock of geese flying overhead, chances are you will already be familiar with many different species of ducks, geese and swans found around the UK. But can you tell a Goosander from a Red-breasted Merganser? Or confidently distinguish between a Pink-footed Goose and a Greylag Goose? The varied habitats in the British Isles provide a home to many ducks, geese and swans that live here year-round, as well as the enormous number of birds that arrive in winter.

RSPB ID Spotlight Ducks, Geese and Swans is a reliable fold-out chart with illustrations of 33 of the UK’s most familiar wildfowl by renowned artist Stephen Message.

Stephen Message is one of the UK’s foremost bird artists as well as an experienced birdwatcher. He has twice been runner up for the Bird Illustrator of the Year, and he was also the runner up for the Birdwatch Artist of the Year in 2017. Stephen has illustrated many books, including Waders of Europe, Asia and North America, Bill Oddie’s Birds of Britain and Ireland and the Field Guide to the Birds of South-East Asia.

Marianne Taylor is a freelance writer, illustrator, photographer and editor. Since taking the plunge as a freelancer in 2007, Marianne has written more than 25 books for adults and children on a range of natural history subjects, including RSPB Garden Birds, RSPB British Birds of Prey, RSPB Seabirds and The Way of the Hare.



RSPB ID Spotlight
Garden Bugs

Marianne Taylor and
Richard Lewington

12pp
210 x 148mm
Foldout Book
£4.50
June 2022

Material Available: Final proofs
Rights Sold: World Rights Available

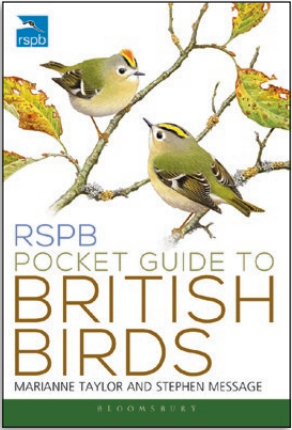
A reliable, attractive fold-out identification chart illustrating more than 60 of Britain’s most common species of garden bugs.

Gardens are often crawling with all kinds of garden bugs, and even the smallest plot can be an important haven for wildlife. But can you distinguish between a Garden Snail and a Strawberry Snail? Or can you tell a False Widow Spider from a Harvestman? These are just some of the more than 2,000 different species of garden bugs that are found in the British Isles, many of which we depend on for our own survival.

RSPB ID Spotlight Garden Bugs is a reliable fold-out chart that presents illustrations of 65 of our most widespread and familiar garden bugs by renowned artist Richard Lewington.

Richard Lewington is an acknowledged leader in the field of insect illustration. His meticulous paintings of wildlife are the mainstay of many of the modern classics of field-guide art, including Pocket Guide to the Butterflies of Great Britain and Ireland, Guide to Garden Wildlife, Field Guide to the Dragonflies and Damselflies of Great Britain and Ireland and Field Guide to the Moths of Great Britain and Ireland.

Marianne Taylor is a freelance writer, illustrator, photographer and editor. Since taking the plunge as a freelancer in 2007, Marianne has written more than 25 books for adults and children on a range of natural history subjects, including RSPB Garden Birds, RSPB British Birds of Prey, RSPB Seabirds and The Way of the Hare.



RSPB Pocket Guide
to British Birds

Marianne Taylor and
Stephen Message

272pp
170 x 115mm
Paperback
£7.99
July 2022

Material Available: Final proofs
Rights Sold: World Rights Available

A compact, lightweight and informative guide to 310 of the most common birds found in the UK.

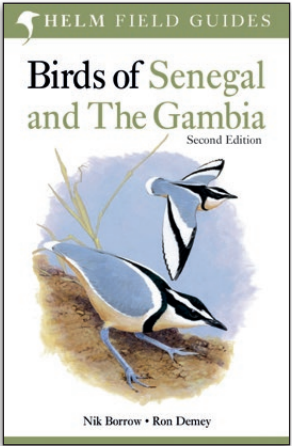
The RSPB Pocket Guide to British Birds is an accessible and informative pocket-size guide to more than 300 bird species in Britain and Ireland, including rarities and escapees.

Illustrated throughout by renowned artist Stephen Message, each species account features beautiful artworks depicting all common plumages and helpful, detailed text by Marianne Taylor describing each bird’s behaviour, habitat, voice, movements and population, as well as maps that show each species’ current British distribution and useful tips on distinguishing birds from similar species.

Whether you’re using it at home or while you’re out and about, the RSPB Pocket Guide to British Birds’ compact and straightforward format is ideal for birdwatchers of all levels of interest and experience.

Marianne Taylor has written more than 30 books on a range of natural history subjects, including RSPB Garden Birds, RSPB British Birds of Prey and RSPB Seabirds. A passion for wildlife, especially birds, has always been a driving force in her life.

Stephen Message is one of the UK’s foremost bird artists and an experienced birdwatcher. He has illustrated many books, including Bill Oddie’s Birds of Britain and Ireland, and his artworks also feature in the RSPB ID Spotlight fold-out chart series



Field Guide to
Birds of Senegal
and The Gambia

Second Edition

Nik Borrow & Ron Demey

352pp
216 x 140mm
Hardback
£50.00
July 2023

Material Available: Manuscript
due July
Rights Sold: World Rights Available

A completely revised and updated edition of this guide to one of Africa’s richest birding regions.

The Gambia is one of the most popular countries for birders in the whole of Africa. Together with the country that envelops it, Senegal, it has an avifauna of more than 700 regularly occurring species, including many Western Palearctic migrants from September to April, as well as a significant list of highly sought-after resident West African birds.

This new edition of Birds of Senegal and The Gambia has been completely updated and revised. The stunning colour plates depict every distinct plumage and race, authoritative text highlights the key features needed to identify each species in the field, and accurate up-to-date maps are provided for every species. This compact guide is an essential companion for any birder visiting this rich and varied corner of Africa.

Nik Borrow and Ron Demey are the co-authors of Birds of Senegal and The Gambia. Nik studied painting at Wimbledon School of Art and is responsible for the illustrations and maps in the book. He has a particular interest in the Afrotropics and been birding in sub-Saharan Africa since 1987, principally leading birding tours. He is currently a member of the East African Rarities Committee, a keen photographer and lives in Norfolk.

Ron Demey is a freelance ornithologist who has lived and worked in several West African countries for many years. During this time he has travelled extensively in the region, amassing a considerable knowledge of its avifauna. He has worked on several African projects for BirdLife International, participated in Rapid Assessment Program expeditions organised by Conservation International, and carried out various surveys in the Afrotropics. He is currently editor of Bulletin of the African Bird Club.



Field Guide to Birds of the Middle East

Third Edition
Abdulrahman Al-Sirhan, Jens Eriksen and Richard Porter

384pp
216 x 140mm
Paperback
£30.00
October 2023

Material Available: Manuscript due October 2022
Rights Sold: World Rights Available

The essential field guide for any birder visiting the Middle East.

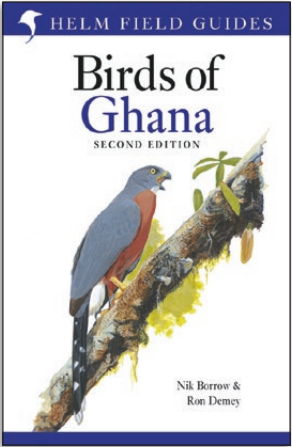
The Middle East – the region stretching from the Cyprus and the Levant to Iran, including Turkey and the Arabian Peninsula plus Socotra – has a wonderfully broad and diverse avifauna, featuring a host of wintering and passage migrants, enigmatic and sometimes colourful breeders, and even a few endemics that occur nowhere else.

This is a completely revised third edition of the bestselling field guide to the birds of the region. The text and maps have been fully revised with new species added, and some new artworks have been painted by the three illustrators. This new edition features more than 840 species in total.

Written by two of the leading lights in regional ornithology, Abdulrahman Al-Sirhan and Jens Eriksen, along with Richard Porter, who for more than fifty years has been one of the Middle East’s greatest conservation champions, this is an essential field guide for any birder living in or visiting the Middle East.

Richard Porter’s name is synonymous with conservation in the Middle East. He has been involved with birds in the region since 1966, and is an adviser on bird conservation for BirdLife International. He is the author or co-author of several books on the Middle East and the groundbreaking *Flight Identification of European Raptors*.

Abdulrahman Al-Sirhan and Jens Eriksen are two of the leading lights in Middle Eastern ornithology.



Field Guide to the Birds of Ghana

Second Edition
Nik Borrow & Ron Demey

368pp
216 x 140mm
Hardback | Paperback
£45.00 | £30.00
February 2022

Material Available: Finished copies
Rights Sold: World Rights Available

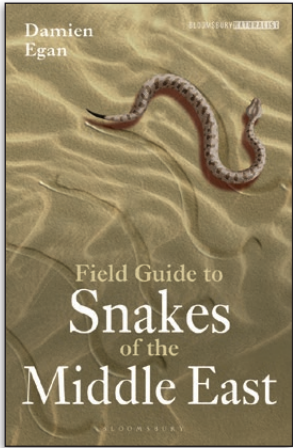
The ultimate field guide to the birds of Ghana, an indispensable companion for any traveller to the region.

This spectacular new edition of *Birds of Ghana* is the ultimate reference to the birds of this rich and varied corner of Africa. Now fully revised and expanded, this guide is essential for researchers, birders and conservationists alike. This authoritative book covers all 773 species recorded in Ghana and neighbouring Togo, including details of all residents, migrants and known vagrants.

Over 150 stunning colour plates depict every species and also comprehensively cover all the distinct plumages and subspecies likely to be encountered. Concise species accounts describe key identification features, status, range, habitat and voice with fully updated distribution maps for each species.

Nik Borrow studied painting at Wimbledon School of Art and is responsible for the illustrations and maps in the books. He is currently a member of the East African Rarities Committee, a keen photographer and lives in Norfolk, England.

Ron Demey is a freelance ornithologist who has lived and worked in several West African countries. He has travelled extensively in the region, amassing a considerable knowledge of its avifauna. He is currently editor of the *Bulletin of the African Bird Club*.



Field Guide to Snakes of the Middle East

Damien Egan

240pp
216 x 140mm
Paperback
£25.00
July 2022

Material Available: Final proofs
Rights Sold: World Rights Available

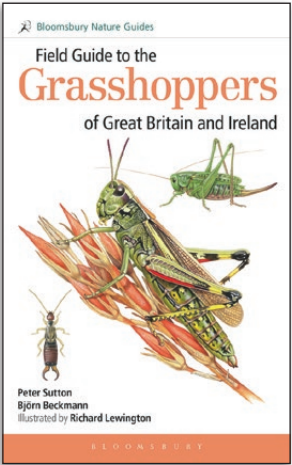
Brilliant colour art and concise identification text make this the definitive field guide to snakes of this region, and a crucial addition to any naturalist’s backpack.

From the Cairo Thread Snake to the Arabian Cobra, the Middle East is home to a rich herpetofauna, with more than 180 snake species being found in the region.

Field Guide to Snakes of the Middle East is an indispensable guide to these reptiles. Each species is illustrated in exquisite detail – along with comparison species and diagnostic features – and species accounts highlighting key identification features, ecology, habitat and prey are situated opposite for quick and easy reference. A detailed and accurate distribution map for each species is also provided, and a comprehensive introduction includes information on how and where to find them, along with how to study snakes safely.

This is the ultimate resource for all herpetologists, conservationists, naturalists and field workers living in or visiting this diverse region.

Damien Egan moved to the Middle East in 2000, having previously worked with reptiles in South Africa. During his time in the Middle East, he headed up various captive breeding conservation programmes, resulting in the first captive breeding of numerous species of rare reptiles, amphibians and freshwater fishes. Damien has also travelled extensively throughout the region, carrying out surveys, environmental impact assessments, as well as giving lectures on reptiles, snake bites and related subjects.



Field Guide to the Grasshoppers of Great Britain and Ireland

Peter Sutton and Björn Beckmann
Illustrated by Richard Lewington

224pp
216 x 135mm
Hardback | Paperback
£45.00 | £30.00
May 2023

Material Available: Artwork
Rights Sold: World Rights Available

The go-to identification guide for grasshoppers and their allies.

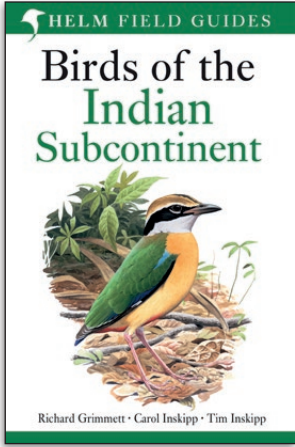
Grasshoppers and their allies draw attention to themselves not only by their active movements but also by their bright colours and song. This brand new beautifully illustrated field guide covers the 70 or so species of grasshoppers, cockroaches, stick insects, earwigs and praying mantids that may be encountered in the British countryside. A comprehensive introduction covers life history and field techniques, and is followed by detailed species accounts that include important identification details, along with information on food, habitat, conservation status and range, supplemented with distribution maps, sonograms and life history charts.

Together with stunning photographs and Richard Lewington’s exceptional artwork, this book is set to become the definitive guide to the orthoptera of the British Isles.

Peter Sutton has coordinated the Grasshoppers and Related Insects Recording Scheme for 18 years and contributes a regular column to *British Wildlife* magazine documenting the changes that have occurred to this group of insects in the British Isles.

Björn Beckmann is an ecologist at the Biological Records Centre (BRC) and has been coordinating the recording scheme with Peter since 2009. Björn also organised the Royal Entomological Society’s annual day of orthopteran research talks from 2013 to 2020.

Richard Lewington is regarded as being one of Europe’s finest wildlife illustrators. His meticulous paintings of insects and other wildlife are the mainstay of many of the modern classics of field-guide art.



Birds of the Indian Subcontinent

India, Pakistan, Sri Lanka, Nepal, Bhutan, Bangladesh and the Maldives

Tim Inskipp, Carol Inskipp & Richard Grimmett

544pp
216 x 135mm
Paperback
£40.00
November 2023

Material Available: Manuscript due December 2022
Rights Sold: World Rights Available

A revised and fully updated edition of the ultimate field guide to the Indian subcontinent.

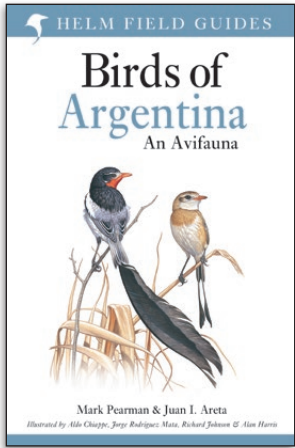
With a wide range of habitats and a dazzling and diverse avifauna, the Indian subcontinent is one of the world's greatest birding hotspots. This second edition of Carol Inskipp, Tim Inskipp and Richard Grimmett's ground-breaking work is a comprehensive field guide to the region, covering all species known to occur in India, Pakistan, Nepal, Bhutan, Bangladesh, Sri Lanka and the Maldives.

Fully revised and updated, the book has detailed plates with concise identification text opposite, complete with accurate range maps.

Peerless in the scope of its coverage yet still portable enough for field use, *Birds of the Indian Subcontinent* is an essential companion for any birdwatcher tackling the mountains, the rain forests, the plains, wetlands or deserts of this magical region.

"Pretty much indispensable to a birder travelling in the subcontinent" – *BRITISH BIRDS*

Richard Grimmett is Head of Conservation at BirdLife International, while Carol and Tim Inskipp are freelance wildlife consultants. All three authors have travelled widely through the region, and their books are the go-to guides throughout the whole of south Asia.



Birds of Argentina and the Southwest Atlantic

An Avifauna

Mark Pearman and Juan Ignacio Areta

704pp
240 x 170mm
Hardback
£85.00
December 2023

Material Available: Manuscript due in September 2022
Rights Sold: English (Princeton University Press)

The ultimate reference to the birds of Argentina, essential for researchers and professional ornithologists, this handbook is the first avifauna to Argentina ever published.

Birds of Argentina is complimentary to the magnificent field guide to the region by the same authors, which was published in the Helm field guides series in 2020. It covers Argentina and all Fuegian and Hornean islands south to the Diego Ramírez Islands and east to the Falklands. *Birds of Argentina* covers every one of the more than 1,100 species on the Argentine list. It represents a detailed account of identification at subspecific level, describing the differences between similar species, providing behavioural and vocal data, and giving the status and distribution of every taxon.

Mark Pearman is an ornithologist and bird tour leader based in Buenos Aires. Over the last two decades he has become one of the leading authorities on Argentine birds, and has travelled extensively throughout the country.

Juan Ignacio (Nacho) Areta is a CONICET researcher based in NW Argentina and member of the South American Classification Committee of the American Ornithological Society.



Birds of Florida

Helm Birding America

Kirsten Hines

224pp
190 x 135mm
Paperback
£16.99
March 2023

Material Available: Manuscript date TBC
Rights Sold: World Rights Available

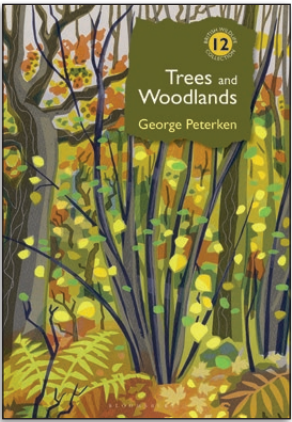
The definitive photographic guide to the fantastic birds of Florida.

From the peninsula to the panhandle to the keys, Florida is a great place to go birding at any time of the year. Roseate Spoonbills and Mangrove Cuckoo add a tropical flavour to its rich avifauna; woodland and scrub specialities include Red-cockaded Woodpecker and Florida Scrub-jay, while birds such as Snail Kite in the wetlands and Snowy Plovers on the mudflats are high on any birder's wish-list. Vast numbers of migrants such as warblers, vireos, and flycatchers passing through each fall and spring add to the spectacle.

This book by birder and photographer Kirsten Hines will help you identify any of Florida's 400 regularly occurring species, including both breeding birds and those on passage. Concise text for each species includes information on identification, songs and calls, behavior, distribution, and habitat, with each photo having been carefully selected to guide identification. A guide to the best birdwatching sites is also included.

Portable yet authoritative and comprehensive, *Birds of Florida* will help you make the most of the dazzling variety of species to be found in the Sunshine State.

Kirsten Hines is a Miami-based author, wildlife photographer, and conservationist with a background in biological research and environmental education. She is author of seven books on Florida's nature and history, including human and natural histories of South Florida's national parks. Kirsten supports institutional conservation through her board membership in Audubon Florida and Tropical Audubon Society, and she co-founded the Miami-based woman's birding group The Phoebe.



Trees and Woodlands

George Peterken

400pp
242 x 166mm
Hardback
£40.00
February 2023

Material Available: Manuscript and photographs available
Rights Sold: World Rights Available

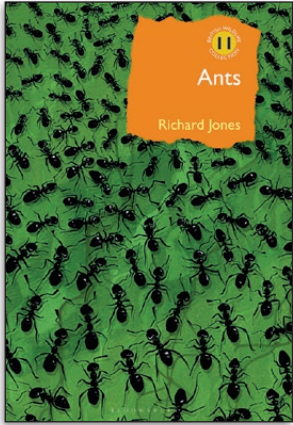
The culmination of more than 60 years of research, with beautiful colour photographs and box texts of key woodland sites.

Woodland is a complex, three-dimensional habitat, from the layer of grasses, ferns and flowering plants at our feet through to the canopy of leaves of the tallest trees above our heads. We should think of these trees as wildlife, just as animals and flowers are, and in a woodland context they can also be regarded as a community.

In *Trees and Woodlands*, George Peterken brings together decades of scientific research, while also incorporating his personal experiences, to explore the ecology, nature conservation and wider cultural value of our native tree species and their habitats. We can tell much about our trees' history from their size and shape – not only natural events that they've been through such as gales and drought, but past changes in management, too.

Peterken concludes with an important question: what next for Britain's trees and woodlands? The future is partly for us to shape, though we have done our utmost to make it difficult, and the question for many is not the future of trees, but of ourselves.

Working with the Nature Conservancy and its successors, George Peterken started the ancient woodland inventory, and helped negotiate the nature conservation aspects of the Government's Broadleaves Policy, which he later worked to implement in his role as nature conservation adviser at the Forestry Commission. His nature conservation interests benefited from a Bullard Fellowship at Harvard University. Born into a New Forest family, he now lives in the Lower Wye Valley. He was awarded an OBE for services to forestry in 1994.



Ants
The ultimate social insects
Richard Jones

368pp
242 x 166mm
Hardback
£40.00
February 2022

Material Available: Final copies
Rights Sold: World Rights Available

A clear introduction for the interested but non-specialist British naturalist to all things ant.

Ants are seemingly everywhere, and this familiarity has led to some contemptuous and less than helpful stereotypes. In this compelling insight into the natural and cultural history of ants, Richard Jones helps to unravel some of the myths and misunderstanding surrounding their remarkable behaviours.

Beginning the book with a straightforward look at ant morphology, Jones then explores the ant species found in the British Isles and parts of nearby mainland Europe, their foraging, nesting, navigating and battle instincts, how ants interact with the landscape, their evolution, and their place in our understanding of how life on earth works. Alongside this, he explores the complex relationship between humans and ants, and how ants went from being the subject of fables and moral storytelling to become popular research tools.

Richard Jones is a nationally acclaimed entomologist, a fellow of the Royal Entomological Society, fellow of the Linnean Society, and past president of the British Entomological and Natural History Society. He has been fascinated by wildlife since a childhood exploring the South Downs and Sussex Weald in search of plants and insects. He now writes about insects, nature and the environment for *BBC Wildlife*, *Gardeners' World*, *Countryfile*, *The Sunday Times*, *New Scientist* and the *Guardian* and has regular television and radio appearances.



Handbook of Amphibians and Reptiles of Northeast Africa
Stephen Spawls, Tomas Mazuch and Abubakr Mohammad

560pp
240 x 170mm
Hardback
£80.00
June 2023

Material Available: Manuscript due May 2022
Rights Sold: World Rights Available

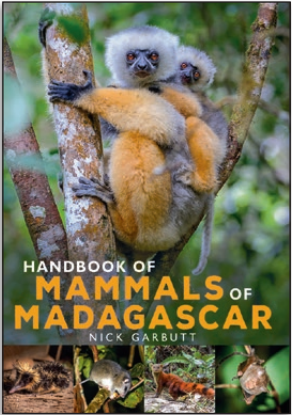
A complete guide to the herpetofauna of northeast Africa.

This handbook is the first complete guide to the herpetofauna of northeast Africa, covering seven countries of northeast Africa – Djibouti, Egypt, Ethiopia, Eritrea, Somalia, South Sudan and Sudan. It contains keys, comprehensive descriptions, maps of all species and photographs of virtually all species. It is an essential tool for herpetologists and conservationists involved with any aspect of the African herpetofauna, and for museums and specialist libraries. Comprehensive and written by the world's leading experts in the field, this book represents the first book ever written on these animals.

Steve Spawls is a herpetologist with a particular interest in the reptiles of East Africa. He was co-author of *A Field Guide to the Reptiles of East Africa* and *Dangerous Snakes of Africa* and author of *Kenya: A Natural History*. Steve has written many key papers on the reptiles and amphibians of the region.

Tomaš Mazuch is a Czech herpetologist and author of *Amphibians and Reptiles of Somaliland and Eastern Ethiopia*.

Abubakr Mohammad is an independent researcher on the natural heritage of Sudan, and he is the country's leading expert on its herpetofauna.



Handbook of Mammals of Madagascar
Nick Garbutt

448pp
240 x 170mm
Hardback
£45.00
November 2022

Material Available: First proofs
Rights Sold: US (Princeton University Press)

Mammals of Madagascar is the most up-to-date and comprehensive photographic handbook to the region's mammals.

Madagascar is home to one of the most remarkable assemblages of mammals on earth. Millions of years of isolation has resulted in the evolution of a suite of species that are exceptional for two major reasons. Firstly, every native non-volant species (approximately 210 species) is endemic. No other island or place on earth boasts such a combination of species richness and endemism. And secondly, these mammals have evolved an extraordinary diversity of body forms and lifestyles often displaying significant convergence with forms elsewhere but also at times evolving utterly unique features.

The *Handbook of the Mammals of Madagascar* describes all 217 native species, including bats, tenres, mice and lemurs, and a small number of introduced, non-native species. Species accounts are subdivided into sections covering description and identification, habitat and distribution (including distribution maps), behaviour and where to see.

Nick Garbutt is a well known authority on Madagascar's wildlife. He has observed the majority of the island's mammals in the wild - a claim only a handful of others can make. He is an award-winning wildlife photographer and talented artists, and contributes articles and photos to many publications including *National Geographic*, *Africa Geographic* and *BBC Wildlife*.



Pocket Guide to the Bumblebees of Great Britain and Ireland
Richard Lewington

96pp
190 x 116mm
Paperback
£10.99
January 2023

Material Available: First proofs
Rights Sold: World Rights Available

A beautifully illustrated guide to British bumblebees, perfectly sized for taking out into the field.

Presented in the same portable and accessible format as the *Pocket Guide to the Butterflies of Britain and Ireland* by the same author, with a double-page spread dedicated to each species, this guide to bumblebees will appeal to both beginners and more experienced hymenopterists alike. It features stunning artwork by the world-renowned invertebrate artist Richard Lewington, covering the males and queens of all British true bumblebee and cuckoo bee species, alongside their common colour variations.

Each species account includes a detailed description covering field characteristics, habitat and distribution, nest, flowers visited, parasites and similar species, and is accompanied by a seasonal flight chart and up-to-date distribution map. Species accounts are interspersed with spreads showing similar, confusion species, grouped together for direct comparison, and are followed by an illustrated section showing bumblebee mimics and lookalikes.

With contributions from Dave Goulson and Gill Perkins, founder and CEO of the Bumblebee Conservation Trust respectively, this illustrated pocket guide is the ideal companion for anyone interested in the naturally occurring species of bumblebee that can be found in the British Isles.

Richard Lewington is regarded as being one of Europe's finest wildlife illustrators. His meticulous paintings of insects and other wildlife are the mainstay of many of the modern classics of field-guide art.

NAUTICAL & OUTDOORS

NAUTICAL & OUTDOORS



Take the Slow Road: Spain and Portugal

Inspirational journeys round Spain and Portugal by camper van and motorhome

Martin Dorey

352pp
234 x 163mm
Paperback
£20.00
May 2023

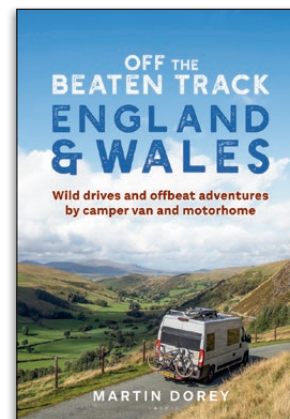
Material Available: Perhaps some draft chapters
Rights Sold: World Rights Available
Option Publishers: Dutch (Unieboek Het Spectrum), German (DeliuS)

The ultimate guide to the very best scenic and fun routes for camper vans and motorhomes around the mountains, coastlines and winding roads of beautiful Spain and Portugal.

Forget putting your foot down and racing through sweeping bends. Forget the blur of a life lived too fast. This book is about taking the time to enjoy journeys and places for their own sake. How are you going to do it? In a camper van or a motorhome, of course. *Take the Slow Road: Spain and Portugal* shows you the best driving routes that take in the coolest places to stay, what to see, what to do and why it's special. We meander around Spain and Portugal on the most breathtaking roads, chugging up mountain passes and pootling along the coast. We show you stuff that's fun; often free. We include the best drives for different kinds of drivers; for walkers, culture-buffers, sea-swimmers and sun-worshippers. We include the steepest, the bendiest, the most picturesque and most interesting. And you don't even have to own a camper van or motorhome – we'll tell you the many places you can rent one to take you on the journey. All of this is interspersed with beautiful photos, handy maps and quirky travel writing from the king of camper vans and motorhomes, Martin Dorey. So if all you want to do is flick through on a cold day and plan your next outing, you'll be transported (albeit slowly) to cobbled streets, beaches, mountains and winding roads that make you want to turn the key and go, go, go!

Martin Dorey is a writer, surfer and serial camper van owner. He is the presenter of the BBC2 television programme 'One Man and his Camper Van' and author of *The Camper Van Bible*, the *Take the Slow Road* series (*Scotland, England and Wales, Ireland, France*), *The Camper Van Cookbook*, *The Camper Van Coast* and *No. More. Plastic*.

ALSO AVAILABLE



Off the Beaten Track: England and Wales

Wild drives and offbeat adventures by camper van and motorhome

Martin Dorey

320pp
234 x 163mm
Paperback
£20.00
May 2022

Material Available: Finished copies
Rights Sold: World Rights Available

Discover Britain at its wildest best, with this stunning guide to the most beautiful and remote journeys for camper vans and motorhomes around the mountains, valleys and coastlines of England and Wales.

England and Wales might feel familiar to many, but away from the overcrowded hotspots there are countless hidden idylls and remote wildernesses to discover amongst the soaring passes, spectacular coastlines and boundless moorlands. This inspiring and beautiful guide will take you and your van on a series of adventures to uncover parts of these countries that the masses never reach but wish they could.

Packed with beautiful photos, handy maps and the most alluring travel writing from king of campervans and motorhomes, Martin Dorey, this guide shows you where you can feel the fear and do it anyway on the best shortcut you've ever driven; follow in the tracks of ancient drove roads through villages and chalk downland; ride the swoosh down a secluded estuary to one of Devon's favourite beaches; follow in the footsteps of pilgrims across the centuries, walking through ancient woodlands towards a sacred city; clamber down ravines to find solitude and stunning beaches; and kayak past castles, go fishing in wild mountain pools, stride across moorlands, scale peaks, swim in the crystal clear river flowing through England's smallest national park and stand at the geographical centre of Great Britain (where, amazingly, there is absolutely nothing)...

Martin Dorey is a writer, surfer and serial camper van owner. He is the presenter of the BBC2 television programme 'One Man and his Camper Van' and author of *The Camper Van Bible*, the *Take the Slow Road* series (*Scotland, England and Wales, Ireland, France*), *The Camper Van Cookbook*, *The Camper Van Coast* and *No. More. Plastic*.



The Camper Van Bible 2nd edition

Live, Eat, Sleep (Repeat)

Martin Dorey

480pp
234 x 163mm
Paperback
£20.00
May 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

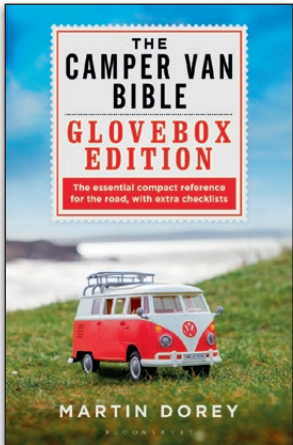
The definitive book on how to successfully and happily live, eat, sleep and repeat the camper van life.

In this book Martin Dorey, acknowledged camper van expert and presenter of BBC2’s ‘One Man and His Campervan’, delves headfirst into the nitty gritty of camping and camper vans. Now fully updated and expanded for its second edition, the book covers all aspects of the camper van life, including; owning and living day to day with a camper van (LIVE); cooking and eating in your camper (EAT); sleeping in your camper (SLEEP); and keeping you and your van going (REPEAT).

Packed with stunning photography, and oodles of vital, definitive and authoritative information, plus some tasty recipes too, this book will be essential for both dreamers and do-ers alike. It will appeal to all areas of the market, from the Classic VW owners and the owners of modern VWs to owners of all makes of camper vans, smaller motorhomes, and the tented camper markets too.

Heed the advice, drool over the pictures. Then go and do it.

Martin Dorey is a writer, surfer and serial camper van owner. He is the presenter of the BBC2 television programme ‘One Man and his Camper Van’ and author of *The Camper Van Bible*, the *Take the Slow Road* series (*Scotland, England and Wales, Ireland, France*), *The Camper Van Cookbook*, *The Camper Van Coast* and *No. More. Plastic*.



The Camper Van Bible: Glovebox Edition

Martin Dorey

192pp
198 x 129mm
Paperback
£12.99
May 2022

Material Available: Finished copies
Rights Sold: World Rights Available

The perfect pocket-sized companion to accompany you on your travels and help your #vanlife dreams come true.

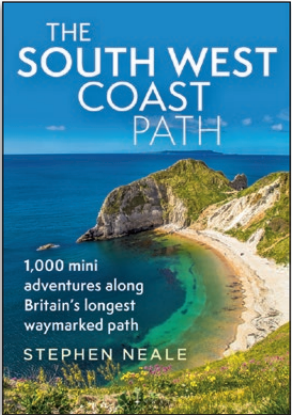
From choosing layouts to emptying your waste, the *Glovebox Edition* will tell you everything you need to know, including:

- Before you go – finding the perfect van, rental choices, setting it up, equipment you’ll need, planning your trip.
- On the road – where to stay, sleeping options, cooking methods and food storage, power and maintenance, eco-conscious camping.

Derived from Martin Dorey’s epic *The Camper Van Bible*, this handy dash-sized guide has been slimmed down, updated throughout and enhanced with extra checklists and diagrams. With this in your glovebox and *The Camper Van Bible* on your shelf at home, you’ll never be stuck without Martin Dorey’s guiding expertise.

So what are you waiting for? Dive in, turn the key and hit the road.

Martin Dorey is a writer, surfer and serial camper van owner. He is the presenter of the BBC2 television programme ‘One Man and his Camper Van’ and author of *The Camper Van Bible*, the *Take the Slow Road* series (*Scotland, England and Wales, Ireland, France*), *The Camper Van Cookbook*, *The Camper Van Coast* and *No. More. Plastic*.



The South West Coast Path

1,000 mini adventures along Britain’s longest waymarked path

Stephen Neale

352pp
234 x 163mm
Paperback
£20.00
April 2022

Material Available: Finished copies
Rights Sold: World Rights Available

Exploring the length of the South West coast path, this gorgeous and inspiring guidebook highlights 1,000 mini adventures to enjoy along its entire 630-mile route, from Minehead to Poole Harbour.

Often featuring in lists of the world’s best walks, the South West Coast Path is 630 miles long, and passes through two World Heritage Sites. This guide to the path is a modern take on the traditional (turn right at the stile, and follow the footpath to the bridge) guidebook: instead of telling readers where to go step by step, Stephen gives fantastic ideas for what to do as they travel along the path. There are so many amazing adventures and places to visit (some ‘secret’ and some well known) and this guide highlights 1,000 of them, all situated along the route.

Each region is introduced with a ‘Best For’ section, with the ten best places for secret swims, tidal woods, fossils etc. It then highlights where to go, each place accompanied by basic directions, a short description and postcode/map coordinates. Readers can use this guide whilst walking the path in either direction, and at home when planning – Stephen Neale’s engaging writing and beautiful photography make this book a joy to spend time with.

Stephen Neale is an award-winning author, journalist and adventurer. He is best known for his books and notable solutions on land access problems in the UK and Ireland. He was a volunteer surveyor on the England Coast Path. He is the author of *Wild Camping*, *Camping by the Waterside* and *The England Coast Path*, all published by Bloomsbury.



The England Coast Path 2nd edition

1,000 mini adventures around the world’s longest coastal path

Stephen Neale

336pp
234 x 163mm
Paperback
£18.99
March 2023

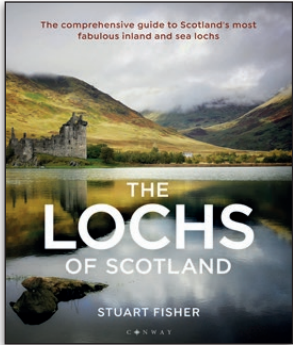
Material Available: Unedited manuscript
Rights Sold: World Rights Available

Exploring the length of the England Coast Path, this gorgeous and inspiring guidebook highlights 1,000 mini adventures to enjoy along its entire route.

For anyone planning a trip to the coast or a UK summer holiday, the new England Coast Path national trail is a hugely exciting prospect. From the opening of the path in 2020 onwards, anyone has been able to walk and wild camp along the entire 3,000-mile length of the English coast. As well as being a remarkable national achievement in itself, it’s a fantastic opportunity for all walkers, campers, fans of the coast and the outdoors.

Stephen Neale has spent many happy months walking, camping and surveying the path, and from that experience has written a fantastically detailed and rich guidebook covering the route itself, along with everything from the best places to swim, hunt for fossils and eat seafood to hidden away beaches and canoeing spots. The bulk of the book is divided up into the 16 coastal counties and features 1,000 places to see, explore, camp and adventure around the coast. Each place has map coordinates, basic directions to it from the path and a short description. Walkers can either visit specific places or link highlights together, walking between them along the path.

Stephen Neale is an award-winning author, journalist and adventurer. He is best known for his books and notable solutions on land access problems in the UK and Ireland. He was a volunteer surveyor on the England Coast Path. He is the author of *Wild Camping*, *Camping by the Waterside* and *The South West Coast Path*, all published by Bloomsbury.



The Lochs of Scotland

The comprehensive guide to Scotland’s most fabulous inland and sea lochs

Stuart Fisher

216pp
220 x 185mm
Paperback
£18.99
October 2022

Material Available: Unedited manuscript
Rights Sold: World Rights Available

Explore Scotland's 50 most interesting and famous lochs with this absorbing and beautiful guide.

There are at least 31,460 freshwater lochs in Scotland, and hundreds of sea lochs. This stunning book showcases more than 50 of the most popular, interesting and beautiful, and is a perfect guide for anyone visiting or exploring Scotland, or wanting to find out about these iconic and breathtaking locations, sometimes sitting by spectacular coast and other times nestled in between towering mountains.

Each chapter is beautifully illustrated with lovely colour photography, as well as absorbing text on the landscape, wildlife, history, folklore and nearby attractions. There's a map of each loch, and information on the best places to hire canoes and kayaks, where to eat and where to camp or stay.

As the editor of *Canoeist* magazine, **Stuart Fisher** has written monthly guides to the canals and waterways of Britain for many years, always researched from the water, and sometimes using a kayak to reach abandoned or isolated navigations. He is the author of *Canals of Britain*, *Rivers of Britain* and *The Canal Guide*, all published by Adlard Coles.



Taking the Waters

Wellbeing activities, adventures and escapes on our rivers, lakes and canals

Sarah Henshaw

224pp
234 x 163mm
Paperback
£16.99
February 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

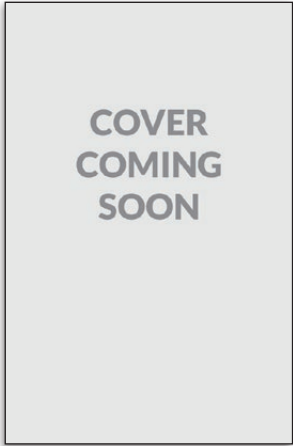
An inspiring guide to activities and adventures to re-energise and boost your mood, by our rivers, lakes and canals.

While Britain's rivers, lakes and canals have long been co-opted by fitness enthusiasts for the physical benefits they can bring, it's only relatively recently that we've given much thought to their impact on our mental state too. 'Blue health' – the idea that having access to an area of water can benefit a person's whole wellbeing – is gaining traction. These waterside spaces are fundamental to the kind of stuff people now realise they need in their lives – exercise, solace, natural beauty and new places to socialise – with so many of them on our doorstep.

Accompanied by stunning images, *Taking the Waters* is your guide to the many mood-boosting and wellbeing activities, adventures and escapes that our inland waterways have to offer. Expert journalist Sarah Henshaw explains how they can re-energise, inspire and relax. Nearly 200 destinations are featured, covering the length and breadth of the UK, making this the ideal companion for anyone planning a boating adventure.

However you choose to 'take the waters', and for whatever reason, this book showcases the multiple ways to be on, in, under or next to water, and how it can enhance the whole spectrum of lived experience.

Sarah Henshaw is the Deputy Editor of *Waterways World* magazine, and the Editor of the society magazines of the Inland Waterways Association and River Thames Society. She has written for the *Telegraph*, the *Independent* and *Elle Decoration*, and she lives afloat in France.



Home Waters

A British coastal companion

David Bowers

288pp
198 x 129mm
Paperback
£10.99
March 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

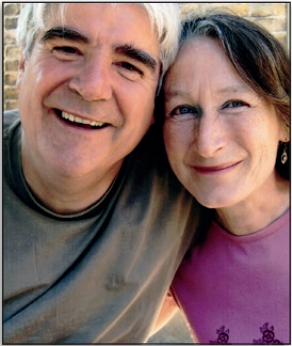
A fascinatingly original look at how the sea has defined Britain – and decided the course of its past – for thousands of years.

If your cross-Channel ferry sinks somewhere between Dover and Calais, stay near the radar tower. The waters are shallow enough at only 45m that when the ferry's keel hits the seabed, you might not even get your feet wet. By comparison, at 227m Loch Ness is almost five times as deep.

Being an island nation is a core part of the British identity. An estimated two thirds of the world's population have never seen the sea, but in the UK that drops to nearly 10 per cent. Yet most people don't appreciate the impact our position on the edge of a continental shelf has had on our history, going back thousands of years.

Our coast neither starts nor ends at the beach, and this eye-opening book takes a look beneath the surface to explore the forces of nature that have made Britain what it is. We experience some of the highest tides on the planet and we are battered with waves that have travelled halfway around the globe before they get here, but most of what we understand about our waters has only been discovered in living memory.

David Bowers is Professor Emeritus of Oceanography at Bangor University, Wales. He co-wrote the standard textbook in the subject, *Introducing Oceanography* (Dunedin, 2012), as well as the *Very Short Introduction to Tides* (OUP, 2019).



101 Wonders of the Waterways

A guide to the sights and secrets of Britain's canals and rivers

Steve Haywood and Moira Haynes

208pp
234 x 163mm
Paperback
£16.99
February 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

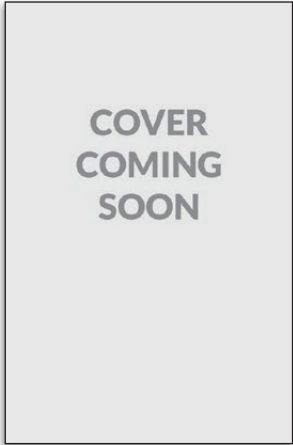
A charming and characterful guidebook to the best of Britain's diverse and fascinating canal network for all waterway enthusiasts.

Beautifully illustrated, this compendium uncovers the many extraordinary, notable and surprising places to be found on Britain's waterways. Our canals and rivers link into a diverse 3,000-mile-long network and yet you can't say you've seen or know 'the waterways' on the back of visiting just one or two of them. *101 Wonders of the Waterways* shows you that wherever you find yourself in the country, there will be something nearby that could give you a taste of this beautiful and nostalgia-infused world.

As well as lively personal anecdotes, and insightful commentary on Britain's heritage and history, this guide includes handy recommendations to help you make the most of your visit to each wonder. This includes useful advice on how and when to visit, what to do nearby and much more. This is the book you will want to have in the back of your car, or stuffed into your backpack, so you can find an idyllic place for a picnic, or the perfect day trip for a long weekend.

Steve Haywood is a writer, journalist and filmmaker, and the author of five previous waterways books. He's been a devoted inland waterways narrowboater for fifty years and has written a monthly column for the magazine *Canal Boat* for more than ten years. He is author of *Tales from the Tiller* (Adlard Coles).

Moira Haynes is a trained journalist who has worked in local and regional newspapers. She has spent several years as a liveaboard cruising the length and breadth of our canals and navigable rivers.



The Kayak and Canoe Bible

Why walk when you can paddle?

Rachel Schofield

240pp
234 x 163mm
Flexiback
£18.99
March 2023

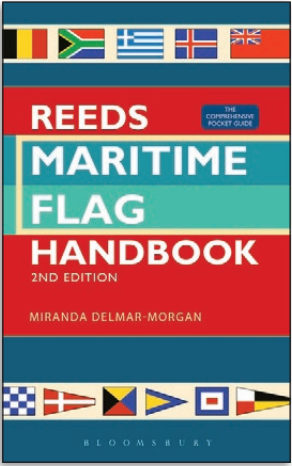
Material Available: Manuscript due April 2022
Rights Sold: World Rights Available

A complete guide to everything you need to know about the most popular watersports in the world.

Why walk when you can paddle? Kayaking and canoeing are officially the world’s most popular watersports precisely because it doesn’t take much time, money or training to get started, and there is no other watercraft as versatile. The kayak or canoe can take you anywhere – pottering down a river or canal, exploring a lake or adventuring out to sea.

This book is where you begin. A complete guide to absolutely everything you need to know about kayaking and canoeing, *The Kayak and Canoe Bible* contains step-by-step instructions to essential techniques to help beginners get going in no time. It covers equipment, explaining the different types of kayaks and canoes (including the pros and cons of the inflatable variety), what to wear, what to eat and drink, along with safety advice to help build confidence.

Rachel Schofield (who competed under her maiden name Rachel Cawthorn) is a champion canoe sprinter and holds the record for the 1,000m. She has taken Britain to medal-winning glory at several world championships and the 2012 and 2016 Olympic Games. She is an enthusiastic ambassador for paddlesports, coaching beginners of all ages around the world about how to get involved in kayaking and canoeing, as well as helping aspiring future champions follow in her wake.



Reeds Maritime Flag Handbook 3rd edition

The comprehensive pocket guide

Miranda Delmar-Morgan

160pp
160 x 100mm
Paperback
£9.99
November 2022

Material Available: Unedited manuscript
Rights Sold: World Rights Available

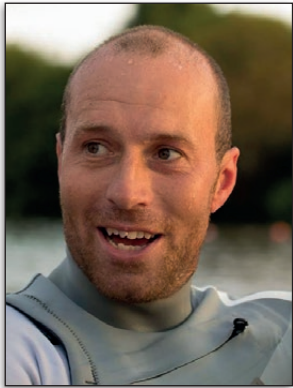
A handy pocket-sized on-board reference to the maritime flags of the world and their usage, covering the different types of flag, how they are made up, and the dos and don’ts as well as traditions and myths of flying flags.

Anyone going to sea needs an understanding of maritime flags, and this handy book is the perfect pocket-sized reference. Concise but comprehensive, it includes; national maritime flags; special ensigns, jacks, burgees, official and defence flags, and code flags; yacht club burgees; signal flags (including naval codes, distress signals and racing codes); flag etiquette and usage (from positions to salutes to timing and more).

Expanded and updated for its third edition, the book now includes masthead burgees, as well as new advice on changing rules in European waters and beyond, and more information on the use of and etiquette surrounding local, regional and other unofficial flags.

If you have ever put to sea wondering about the different types of flag, how they are made up, and the dos and don’ts as well as traditions and myths of flying flags then this will be both a fascinating read and a useful on-board guide.

Miranda Delmar-Morgan has sailed for most of her life, and professionally for ten years. She currently sails in European waters both in a professional capacity, and cruising on her own boat. She is also a regular contributor to *Yachting Monthly*.



The Kiteboarding Manual 2nd edition

The essential guide for beginners and improvers

Andy Gratwick

240pp
235 x 208mm
Paperback
£25.00
March 2023

Material Available: Unedited MS
Rights Sold: World Rights Available

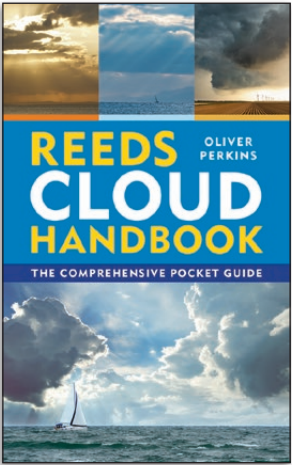
The essential reference for all aspiring and improving kiteboarders.

The Kiteboarding Manual is your complete practical guide to this fast-paced and addictive sport, which will be part of the Olympics from 2024. It’ll get you started with the kite and take you through to flying it on the water, jumping, tricks and racing, as well as covering weather, wind and tide theory and helping you select the right kit. Sections cover:

- The origins of kiteboarding and rise in popularity in recent years
- How a kite flies and basic weather principles as well as background on tides and currents, waves, and wind vs tide
- Starting on land – rigging, assembly, launching and flying, body-dragging
- How to master your board skills – turns, stopping, rules of the road
- Going upwind, riding toeside, turning and transition
- Moving fast and riding waves; learning to tack and gybe
- Details on kiteboarding disciplines from speed kiting to kiting on land
- How to improve your performance and enjoy incredible airtime!

Packed with step-by step photo sequences explaining the basic moves all the way through to more advanced tricks, and including information on competitions and becoming an instructor, this is a book no kiter will want to be without.

Andy Gratwick is Head of Training for British Kitesports Association and the first ISAF technical expert for kiteboarding in the world. He graduated with a degree in marine navigation and maritime law, and has been in watersports his entire career. He’s also a RYA Yachtmaster; trainer and examiner for kitesurfing, snow and land kiting; and BSUPA Head Coach for SUP in the UK. Easyriders, his kiteboarding and stand up paddle school, is based in Sandbanks, Poole.



Reeds Cloud Handbook

Oliver Perkins

128pp
160 x 100mm
Paperback
£9.99
March 2022

Material Available: Final copies
Rights Sold: World Rights Available

A handy instant pocket guide to identifying different cloud types and understanding what the accompanying weather will be.

Reeds Cloud Handbook is a quick-access, easy-to-use guide to identifying cloud types and how to predict what each cloud type can tell us about the weather and predict how it will change. This concise pocket reference to those who spend time outdoors and want to better understand the weather, with its principal focus for sailors and also anyone going walking, fishing, and cycling. This portable handbook gives you the essential information about common and unusual cloud types, how they form and what weather patterns are associated with them.

Fully illustrated with colour photography and clear diagrams, this cloud identification guide includes sections on different weather patterns and how clouds form, different clouds according to where they appear in the sky, related features and different forms of fog. Each entry gives guidance on how and when to spot different cloud types and effects, and how the clouds relate to wind and rain patterns.

Oliver Perkins sailed a Laser 4.7 dinghy for the British team. He writes for *Yachting Monthly* and *Practical Boat Owner* magazines and is author of *Reading the Clouds* (published by Adlard Coles).



Reeds Marine Deck: Collision Regulations Handbook

The ColRegs interpreted for mariners

Simon Jinks

208pp
234 x 156mm
Paperback
£25.00
February 2023

Material Available: Unedited MS
Rights Sold: World Rights Available

A practical and user-friendly guide to the collision regulations, with full interpretations of the rules and clear diagrams.

A thorough understanding of the International Regulations for the Prevention of Collisions at Sea (ColRegs) is essential for a wide range of professionals as well as amateur mariners. Written in legal text rather than easy to understand terminology, it is not a surprise that the Colregs are subject to gross misunderstanding and confusion. This makes this a difficult area for the thousands of mariners who need to learn, understand and remember them.

This handbook is the answer. Expert marine training director Simon Jinks provides straightforward explanations of the complex situations that the Regulations discuss. He gives simple and comprehensive interpretation of the ColRegs rule by rule, giving students and professionals the clarity they need for exam prep and dealing with real-life situations. Colour illustrations of all lights and shapes, and clear diagrams provide additional support for students. The handbook also includes chapters on bridge watch-keeping, radar plotting and techniques for answering ColRegs questions in MCA exam conditions.

Simon Jinks is a Director of SeaRegs Training Ltd, a maritime training provider offering both classroom and practical courses mainly aimed at the under 3,000gt market. His specialisation is in the MCA commercial codes of practice, MCA, RYA and SQA training and accreditation. Simon previously managed the RYA's Yachtmaster programme for sail and motor vessels and the RYA navigation and safety courses. He has skippered and taught afloat and ashore in most parts of the world commercially.



Reeds Marine Deck: Crammer for Deck Officer Oral Exams

Simon Jinks

208pp
234 x 156mm
Paperback
£25.00
February 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

A no-nonsense study aid and revision crammer helping seafarers to pass their MCA or Flag State oral exams for Deck Officer qualifications.

This revision guide is the one book that Deck Officer Cadets, Master and Deck Officers will want by their side when studying for the much-feared oral exams. Expert marine training director Simon Jinks strips back the masses of information to the core essential points that are easy to absorb and quick to remember when it comes to the oral assessment.

The MCA Deck Officer (Officer of the Watch, Chief Mate and Master) syllabi cover a vast amount of information that candidates are required to understand and use in their oral exam, which for many presents a major stumbling block to qualification. While it inevitably takes a long time for candidates to build up this wealth of knowledge, this study aid is the perfect refresher, listing the key points and including helpful sample questions and worked examples on tidal working, radar plotting and more.

Written in simple terms, this trusted crammer covers all the principal areas of the MCA's exam syllabus, including sections on business and law conventions, pollution prevention, responses to emergencies and distress signals. Clearly presented, it is packed with straightforward diagrams and flow charts, making it ideal for revising.

Simon Jinks is a Director of SeaRegs Training Ltd, a maritime training provider offering both classroom and practical courses mainly aimed at the under 3,000gt market. His specialisation is in the MCA commercial codes of practice, MCA, RYA and SQA training and accreditation. Simon previously managed the RYA's Yachtmaster programme for sail and motor vessels and the RYA navigation and safety courses. He has skippered and taught afloat and ashore in most parts of the world commercially.



Creative Ropecraft

A treasure trove of knots, hitches, bends, plaits and netting

Stuart Grainger

144pp
210 x 210mm
Paperback
£16.99
November 2021

Material Available: Finished copies
Rights Sold: US (Globe Pequot Press)

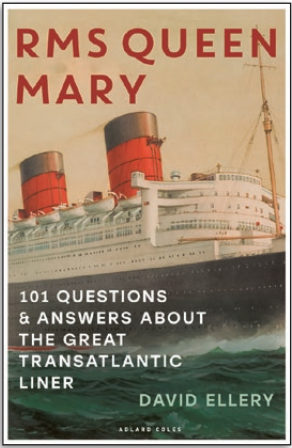
A treasure trove of knots, hitches, bends, plaits and netting – the standard work on practical and decorative knots and ropework.

Creative Ropecraft is a wonderful collection of practical nautical knots and decorative ropework. Anyone tempted to try their hand at this will be able to follow the steps easily thanks to Stuart Grainger's exquisite and clear drawings. This brand new, fully updated edition has a foreword, revisions, and tips from knotting expert, Des Pawson.

Readers can learn how to tie and use a wide variety of knots, both practical and elaborate, including: crown and wall knotsturk's heads door knockershammocksmatsbeltscuff linkstable lampsrope-edged trays and much more. This book will be beautifully presented in a larger format, in full colour, and with new photography and material from Des Pawson. It will now sit comfortably alongside the successful Knot Craft and Rope Mats.

The late Stuart Grainger was a Master Mariner of wide experience. He was a member of the International Guild of Knot Tyers and published many books and articles on the subject of knots and ropework.

Des Pawson is the acknowledged guru of knotting, worldwide. He's the co-founder of the International Guild of Knot Tyers, runs the world's only museum of knots, and received an MBE in 2007 for services to the rope industry. He's the author of Des Pawson's Knot Craft and Rope Mats (Adlard Coles), Knots: The Complete Visual Guide (DK), The Handbook of Knots (DK) and Knots Step by Step (DK).



RMS Queen Mary

101 questions and answers about the great transatlantic liner

David Ellery

128pp
198 x 129mm
Paperback
£9.99
November 2021

Material Available: Finished copies
Rights Sold: World Rights Available

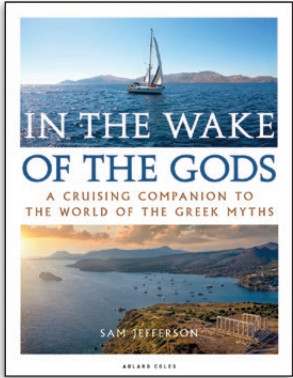
Using an engaging question and answer format, Queen Mary expert David Ellery tells you everything you need to know about one of the most famous ships in the world.

For 1930s Britain, the Queen Mary was a symbol of hope. Cunard had abandoned construction on what they had planned to be the grandest liner of all time (then known simply as Job 534) during the Depression. Her half-finished hull sat on the Clyde for years, but when Cunard announced they were going to complete her, it was a sign, perhaps, that the darkest days were over, that the country was emerging from economic disaster and that Britannia would soon rule the waves once again.

The Queen Mary would go on to be one of the most famous ships in the world for all the right reasons. The first British ship to be over 1,000 feet in length, launched by her namesake (and for which the Clyde had to be artificially widened to allow such a large ship to pass through), she won the Blue Riband (the record for fastest Atlantic crossing) not once by twice – and when she won it the second time in 1938 she held it until 1952.

Packed with archival photographs and other original material, this is a fascinating and illuminating guide to the Queen Mary, looking beneath the sheen of her appointments to explore how her fame is well deserved.

David Ellery is an award-winning documentary maker, TV presenter, author and maritime historian. He won the first of several RTS Awards for his BBC documentary about the Queen Mary, entitled Regal & Retired. He is the author of several books about the Queen Mary and the Queen Elizabeth 2.



In the Wake of the Gods

A cruising companion to the world of the Greek myths

Sam Jefferson

224pp
246 x 189mm
Paperback
£20.00
March 2022

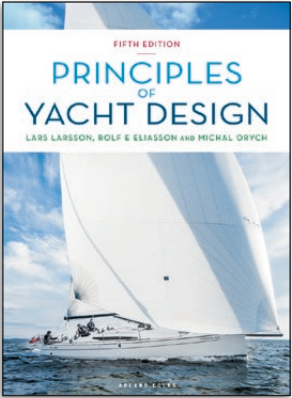
Material Available: Finished copies
Rights Sold: World Rights Available

An original and enticing cruising companion to one of the world’s most popular sailing regions.

This unique and entertaining travel guide to Greek waters recreates parts of voyages undertaken in myth, anchoring off landmarks or ports associated with ancient legends. It follows the trails of Odysseus, Hercules, and Jason and the Argonauts, as well as visiting the sites where Poseidon lost his trident (off Paxos) and built his temple (on the Saronic Gulf), the cliff where Theseus’s father threw himself to his death after fearing his son had been killed by the minotaur, and Troy, the remains of which survive as a reminder of the city that withstood a 10-year siege.

Retelling all the myths, from the very well-known to the less familiar, *In the Wake of the Gods* is a cruising companion to be read and enjoyed in its own right. With the author’s in depth knowledge of the region, it is also packed with useful and practical pointers for pilotage and passage planning, including information about prevailing winds and anchoring, along with charts and photography.

Sam Jefferson is a journalist and maritime historian, and is one of the leading authorities on the clipper ship era. He is Editor of *Sailing Today*, and writes regularly for *Classic Boat* and *Traditional Boats and Tall Ships*. He is the author of *Clipper Ships and the Golden Age of Sail*, *Gordon Bennett and Sea Fever*, all published by Adlard Coles.



Principles of Yacht Design 5th edition

Lars Larsson, Rolf Eliasson, Michal Orych

400pp
264 x 192mm
Hardback
£65.00
March 2022

Material Available: Finished copies
Rights Sold: World Rights Available

The definitive book on the principles of yacht design examining every aspect of aerodynamics and hydrodynamics of a yacht or motorboat.

Principles of Yacht Design has established itself as the standard book on the subject for practising designers, naval architecture students, discerning boat owners as well as the boatbuilding industry as a whole. The fifth edition is completely revised and expanded. It examines every aspect of the process of yacht and powerboat design. The new edition includes new findings from recent research in aero and hydrodynamics, as well as covering the most recent changes to building standards. The authors have used a newly built 41-foot performance cruiser to demonstrate the practical application of yacht design theory. This new edition includes photos of the building process and detailed explanations.

Lars Larsson is a naval architect and Professor of Hydrodynamics at Chalmers University in Gothenberg, Sweden.

Michal Orych is a naval architect and CFD specialist at FLOWTECH International.

Rolf Eliasson is a yacht design/construction engineer who runs his own yacht design and production company.



Skipper's Cockpit Weather Guide

Frank Singleton

32pp
195 x 240mm
Wiro
£12.99
March 2022

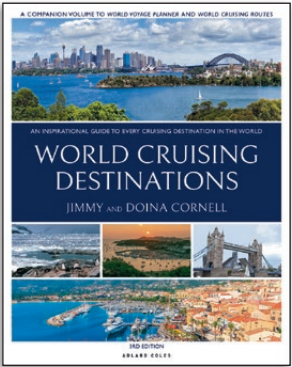
Material Available: Finished copies
Rights Sold: World Rights Available

This spiral-bound easy-access guide will provide sailors with the ability to understand and apply forecast data when planning a passage and then know how and when to make adjustments whilst at sea.

With weather conditions continually evolving, skippers need to factor forecast data into every passage plan and be prepared to modify it if the situation changes. This spiral-bound instant reference guide will help you draw the most relevant weather information from a variety of sources, understand and apply broader forecast data to your location and your anticipated route, and know when and how to make those necessary alterations.

In clear, practical language, and with diagrams, photographs, explanations and bulleted lists, the book is also a useful primer or overview for RYA Coastal Skipper and Yachtmaster Offshore students by following the contents of the course.

Frank Singleton is a former Senior Forecaster with the Met Office and is an RYA Yachtmaster with over 50,000 miles under his keel, mainly on the family Hallberg-Rassy 34. He has cruised widely in European and Mediterranean waters as well as the Caribbean. His weather website for sailors (weather.mailasail.com/Franks-Weather) is known worldwide as an extensive, informed and informative resource for all sea-goers. He is the author of *Reeds Weather Handbook*, also published by Adlard Coles, and gives lectures to Cruising Association and RYA members.



World Cruising Destinations 3rd edition

An Inspirational Guide to All Sailing Destinations

Jimmy Cornell

448pp
236 x 187mm
Flexiback
£50.00
March 2022

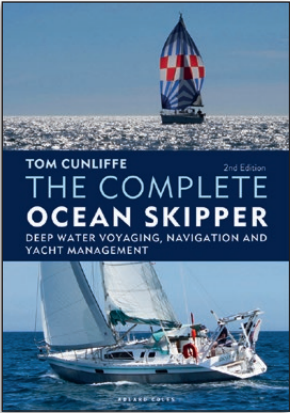
Material Available: Finished copies
Rights Sold: US (Jimmy Cornell)

The perfect partner to *World Cruising Routes* and *World Voyage Planner*, this handbook profiles every cruising destination in the world.

One of the most influential cruising yachtsmen writing today, Jimmy Cornell has sailed over 200,000 miles on all the oceans of the world, including three circumnavigations and voyages to the Arctic and Antarctic. His successful guide to sailing around the world, *World Cruising Routes*, has helped many aspirational voyagers turn their dreams into reality and follow in his footsteps. Here in its extensively revised edition is its partner, covering all the land-based essentials for cruisers.

This substantial handbook profiles every cruising destination in the world, with information on cruising attractions, history, culture, climate (including average monthly temperatures and rainfall, plus tropical storm seasons), local laws, regulations and formalities, facilities, plus public holidays and events, emergency telephone numbers, and much more. Lavishly illustrated throughout, it is not only a must-have onboard reference work for long distance sailors, but will undoubtedly inspire the adventurous to sail where they have never sailed before.

Jimmy Cornell has influenced the contemporary cruising scene more than any other sailor. An accomplished sailor, public speaker and author, he has sailed over 200,000 miles in all oceans of the world including three circumnavigations as well as voyages to Antarctica and the Northwest Passage. Thousands of sailors have fulfilled their dream of blue water cruising with the help of Jimmy Cornell’s books, among them the international bestseller *World Cruising Routes*. Now in its 9th edition, and with over 200,000 copies sold to date, this is one of the best-selling nautical publications in the world.



The Complete Ocean Skipper 2nd edition

Deep water voyaging, navigation and yacht management

Tom Cunliffe

288pp
246 x 171mm
Hardback
£32.00
August 2022

Material Available: First proofs
Rights Sold: World Rights Available

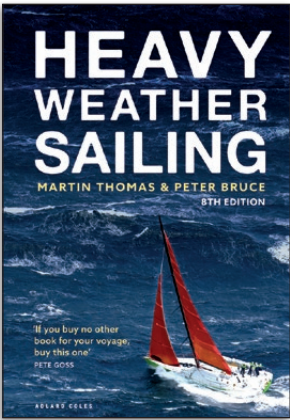
An essential reference for anyone interested in offshore sailing and ocean passages.

Following on from his bestselling *The Complete Day Skipper* and *The Complete Yachtmaster*, yachting legend Tom Cunliffe turns his attentions to the third strand of the RYA syllabus. With the same hugely popular, highly practical approach, *The Complete Ocean Skipper* covers everything a sailor needs to know when planning and preparing for an offshore cruise or ocean passage:

- Preparation: types of suitable boat, choice of rig, engine power, safety equipment, communication systems, crew preparation
- On passage: ocean weather systems, forecasting, deck routines, watchkeeping, self-steering, emergencies, heavy weather techniques
- Ocean navigation: electronic as well as celestial

The second edition of this definitive handbook is fully updated, with new and revised content on multihulls, autopilots, radar, anchoring and software. *The Complete Ocean Skipper* goes beyond the theory of the RYA syllabus to ensure that readers are equipped with the knowledge of both what to do and how to go about it, in whatever circumstances.

Tom Cunliffe has many years of experience cruising all round Europe and from the Caribbean to Russia and Brazil to the Arctic. He is an RYA Yachtmaster examiner and a training consultant for Sailing USA – the governing body of yachting in the USA. He is a regular columnist for *Sailing Today*, *Classic Boat* and *Yachting World* in the UK, and *SAIL* in the USA.



Heavy Weather Sailing 8th edition

Martin Thomas & Peter Bruce

336pp
246 x 171mm
Hardback
£39.99
August 2022

Material Available: First proofs due February 2022
Rights Sold: World Rights Available

For over 50 years *Heavy Weather Sailing* has been regarded as the ultimate international authority on surviving storms at sea aboard sailing and motor vessels.

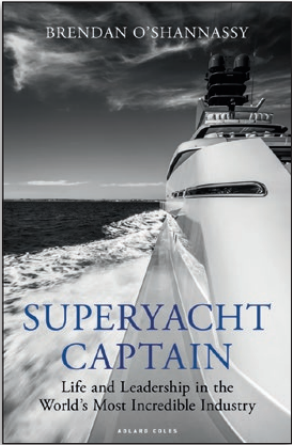
In this book, former Commodore of the Ocean Cruising Club Martin Thomas brings together a wealth of expert advice from many of the great sailors of the present, including fresh accounts of yachts overtaken by extreme weather, from Ewan Southby-Tailyour, Alex Whitworth and Dag Pike to Larry and Lin Pardey, Matt Sheahan, and Andrew Cloughton.

The expert advice section has been updated, with major new additions tackling lightning strikes, navigating in heavy weather with both paper and electronic charts, the choice and use of tenders in severe weather, and special problems faced by the new generation of foiled cruising boats. For the first time the book also covers the unique challenges presented by weather in high latitudes, with more yachts crossing the Drake Passage and attempting the North West Passage.

This is the definitive book for crews of any size contemplating voyages out of sight of land anywhere in the world, whether racing or cruising.

Martin Thomas is the former Commodore of the Ocean Cruising Club, and is currently the Vice-Commodore of the Royal London Yacht Club. He was previously the Watch Officer on board the sail training schooner *Sir Winston Churchill*.

Peter Bruce served in the Royal Navy for many years, and continues to spend much time at sea, cruising, researching his pilot books or racing. He is one of the top Corinthian skippers in the world, has twice been part of Britain's winning Admiral's Cup team and has taken part with distinction in most Fastnet races since his first in 1961.



Superyacht Captain

Life and leadership in the world's most incredible industry

Brendan O'Shannassy

272pp
234 x 153mm
Trade Paperback
£12.99
April 2022

Material Available: Finished copies
Rights Sold: World Rights Available

Lessons in leadership and teamwork with jaw-dropping insights into the unbelievable world of the yachts and the billionaires who own them.

In *Superyacht Captain*, a professional at the zenith of one of the world's most lavish and exclusive industries gives a rare insight into a career that makes for eyebrow-raising reading, as entertaining as it is instructive.

The tale of an ordinary boy whose career takes him on a most extraordinary journey, this book begins with Brendan messing about in boats in a sleepy coastal Australian town, and ends with him becoming one of the most successful and respected superyacht captains in the industry – the consummate 'Billionaire's Captain'. Spanning two decades and circling the globe, his story draws readers into the real world of superyachts, their crew and their owners, in the most intimate of ways.

A brilliant read for all sailors and motorboaters, for the many superyacht fans out there, as well as anyone interested in leadership and management techniques from someone at the top of their game, working for those who define the rules of the game.

Brendan O'Shannassay grew up in Fremantle, Australia, and gained his degree and officer education with the Royal Australian Navy. In 2001 he joined his first superyacht as a deck hand, and worked his way up through the ranks to gain his first captaincy in 2006. His yacht racing career has also seen him participate in multiple Sydney Hobarts and the Fastnet Race, amongst others. Brendan is a Board Member of the International Superyacht Society, Chairman of the Captain's Committee, and has helped to establish superyachtcrewhelp.org.



Stress-Free Engine Maintenance

Duncan Wells and Jonathan Parker

160pp
246 x 189mm
Paperback
£20.00
August 2022

Material Available: Final files
Rights Sold: World Rights Available

An indispensable guide that takes the stress out of engine maintenance and repair.

Stress-Free Engine Maintenance is an accessible and practical guide to understanding what is going on with your boat's engine, how to look after it, spotting the signs when all is not well, and how to fix it.

The book covers all the essentials for looking after your engine, in one place, including basic principles of how an engine works; how to change a filter and an impeller; how to ensure the engine doesn't overheat; fuel, cooling and air systems; engine electrical systems; gear boxes and drives; checklists; most common causes of breakdown, and much more.

Like the other titles in Duncan Wells' bestselling 'Stress-Free' series, the information is presented in an accessible, manageable fashion, making maintenance and basic repair of your engine straightforward with minimum stress.

Duncan Wells is an RYA instructor and sailing school principal. He has written for many leading boating magazines and is the author of the bestselling *Stress-Free* series (all published by Adlard Coles). He lives in Buckinghamshire, UK.

Jonathan Parker runs his own boat servicing and repair company, Parker Marine Services. He is a partner in Parker Adams Boat Sales and Parker Adams Charters. He is an RYA Powerboat Instructor and teaches the RYA Diesel Engine Course. He lives in Hampshire.



Adlard Coles Shore Guide: South Brittany

Everything you need to know when you leave your boat

Paul Heiney

208pp
205 x 135mm
Flexiback
£18.99
April 2023

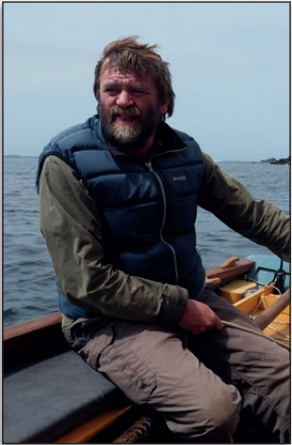
Material Available: Unedited Manuscript
Rights Sold: World Rights Available

A handy travel guide to the South Brittany coast of France for sailors to make the most of every minute of their time ashore.

At the moment, sailors planning a cruise abroad use a pilot book, which gives you all the navigational advice to get you to your destination, but the instant you step ashore and close the pilot book, there's nothing to take you further. You're a tourist, but you're a tourist with a boat tied up, you're on foot, you often need to quickly sort out fuel, laundry and food supplies, and you're often on a restricted timescale. The main reason for going on a cruise in the first place is to explore new and lovely places, not to spend hours looking at tidal stream charts. This Adlard Coles Shore Guide provides the essential information and ideas to make the most of your time ashore.

Researched and written by Paul Heiney, a hugely experienced sailor, journalist and author, this books covers the South Brittany coast. Chapters will be organised by region, then by port. The book is lavishly illustrated with the author's own photos of this alluring coastline's ports and hidden gems.

Paul Heiney is a writer and broadcaster with seafaring in his blood. His family, originally from Yorkshire, were fishermen and lifeboatmen. He has sailed enthusiastically for many years, including many singlehanded passages. He is the author of *One Wild Song*, *Farewell Mr Puffin* and *Ocean Sailing*, all published by Adlard Coles. Paul is currently Commodore of the Royal Cruising Club and Younger Brother, Trinity House.



Sailing the Shallows

The lost art of cruising the coast in a small boat

Roger Barnes

256pp
230 x 190mm
Paperback
£16.99
March 2023

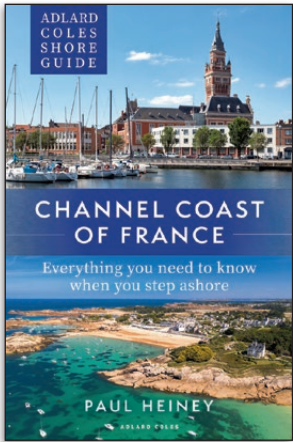
Material Available: Unedited MS
Rights Sold: World Rights Available

A beautifully written and illustrated manifesto for a simpler style of sailing, exploring the coastline in a small boat.

Dinghy cruising is accessible, affordable adventure, available to anyone. It requires little other than self-reliance and self-confidence, as well as a respect for the subtleties of the local climate and topography. Out at sea in a small boat, nature is not something to be observed disinterestedly, through a window or on a screen. It batters and drenches you, refreshes and enlivenes you.

In *Sailing the Shallows* Roger Barnes combines lyrical and evocative writing and beautifully drawn illustrations with simple and practical wisdom on sailing a small boat – a combination that has been much admired in his first book, *The Dinghy Cruising Companion*. Where the first book got readers set up and ready to go, *Sailing the Shallows* sees us underway and exploring.

Roger Barnes is President of the Dinghy Cruising Association, and lives out his passion year round, exploring beautiful and remote places in his dinghy *Avel Dro*. For many years, he had a monthly column in *Dinghy Sailing Magazine*, and he also writes for *Classic Boat* and *Watercraft*. He is the author of *The Dinghy Cruising Companion*, published by Adlard Coles.



Adlard Coles Shore Guide: Channel Coast of France

Everything you need to know when you step ashore

Paul Heiney

160pp
205 x 135mm
Flexiback
£18.99
May 2022

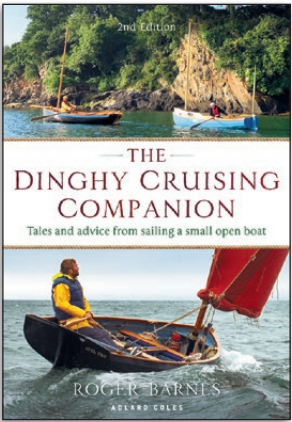
Material Available: Final files
Rights Sold: World Rights Available

Plan the perfect cruise with Adlard Coles Shore Guide to the Channel Coast of France, and make the most of every minute of your time ashore.

Sailors planning a cruise abroad use a pilot book, which gives you all the navigational advice to get you to your destination. Once you've closed the pilot book, this book will help you enjoy all that your destination has to offer.

With the sailing behind you, you'll be looking to explore your destination, asking questions such as: How far to the nearest shops and where are the places to eat? You'll also need help to solve practical problems, such as finding fuel, repairs and laundry facilities. Once you're fed and watered, what is there to see and do, and how can you keep the family entertained? You need a different kind of pilot book and this guide is the answer. Packed with beautiful photographs and practical information on local facilities, places to visit and the best beaches within reach of the marina, *Adlard Coles Shore Guide to the Channel Coast of France* will steer you towards the essentials and the pleasures of this beautiful and popular region. Written specially for sailors and designed for planning enjoyable cruises from the western tip of Brittany to the Belgian border, this handy-sized travel guide is the perfect resource for anyone cruising the north French coast.

Paul Heiney is a writer and broadcaster with seafaring in his blood. His family, originally from Yorkshire, were beach fishermen and lifeboatmen. He has sailed enthusiastically for many years, including many singlehanded passages. He is the author of *One Wild Song*, *Farewell Mr Puffin* and *Ocean Sailing*, all published by Adlard Coles. Paul is currently Commodore of the Royal Cruising Club and Younger Brother, Trinity House.



The Dinghy Cruising Companion 2nd edition

Tales and advice from sailing a small open boat

Roger Barnes

272pp
244 x 169mm
Paperback
£17.99
April 2022

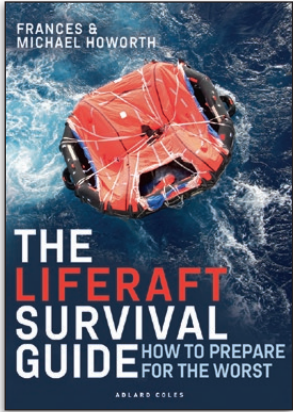
Material Available: Finished copies
Rights Sold: World Rights Available

A practical and engaging guide to dinghy cruising, covering everything from getting set up to embarking on more adventurous cruises.

Dinghy cruising is a wonderful way to experience nature and new coastlines at close quarters and low cost. Sailing where larger boats cannot reach and sleeping under canvas onboard or ashore, this is boating taken right back to the basics, and all the better for that. This guide, updated and expanded for its second edition, is invaluable for all aspiring or already-enthusiastic dinghy cruisers, showing how to get started and how to expand your horizons.

The information and advice is interwoven with wonderfully evocative stories of the author's adventures afloat, from idyllic weeks pottering around secluded rivers and coastlines to hair-raising voyages to remote islands. The text covers: Finding a good boat; Fitting out for daysailing; Boatcraft under engine and oar; Mooring and anchoring; Preparing for open water; Out at sea; Coastal navigation; Dinghy homemaking; Keeping comfortable and safe. And for this new edition, an account of the author's first capsized, new material on electronics and clothing, and more information on boat designs. Illustrated throughout with inspirational colour photos and helpful illustrations, this book shows just why small boats are the perfect passport to remote and beautiful places.

Roger Barnes is President of the Dinghy Cruising Association, and lives out his passion year round, exploring beautiful and remote places in his dinghy *Avel Dro*. For many years, he had a monthly column in *Dinghy Sailing Magazine*, and he also writes for *Classic Boat* and *Watercraft*.



The Liferaft Survival Guide

How to prepare for the worst

Frances and Michael Howorth

128pp
210 x 148mm
Paperback
£16.99
April 2023

Material Available: Unedited MS
Rights Sold: World Rights Available

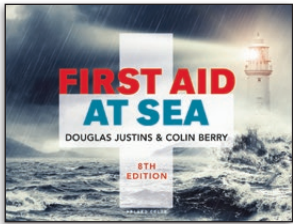
This is the ultimate guide to liferaft survival for all boaters and the purpose is to ensure the survival of skipper and crew in the event of their boat sinking.

It is an essential safety book for those contemplating offshore passages and is recommended reading for those who engage in blue water sailing. Packed full of helpful checklists and tables, the book covers:

- How to be prepared for sailor's ultimate nightmare
- Advice on the essentials to pack into the emergency grab bag for a short or long cruise, hot or cold climate, coastal or offshore trip
- Lessons learned from disasters
- Flowcharts to prioritise abandon ship procedure
- How to abandon ship safely
- Short- and long-term techniques for survival in the liferaft
- How to prevent dehydration, hypothermia, wind effect, sunburn, vomiting, plus many first aid treatments

Preparation and planning are key for safe enjoyable sailing. Every boat needs a grab bag, and every boater should read this grab bag book. This unique survival at sea handbook helps you ensure your crew's survival in a liferaft. Buy it, build your own grab bag and be sure to be prepared!

Frances and Michael Howorth are seasoned authors and sailors. They have thousands of miles of sea time each, and are currently freelance journalists for a number of international magazines, including *Boat International* and *Seaways*. They are the authors of the *Sea Survival Manual* and *The Grab Bag Book*, both published by Adlard Coles.



First Aid at Sea 8th edition

Douglas Justins & Colin Berry

32pp
179 x 250mm
Paperback
£12.99
June 2022

Material Available: Final files
Rights Sold: World Rights Available

An easy-to-navigate instant guide to emergency first aid for all seafarers.

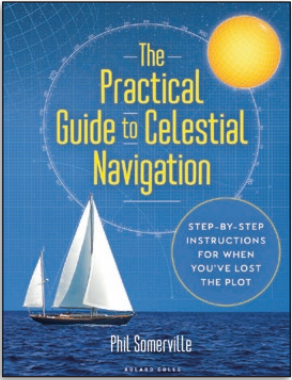
Fully updated 8th edition of this guide to first aid afloat is an essential part of any on-board medical kit.

This revised new edition has been updated with latest medical practice, including information relating to Covid-19, expanded information on treating burns, new section on diving accidents, and updates to advice on certain illnesses and first aid kit contents. Clear, easy-to-follow illustrations make it ideal for crew members with limited training in first aid. Key features include:

- Concise descriptions of each medical condition
- Prioritised lists of treatments
- Ringbinding to make the pages easy to turn and lie flat
- Waterproofed pages to withstand use at sea
- A colour-coded thumb index to emergencies for quick reference
- Covers all the medical emergencies likely to be encountered at sea

Douglas Justins (MB BS, FRCA, FFPMRCA) qualified in Australia and became a general practitioner in the Outback. He sailed non-stop from Sydney to Dover in the *Financial Times* Clipper Race followed by many seasons of off-shore racing in the UK. Extensive cruising continues, after retiring as a Consultant Anaesthetist at St Thomas' Hospital in London.

Colin Berry (MB BS FRCA) completed his first circumnavigation in 1982 and his second in 1990, both times as crew member and medic aboard Whitbread Round the World yachts. He has cruised and raced and also spent time afloat as a medical officer in the Royal Navy.



The Practical Guide to Celestial Navigation

Step-by-step instructions for when you've lost the plot

Phil Somerville

160pp
280 x 215mm
Hardback
£30.00
October 2021

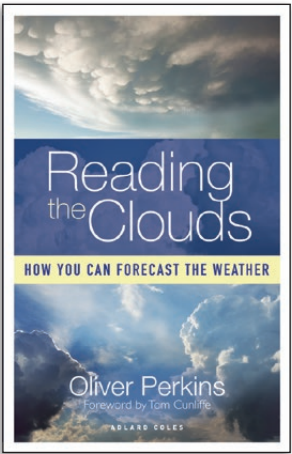
Material Available: Finished copies
Rights Sold: World Rights Available

The practical guide to celestial navigation - know what to do step by step, understand why you're doing it, and be confident that you can put it into practice when on board.

Did you know that a person standing on the equator is effectively travelling at 900mph? And did you know that you can use this information to work out where you are in the world, to an accuracy of about 3 or 4 miles? No GPS, no computers. Just a sextant, some tables from an Almanac and the knowledge in this book. It's the only back up if the GPS goes down, so it's a matter of safety.

If you want to qualify as a commercial skipper/superyacht captain you need to know how to carry out celestial navigation. And if you want to pass the RYA Ocean Yachtmaster™ exam, you need to know it too. It's a major stumbling block for many sailors wanting or needing to take their next qualifications, and the other books on the market are complex and often assume some prior understanding. This book fulfils the need for a clear explanation of celestial navigation, illustrated with colour diagrams and including unique checklist sheets to enable you to repeat all those calculations you learned back at home, when you're on deck.

Phil Somerville has been teaching Celestial Navigation for nearly a decade to RYA Ocean and MCA Superyacht candidates in the UK, Spain, Italy and France (at numerous RYA & MCA training centres). Teaching in the winter months, in the summer he has worked on the likes of Skip Novak's Patagonia-based *Pelagic Australis* (a 23-metre expedition vessel designed for high latitude sailing).



Reading the Clouds

How you can forecast the weather

Oliver Perkins

144pp
216 x 138mm
Paperback
£10.99
February 2023

Material Available: Unedited manuscript
Rights Sold: World Rights Available

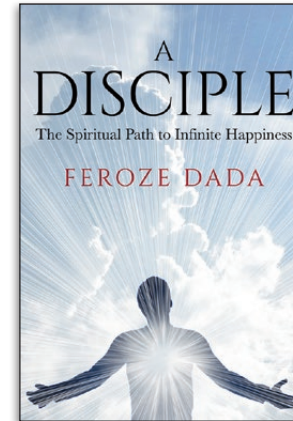
Predicting the weather yourself has never been easier.

This practical book, packed with photographs and straightforward explanations, shows you how to read the sky, and by identifying different cloud types, their shape, colour and behaviour, accurately predict the weather in both the short and long term.

Wouldn't it be useful to be able to come up with an accurate weather forecast simply by reading the clouds? Well, with this book, you can!TV forecasts, online predictions and smartphone apps are all based on the same data – a number-crunched overview of how air pressure and temperature affects the weather over a large geographical area.

This book will give you a great understanding of why clouds are symptoms of weather patterns, not causes. Highly practical, it shows you how by reading these signs in the sky and referring to the explanatory colour photos and diagrams, you will be able to tell exactly what those signs mean.

Oliver Perkins sailed a Laser 4.7 for the British team. He has written for *Yachting Monthly* and *Practical Boat Owner*, is also the author of the *Reeds Cloud Handbook* and updated the new edition of the late Alan Watts' seminal *Weather Handbook*, both published by Adlard Coles.



A Disciple

The Spiritual Path to Infinite Happiness

Feroze Dada

208pp
198 x 129mm
Hardback
£20.00
February 2022

Material Available: Manuscript
Rights Sold: World Rights Available

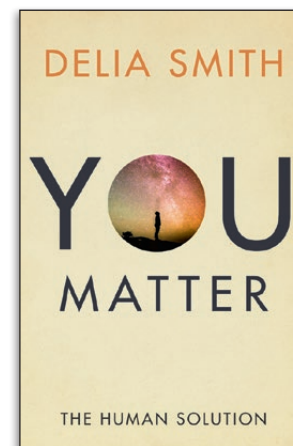
How to find infinite happiness.

A Disciple describes a singular journey with a universal appeal, on the path of Perennial Wisdom. There are lessons for us all as we recognise the call from our inner spirit, our yearning for 'something other' in a materialistic world that so often leaves us dissatisfied.

There is another way for us to live, and *A Disciple* asks important questions about faith and spirituality and connects us with the power of meditation. The author believes passionately that it is meditation that provides the foundation for a caring and compassionate future.

The story is told with engaging candour, with tales from mythology, quotations from Rumi, and references to Sufi texts all adding colour to the Wisdom Teachings he is receiving. *The wise ones spoke in parables and metaphor because that is the form that penetrates and transcends our defenses. We go to some deeper part of ourselves; non-linear and non-cerebral, which is what meditation is.* *A Disciple* is a fascinating exploration about how meditation can not only awaken our latent potential to live the best lives we can, but also transform the world.

Feroze Dada is a successful philanthropist and entrepreneur whose journey begins when he meets his spiritual master- *Ustad*. On his path he discovers that that the practical experience of helping a Buddhist monastery in Myanmar, which is supporting over 1200 orphaned refugees from the war, commits him to an unfolding path towards self-discovery and understanding and one that will increasingly fulfill his spiritual needs. He lives in London and Tuscany.



You Matter

The Human Solution

Delia Smith

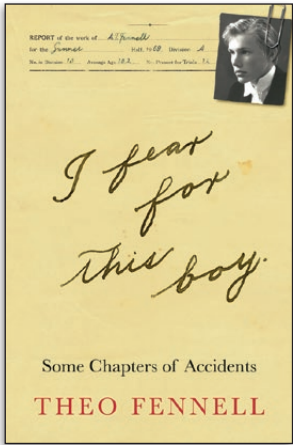
224pp
198 x 129mm
Hardback
£25.00
March 2022

Material Available: Manuscript
Rights Sold: World Rights Available

Britain's most trusted food expert delivers a call to action for self-awareness and confidence in the 21st Century.

We know science is awesome, as are its achievements. Yet so far scientists have managed to sidestep the most awesome reality of all, the true nature of human life, the source of their own genius. How is it that in the overwhelming immensity of the cosmos, on microscopic earth, human beings exist? We have not yet looked reality in the face and perceived the nobility and grandeur of who we are, each of us having a responsibility in the universe and being part of a vast and continuing process, which can only emerge from the shadows and darkest corners of our thought when we step aside away from all the noise. 'You Matter' encourages people to think more deeply about the phenomenon of existence, what it means to be a unique human person, and how in unity with one another we can build a future in these uncertain times.

Delia Smith is Britain's best-loved and most trusted cookery writer and football club owner. Delia has worked with food for over fifty years, writing columns and books and broadcasting culinary science from the ground up in a practical, accessible and straightforward style. She was appointed Companion of Honour in 2017. Delia has written many bestselling cookery books. Her aggregate book sales exceed 21 million, with Delia Smith's Cookery Course alone selling over six million copies. In addition titles such as *How To Cheat At Cooking*, *How To Cook and Frugal Food* which was published for charity. She was appointed Companion of Honour in 2017 for her contribution to cooking and cookery education. She lives with her husband in Suffolk and attends all of Norwich City's matches.



I Fear for This Boy

Some Chapters of Accidents

Theo Fennell

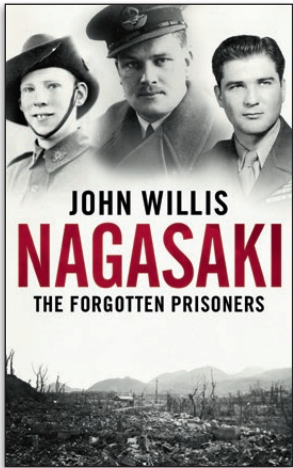
288pp
234 x 153mm
Hardback
£25.00
April 2022

Material Available: Final copies
Rights Sold: World Rights Available

The memoir of the world’s leading jewellery designer.

Theo Fennell’s picaresque journey from the depths of financial despair to the glittering celebrity world of the rich and famous is a comic classic comparable to Three Men in a Boat or Bill Bryson’s The Thunderbolt Kid. Despite the occasional success, disasters and failures dominate his business life. Nonetheless his jewellery has brought pleasure to thousands and this book will bring pleasure to millions.

Theo Fennell was born in Moascar, Egypt, where British soldiers were garrisoned along the Suez Canal. The son of an army family, he spent his early years all over the world. He was sent to boarding school at five, then to Eton, York College of Art, followed by the Byam Shaw School of Art. He lives in London with his wife, Louise, an author. The couple have two daughters, Emerald, a writer, actor and director, and Coco, a dress designer.



Nagasaki: The Forgotten Prisoners

John Willis

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One of the most remarkable untold stories of the Second World war.

At 11.02 am on an August morning in 1945 America dropped the world’s most powerful atomic bomb on the Japanese port city of Nagasaki. The most European city in Japan was flattened to the ground ‘as if it had been swept aside by a broom’. More than 70,000 Japanese were killed. At the time, hundreds of Allied prisoners of war were working close to the bomb’s detonation point, as forced labourers in the shipyards and foundries of Nagasaki.

These men, from the Dales of Yorkshire and the dusty outback of Australia, from the fields of Holland and the remote towns of Texas, had already endured an extraordinary lottery of life and death that had changed their lives forever. They had lived through nearly four years of malnutrition, disease, and brutality. Now their prison home was the target of America’s second atomic bomb.

The prisoners in Nagasaki were eyewitnesses to one of the most significant events in modern history but writing notes or diaries in a Japanese prison camp was dangerous. Now, using unpublished and rarely seen notes, interviews, and memoirs, this unique book weaves together a powerful chorus of voices to paint a vivid picture of defeat, endurance, and survival against astonishing odds.

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